

The connection

The City of Groveport's Media Hub

CITY OF GROVEPORT

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Transportation Department Growing

The Groveport Transportation Department is excited to introduce Lisa Zurbruggen as the newest addition to the transportation team. Lisa comes to us from Canal Winchester Human Services where she served as the Program Coordinator. The City is confident that Lisa will acclimate perfectly as she previously managed Canal Winchester's Senior Transportation Program, Community Food Pantry, Senior Market Day and Feeding Our Future (weekend children's feeding program). The Transportation Department has high expectations. Lisa will be out and about making an impact in the community.

For more information regarding the Groveport Senior Transportation Program, call 614-836-RIDE (7433). Lisa and her staff will be happy to assist you.

Nixle News: Text "GVPTSRTTR" to 888-777 for the latest information and updates from Groveport Senior Transportation.



Lisa Zurbruggen
Transportation Coordinator

So What's With the Construction Fence at the Recreation Center?

By the time you receive this newsletter, a crew from Meade Construction will already be on-site working on the indoor pool roof. The City is replacing the indoor pool roof due to faulty initial architectural design. The indoor pool will remain open during this process.

Meade Construction will also be addressing some other areas in the building that were not properly sealed and insulated. The City of Groveport is attempting to recover some of the costs associated with the design flaws through mediation with the architectural firm. Total cost of the project is over one-million dollars.

Car Show moves to Groveport Park

The Hometown Car & Motorcycle Show will be held at Groveport Park (7370 Groveport Rd.) for 2015. The event will be held on Sat., Sept. 19 (10 AM - 2 PM). Following the show... live country music bands will begin performing at 2:30 PM. Food trucks will also be on site. For more information about the SEFC Chamber of Commerce & City of Groveport Hometown Car & Motorcycle Show, visit www.Chambersefc@gmail.com or call 614-836-5900. Both events are free to the public.



GROVEPORT PARKS & RECREATION DEPT. - General News -

614-836-1000 / www.groveportrec.com

KidsFest... a big success

If your child knows that you missed KidsFest, you are probably in the dog house by now. Over 500 people came out to the event on Saturday, Aug. 8. The weather was just perfect. The event included Touch-A-Truck, Cops-N-Kids Day and Back-To-School Festival. The Parks & Rec. Dept., Community Affairs Dept. & Police Dept. would like to thank the following businesses, agencies & persons for their participation.

American Red Cross
Briar Patch
Brice Police
Boy Scout Troop 71
Bubba's Shaved Ice
Buckeye Power Sales
Bus Services Inc.
Capital University Police
City of Groveport
Columbus Airport Police
Columbus Blue Jackets
Cyclist Connection
Dr. Pepper/Snapple Group
Dog Gone Dog Mobile Vending
Dowler, Larry
Evans, Rich & Kazuko
Franklin County K9 Unit
Franklin County SWAT
Franklin County Children's Services
Forward Air Inc.
Genoa Township Police
Groveport Alliance Soccer Club
Groveport Madison Human Needs
Imagine School
Jump Start Sports
Kindercare Learning Center
Kurtz Bros.
Lithopolis Police
Local Waste Services
Longs Towing
Madison Township Police
Madison Township Public Works
Madison Township Fire Dept.
Madison Christian School
Marshall Dental
MedFlight
Metro Parks (Three Creeks)
Motts Military Museum
Nationwide Insurance
Peterman Transportation
Reynoldsburg Police
Rickenbacker Fire Dept.
Secure Rentals
Southeast Library
Sonic Sounds Entertainment
"Sparky" (Madison Township Fire)
Western Southern Life Insurance



September GRC Closure

The Groveport Recreation Center will be closed on Monday, Sept. 7 in observance of Labor Day. However, the outdoor water park will be open (weather pending).

Fall/Winter Hours at GRC

Beginning Sept. 8, the GRC will be open as follows:

Monday - Friday	5:30 am - 9:00 pm
Saturday	8:00 am - 8:00 pm
Sunday	8:00 am - 6:00 pm

September Climbing Wall Hours

Tue. & Thurs.	6:00 PM - 8:00 PM
Sat. & Sun.	12:00 PM - 3:00 PM

Free Blood Pressure Checks

The Madison Twp. Fire Dept. will be at the Groveport Recreation Center on the following days/times to provide free blood pressure checks. Please note that in the event that they get called out for an emergency run, the may not be at the facility.

Thursday, Sept. 3	9:00 AM - 11:00 AM
Thursday, Sept. 17	9:00 AM - 11:00 AM



GROVEPORT PARKS & RECREATION DEPT.

- Sept. Group Fitness Class Schedule -

614-836-1000 / www.groveportrec.com

<u>DAY</u>	<u>TIME</u>	<u>CLASS</u>	<u>INSTRUCTOR</u>
Mon.	9:15 a.m.	Trim Tummies	Denune
	10:00 a.m.	Water Aerobics	Frank
	10:00 a.m.	SilverSneakers Classic	Denune
	11:15 a.m.	Arthritis Aquatics Program	Frank
	5:00 p.m.	Arthritis Land Based Program	Frank
	6:00 p.m.	Water Aerobics	Denune
	6:15 p.m.	Zumba	Frank
Tues.	8:30 a.m.	Water Aerobics	Denune
	5:30 p.m.	Pilates	Neu
	6:30 p.m.	Hot Yoga	Blanton
	6:45 p.m.	Zumba	Neu
Wed.	9:15 a.m.	Cycling with Sara	Denune
	10:00 a.m.	Water Aerobics	Frank
	10:15 a.m.	SilverSneakers Yoga	Denune
	11:15 a.m.	Arthritis Aquatics Program	Frank
	6:00 p.m.	Piloxing@ Barre	Neu
	6:15 p.m.	Aqua Zumba	Frank
	Thurs.	9:15 a.m.	Stretch to Fitness
9:15 a.m.		H2O Kickboxing/Step	Denune
10:30 a.m.		SilverSneakers Classic	Frank
5:00 p.m.		Arthritis Land Based Program	Frank
6:15 p.m.		Zumba / Strength & Tone	Frank
Fri.	7:30 a.m.	On the Ball	Denune
	8:30 a.m.	Water Aerobics	Denune
	10:00 a.m.	Cycling with Sara	Denune
	5:30 p.m.	Pilates	Neu
Sat.	10:00 a.m.	Boot Camp	Newland
Sun.	11:00 a.m.	Restorative Yoga	Finneran
	12:15 p.m.	Power Yoga	Finneran

Cycling with Sara

Build endurance, strengthen your heart, and burn calories while you are listening to great music and having fun! Classes are targeted to all fitness levels, are non-impact, and great for cross training.

***In the event that a class is *FULL* with pre-registered participants, due to the number of bikes, drop-in participation will not be available.**

Ages: 13 and over
Dates/Time: Wednesdays & Fridays
Location: Fitness Studio
Fee: \$5 R/Members
 \$6 NR
 Use your Fitness Freedom Pass



Coming Soon... Date Night!

The best workout partner
*may be your significant
other!*

*** Pre-registration REQUIRED.**

GROVEPORT PARKS & RECREATION DEPT.

- Fitness -

614-836-1000 / www.groveportrec.com

Home School Water Fun

*Instructional swimming course. All participants must wear appropriate swimwear. You do not need to be enrolled on an additional class in order to participate. *Water Fun is not the American Red Cross Learn to Swim Program.

Ages: 5 - 10
Days: Fridays
Session Dates: Fall Session: Sept. 11 - Nov. 13
Time: 9:00 AM - 10:00 AM
Location: Groveport Rec Center Indoor Pool
Fee: \$25



Home School Swim Time

You must be enrolled in either Home School Gym or Fun with Fitness in order to participate in Swim Time. Swim time is an open swim to give your children an opportunity to have fun in the water without direct instruction. Children under 10 years of age must be accompanied by a responsible adult (18 and over) who must directly supervise them while in the Indoor Aquatic Center.

Ages: 4-18
Days: Fridays
Session Dates: Fall Session: Sept. 11 - Nov. 13
Time: 11:30 AM - 12:30 PM
Location: Groveport Rec Center Indoor Pool
Fee: \$25

Who doesn't like to have some fun?



Home School Gym ~ Fun with Fitness

Home School Gym Class will help your child develop motor skills, learn teamwork, improve social skills all while getting exercise. Your child will be engaged in active group games as well as learn the basics of traditional and non-traditional sports. Please wear appropriate gym attire along with soft soled, closed toed shoes.

Ages: 4 - 6 Yr., 7-10 Yr., 11 - 18 Yr.
Days: Fridays
Session Dates: Fall Session: Sept. 11 - Nov. 13
Time: 10:15 AM - 11:15 AM
Location: Groveport Recreation Center
Fee: \$25

GROVEPORT PARKS & RECREATION DEPT.

- Fitness -

614-836-1000 / www.groveportrec.com

Tae Kwon Ki Do/Karate Ki Do Beginner

The Beginner's classes are for all newcomers to this martial art. Students learn the basic movements and philosophy necessary to build a strong foundation and understanding of what they are learning and why. All students in this class are White Belts, preparing to test for their 1st Yellow Belt. 5 weeks... an added 6th week is available for anyone interested.

Who: Ages 6 and over
Dates: Mondays, Sept. 14 - Oct. 19, 2015
Times: 5:30 PM - 5:45 PM
Location: Groveport Recreation Center
Registration: August 1 - September 10
Fee: \$24 Resident / \$44 NR



Tae Kwon Ki Do/Karate Ki Do Advanced

The Advanced classes are for those who have tested, advancing themselves above the rank of White Belt. Students in this class will learn techniques and philosophy above and beyond those at the Beginner level. Students in this class are Yellow Belts, up to the rank of 2nd Blue Belt, 1 test away from achieving Brown Belt. 5 weeks... an added 6th week is available for anyone interested.

Who: Ages 6 and over
Dates: Mondays, Sept. 14 - Oct. 19, 2015
Times: 5:00 PM - 6:30 PM
Location: Groveport Recreation Center
Registration: Aug. 1 - Sept. 10
Fee: \$34 Resident / \$54 NR

Apple Butter Day 5K & 1 Mile Fun Run/Walk

Bring the whole family to the third annual Apple Butter 5K! The 5K route will incorporate sidewalks, nature trails and the leisure path located at Groveport Park. If a 5K is not your preference, enjoy the 1 mile run/walk. There is something for everyone! Finish up just in time for the Apple Butter Day festivities at Heritage Park.

Ages: All ages welcome
Date: Oct. 10, 2015
Times: 1 Mile Fun Run/Walk - 9:00 AM
5K Run/Walk - 9:30 AM
Location: Groveport Park
Fee: 1 Mile Fun Run/Walk - \$10 R/NR
5K - \$20 R/NR
Registration August 17 - October 10, 2015
Online registration is available



GROVEPORT PARKS & RECREATION DEPT.

- Fitness -

- Sports Med. Minute -

614-836-1000 / www.groveportrec.com

Kids on the MOVE 5K Benefiting The Nationwide Children's Hospital

Get ready...Get Set...MOVE! Help us raise awareness for National Childhood Obesity Month and celebrate the opportunities that Parks and Recreation Departments offer to help get active! The whole family is invited to walk, run or cheer for the race participants. Find your local park and start training! *A portion of the registration and sponsorships benefit the Nationwide Children's Hospital.*

Date: Saturday September 12, 2015

Time: 9:00 AM 1 Mile Fun Run/Walk
9:30 AM 5K Run/Walk

Location: Groveport Park

Fee: \$15 1 Mile Fun Run/Walk
\$25 5K Run/Walk



When your child needs a hospital, everything matters.™



New Event

Don't Forget the Rehab

Sprains and strains are a common occurrence in athletic activities. And, they do not have to be the end of the season. The most important thing is to catch the injury early and address it with proper care immediately. Rehabilitation of an injury is the most effective means of reducing an athlete's time on the sideline. An athlete's return to play can be sped up by days - or even weeks - simply by dedication and compliance to a structured rehabilitation program.

STAGES OF REHABILITATION

"The length of a rehabilitation program is dependent upon the severity of the injury," explains Terri VanDeCarr, physical therapist for Nationwide Children's Sports Medicine. "Mild sprains may only take a few days to a week to heal, while more severe injuries may require more intense therapy for several months." In any event, the stages involved when rehabilitating an injury remains the same. The goals for each stage are as follows:

- Phase 1 - Control Pain and Swelling
- Phase 2 - Improve Range of Motion and/or Flexibility
- Phase 3 - Improve Strength & Begin Proprioception
- Phase 4 - Proprioception/Balance Training & Sport-Specific Training
- Phase 5 - Gradual Return to Full Activity

"The length of time an athlete spends in each of the various stages of therapy is dependent upon several factors," says VanDeCarr. "Compliance and dedication to performing the prescribed exercises consistently at home, severity of injury, tolerance to pain, amount of swelling or dysfunction, and level of conditioning prior to injury, are a few factors that can influence the length of rehabilitation."

WHAT DOES THIS MEAN?

Sprains and strains are classified into three categories (discussed in greater detail in the August 2002 SportsPage article "The Sprains and Strains of Sporting Injuries"). As expected, the more severe the injury, the greater the length of time needed to fully recover from that injury and return to full competition. First degree (mild) sprains and strains generally heal within two weeks (at a maximum). The length of rehabilitation for second degree (moderate) injuries is generally between two and six weeks. Third degree injuries (i.e. knee ligament or severe ankle sprains) typically require the athlete to be out of his sport for six weeks or more and involved in a structured rehabilitation program.

GIVE US SOME EXAMPLES

Phase one of the rehabilitative process focuses on controlling pain and swelling (if present). The general rule of Rest, Ice, Compression, and Elevation is used. Other modalities, such as electrical stimulation or ultrasound, may also be used by licensed professionals (athletic trainers or physical therapists) to assist with this process. If necessary, physicians may choose to prescribe medication.

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GROVEPORT PARKS & RECREATION DEPT. - Adult Sports -

614-836-1000 / www.groveportrec.com

Adult Fall Basketball League

NEW this year! Teams play 7 regular season games on Sunday afternoons. The top 4 teams are invited into a single elimination tournament.

Who: Men 18 and over
Dates: Tentatively begins Sunday September 6
Game Times: 11:00 am - 4:00 PM
Location: Groveport Recreation Center (tentative)
Registration: July 20 - Aug. 30, 2015
Team Fee: \$300



Adult Fall Pickleball League

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a wiffle ball) and wood or composite paddles. The game can be played as singles (one person per side) or doubles (two people per side). It is easy for beginners to learn, and can develop into a quick, fast-paced, competitive game for experienced players. Participants are guaranteed 2 games, self scored for eight weeks. Games will be played as doubles. Partner's will be assigned and will change weekly.

Who: Men 18 and over
Date: Thursdays tentatively September 10
 AM League 10:00 AM - 1:00 PM
 PM League 6:00 PM - 8:30 PM
***Never played before? Join us for the open play on Thursday September 3. This is a great opportunity to try out the game, learn the rules, ask questions and meet your partners and opponents!**
Location: Groveport Recreation Center
Registration: Aug. 3 - Sept. 3, 2015
Player Fee: \$40



Adult Fall Volleyball Leagues

Wednesday Night = Co-Ed Competitive League
 All teams will play 10 matches then all teams will then be invited into an end of season, single elimination tournament.

Who: Men & Women 18 and over
Date: Tentatively begins week of September 30
Location: Groveport Recreation Center
Registration: Aug. 10 - Sept. 20, 2015
Team Fee \$250



Calling Adult Sports Junkies! Don't have a team? Want to play?

Call Stephania Bernard (Sports/Fitness Manager) at 614-836-1000 ext. 1513. She will then put you on a Free Agent List and try and get you on a team. If there are enough Free Agents, a "Free Agent Team" may be formed.

GROVEPORT PARKS & RECREATION DEPT. - Adult Sports -

614-836-1000 / www.groveportrec.com



**Congratulations 5W Farm
Tuesday Men's Softball Champions**



**Congratulations Fowl Ball
Thursday Men's Softball Champions**



**Congratulations 5W Farm
Friday Co-Rec Softball Champions**



**Congratulations Stadium Power
Summer Softball Tourney Champs**

**Congratulations Team Advocate
Men's Sunday Basketball
Summer League Champions**



GROVEPORT PARKS & RECREATION DEPT.

- Youth Athletics -

614-836-1000 / www.groveportrec.com

Hummingbird Soccer

3 - 4.5 year olds have fun and learn the basics of soccer in this instructional program: (dribbling, passing, trapping, shooting, defense, and positioning) during fun drills that are designed to teach these fundamentals to such young children. Participants then take these new skills and apply them in relaxed non-competitive games. Parents are encouraged to assist in coaching. **Shin guards are required**, size 3 soccer ball optional.

Who: 3-4.5 years
Dates: Mondays, Sept. 14 - October 19
Times: 4:30 - 5:30 PM or 5:30 - 6:30 PM
Fee: \$55
Registration: Aug. 1 - Sept. 6



Flag Football

Players are grouped by age, coached at their level of understanding and play fun, low competition games. All instruction will be conducted by Jump Start Sports staff coaches and parents are encouraged to assist. Players will learn the basic fundamentals of offense and defense, and will be introduced to basic speed and agility training. JSS staff will also officiate and supervise games to ensure equal playing time, rotation of players and help teach within the context of the game. Fee includes NFL T-shirt and medal. **Mouth guard is required.**

Who: Boys and Girls K - 4th Grade
Dates: Mondays, Sept. 14 - Oct. 19
Times: 5:30 - 6:45 PM
Fee: \$60
Registration: Aug. 1 -



Rookie League Baseball

The T-Birds t-ball program is a blast for the whole family! Kids learn the basics of batting, fielding, throwing, and catching and then apply what they've learned in fun non-competitive games. Parents are encouraged to assist in coaching and are provided with practice plans and literature to aid them. Fee includes team shirt, MLB cap and medal. *Please Bring glove.*

Who: 5-7 years
Dates: Wednesdays, Sept. 16 - Oct. 14
Times: 5:30 - 6:45 PM
Fee: \$55
Registration: Aug. 1 - Sept. 9

T-Birds T-Ball

The T-Birds t-ball program is a blast for the whole family! Kids learn the basics of batting, fielding, throwing, and catching and then apply what they've learned in fun non-competitive games. Parents are encouraged to assist in coaching and are provided with practice plans and literature to aid them. Fee includes team shirt, MLB cap and medal. *Please Bring glove.*

Who: 3-4 years old
Dates: Tuesdays, Sept. 15 - Oct. 13
Times: 5:30 - 6:30 PM
Fee: \$55
Registration: Aug. 1 - Sept. 8



Volleyball League

All fundamentals will be taught, including serves, sets, spikes, blocks, returns, positioning and team strategy. Instruction will take place on Monday evenings and games will be played on Thursday evenings. Fee includes Jump Start Sports shirt. **Knee Pads optional.**

Who: 5th - 6th Grades
Dates: Mondays & Thursdays
 Nov. 2 - Dec. 10 (no class 11/26)
Times: Mon. 6:30 - 7:30 PM, Thurs. 6:00-7:00 PM
Fee: \$70
Registration: Sept. 1 - Oct. 26

Volleyball Clinic

A fun and instructional clinic, where all fundamentals will be taught, including serves, sets, spikes, blocks, returns, positioning and team strategy. Whether your child is an experienced player or a complete novice, they will have fun learning about the sport. Fee includes Jump Start Sports shirt. **Knee Pads optional.**

Who: 3rd & 4th Grades
Dates: Mondays, Nov. 2 - Dec. 7
Times: 5:30 - 6:30 PM
Fee: \$60
Registration: Sept. 1 - Oct. 26



For questions regarding the above Jump Start Sports programs, please contact Aaron Bally at 614-505-6532 or abally@jumpstartsports.com

GROVEPORT PARKS & RECREATION DEPT.

- Youth Athletics -

614-836-1000 / www.groveportrec.com

Groveport Tennis Academy

The Groveport Parks and Recreation Department is offering high quality tennis instruction for juniors (3 ½ years and up) and adults at an affordable price. Clinics are available for beginners through tournament level and league players. Let Chris Brown-Borden, USPTA Certified Teaching Professional and former Assistant Head Pro of New Albany Country Club, introduce you to the game or further your knowledge and skills. **Quick Start Instruction** will be used with Juniors. All lessons will take place at Groveport's Degenhart Park located at 355 Lesleh Ave., Groveport. If you have any questions please contact Chris at (740)756-7977 or groveporttennis@hotmail.com. A minimum of 3 registered participants for class to run, additional sections will be added when possible with 3 on the waiting list. Racquets will be available to borrow for junior clinics up to age 12. Adult size racquets are available to purchase after opportunity to try various demo racquets. Space is limited, please register early.

Who: Ages 3 - Adult
Dates: Monday, Sept. 14 - Oct. 17
Times: Varies per class
Location: Degenhart Park
Fee: Varies per class
Registration: August 1 - September 6



Soccer Officials Needed!!!

Are you looking for a little extra cash? Do you enjoy Soccer? The City of Groveport is in the need for soccer officials for their fall youth soccer season. You do not need to be an expert. If you are interested in learning more, contact Vance Casebolt at vcasebolt@groveport.org or 836-1000 ext 1505.



Sports-Med. Minute continued...

Don't Forget the Rehab

Phase two concentrates on increasing range of motion of a joint or flexibility of a muscle. Athletes are given specific stretching exercises to do on their own or may be manually stretched out by the therapist. It is recommended that all stretches be held for 30 seconds and repeated at least 4 times each.

The goal of the third phase of rehabilitation is to increase strength. Isometrics (pushing against an immovable object) may be used first, followed by the use of elastic bands of varying resistances, free weights, cuff weights, or weight equipment.

Phase four focuses on proprioception/balance and sport-specific training. Proprioception is defined as the body's ability to know its position in space at all times without looking. Simply put, it is balance. When an athlete injures herself, she damages her ability to balance.

VanDeCarr states, "An example of this is the athlete who repeatedly sprains an ankle. Exercises such as balancing on 1 foot with eyes open or eyes closed, balancing on one foot while catching a ball, or balancing on a foam pad, pillow, or mini trampoline are all examples of exercises used to improve proprioception. If not addressed, the injury will likely reoccur in sporting or non-sporting activities, such as the person who sprains an ankle while stepping on a rock on the street."

Sport-specific training implements exercise, skills, or drills that athletes perform during games or practices. At this point, the therapist carefully progresses the injured athlete from basic exercises to those requiring higher skill level as they heal and have the muscle control to tolerate them without risking further injury. This leads to phase five of the rehabilitation process which gradually returns the athlete to full activity, while placing them on a maintenance program to prevent the reoccurrence of injury.

While sprains and sprains may be painful, it will pass. Especially if treatment is started early and followed intently. Just like practice.

Consult your primary care physician for more serious injuries that do not respond to basic first aid. As an added resource, the staff at **Nationwide Children's Hospital Sports Medicine** is available to diagnose and treat sports-related injuries for youth or adolescent athletes. Services are now available in five locations. To make an appointment, call (614) 355-6000.

GROVEPORT PARKS & RECREATION DEPT.

- Classes & Special Events -

614-836-1000 / www.groveportrec.com

The Park After Dark

When the sun goes down and the lights go out, the fun is just beginning!

Join us for games such as flashlight tag, sports like glow in the dark soccer, and other activities in the dark.

Bring your entire family and don't forget camping equipment, this is an over night event! Campfire dinner and small breakfast will be included.



Who: 6 and up

Dates: Fri., Sept. 25 - Sat., Sept. 26

Times: Fri., 7:30 PM - Sat., 8:30 AM

Location: Groveport Park

Fee: \$25 R. Family (max 5)
\$30 NR Family (max 5)
\$5 each additional guest

Registration: Aug. 1 - Sept. 21

Fall Crafters Bazaar

Calling all crafters, candle makers, jewelers, wood workers and anyone just down right creative. The City of Groveport will be holding its annual Fall Crafters Bazaar on Saturday, November 7! Come join us and show off your creative side.

Who: Vendors, crafters, and creative folk

Dates: Nov. 7, 2015

Times: 9 AM - 2 PM

Location: Groveport Recreation Center

Fee: \$10 per space
\$1 per shopper

Registration: Aug. 15 - Nov. 2



Fall Garage Sale

It's time to clean out your garage, basement, attic or storage shed and make a little cash. Good rule of thumb: if you haven't cooked with it, worn it, or displayed it, used it or read it within the last year, it's time to sell it!

Dates: Friday & Saturday, Sept. 11 & 12

Times: 9:00 AM - 6:00 PM

Location: Homes in or near the City of Groveport

Fee: \$5

Registration: Aug. 1 - Sept. 8

Kids Night Out

Ditch the parents and head to the GRC for some good old fashion fun. Well, you might need a ride. Play games, swim, eat pizza, climb the wall (on occasion) and more under the watchful eyes of our staff. Pack your swimsuit and towel as well. Don't forget your tennis shoes! Space is limited so sign up early. Where else can you find a deal this good.

Who: 6 - 11 years

Dates: Fridays, Sept. 11 & 25

Times: 5:30 - 8:00 PM

Location: Groveport Recreation Center

Fee: \$8 R / \$10 NR

Parent Tot Open Swim/Gym

Open Gym - We provide the space, music, toys & opportunities for gross motor play, as well as some structured staff led activities. Come have fun and make some new friends. Participants must wear soft soled shoes and all children must be accompanied by an adult. **Open Swim** - All children must be accompanied by an adult and children that are not toilet trained must wear swim diapers.

Who: Parents & their kids (5 yrs. & under)

Dates: Wednesday (Gym) & Friday (Swim)

Times: 10:00 - 11:00 AM

Location: Groveport Recreation Center

Fee: \$2.50 one child; \$4 two children;
\$5 three children; \$8 four+ children
\$20 for a 10 visit punch pass.
Kids must be in same family to receive multi-child discounted rate.

Registration: Drop In

GROVEPORT PARKS & RECREATION DEPT.

- Aquatics -

614-836-1000 / www.groveportrec.com

The Groveport Parks and Recreation Department is a local provider of The American Red Cross Learn-to-Swim program.

Parent & Tot (6 months to 2 years of age):

This class is designed to give children an introduction into the world of pool water. Hands-on parent involvement required. You and your child will gain confidence in the water and learn water safety skills.

Pre-school Program (3 years to 5 years of age):

Splash, play games and build confidence. Class is designed for children that are unsure of the water.

LEVEL 1 - Introduction to Water Skills:

Helps students feel comfortable in water. Participants learn to enter & exit water safely, open eyes underwater & pick up submerged object, swim on front & back using arm & leg actions, submerge mouth, nose & eyes, float on front & back, follow basic rules, exhale underwater through mouth & nose, explore arm & leg movements, use a life jacket.

LEVEL 2 - Fundamentals of Aquatic Skills:

Participants learn to enter water by stepping or jumping from side, open eyes underwater, pick up a submerged object, roll over from front to back & back to front, swim on side, exit water safely using ladder or side, float on front & back, tread water using arm & leg motions, move in the water while wearing a life jacket, submerge entire head, perform front & back glide, swim on front & back using combined strokes.

LEVEL 3 - Stroke Development:

Participants learn to jump into deep water from the side, bob with head fully submerged, perform survival float, butterfly (kick & body motion), use check-call-care in an emergency, dive from kneeling or standing position, use rotary breathing in horizontal position, change from horizontal to vertical position on front & back, perform the HELP & Huddle position, submerge & retrieve an object, perform front & back glide & crawl, perform a reaching assist.

LEVEL 4 - Stroke Improvement:

Participants learn to shallow dive or dive from stride position, perform open turns on front & back using any stroke, swim underwater, tread water using sculling arm motions & kick & perform feet first dive. Swimmers will perform front & back crawl, swim on side using scissors-like kick, breaststroke, butterfly & elementary backstroke.

LEVEL 5 - Stroke Refinement:

Participants learn to tread water with two different kicks, learn survival swimming & perform rescue breathing. Swimmers will perform standing dive, pike surface dive, butterfly, shallow dive, front flip turn, breaststroke, backstroke flip turn, elementary backstroke, tuck surface dive, front & back crawl, sidestroke.

LEVEL 6 - Swimming & Skill Proficiency:

Participants will refine their strokes so they swim with ease, efficiency, power and smoothness over greater distances. This class prepares swimmers to participate in more advanced courses, including Water Safety Instructor & Lifeguard Training Courses. These options include: personal water safety, fitness swimming, lifeguard readiness & fundamentals of diving.

Group Swim Lessons

Let our staff teach your child the skills they will use the rest of their life. Classes normally fill quickly. Registrations are taken on a first come - first served basis. In the event of bad water chemistry or storms in the area, some classes may be held out of the water.

Who: 6 months - 15 years, plus Adults 16+

Fee: \$45 Resident / \$55 Non-Res.

\$5 late fee assessed if participant registers after posted registration deadline (provided space is available).

Dates: Tue./Thurs., Sept. 1 - 24 (p.m.)

Registration: Aug. 17 - 31

Dates: Sat., Sept. 26 - Nov. 14 (a.m.)

Registration: Sept. 14 - 25

Dates: Tue./Thurs., Oct. 6 - Nov. 3 (p.m.)

Registration: Sept. 21 - Oct. 5



Private & Semi-Private Lessons

Is your little one having a hard time integrating into a group lesson? Are you looking for stroke refinement for your older swimmer? Private Lessons might be just what you need. We offer Private (1 swimmer) or Semi-Private (2 or more swimmers) Lessons with an instructor. Please contact Kelly Carter (Aquatics Coord.) at 614-836-1000 ext. 1512 to be set up with an instructor. The cost is \$180 for six 30-minute Private Lessons or \$240 for six 30-minute Semi-Private Lessons.

Master's Swimming

Are you at least 19 years of age? Enjoy swimming as part of your workout? If so, give Kelly Carter (Aquatics Coord.) a call at 614-836-1000 ext. 1512 or send her an email at kcarter@groveport.org. She would be happy to give you more information regarding our Masters Swim Team. Practices are Mon., Wed. & Fri., 6 - 7 AM.

GROVEPORT PARKS & RECREATION DEPT.

- Aquatics -

614-836-1000 / www.groveportrec.com

Dog Paddle Palooza

Grab Man's Best Friend, your camera and his/her favorite fetch toy, towel & leash and head to the outdoor water park for an evening of fun. Humans are not permitted in the pool. Registrants must provide up-to-date vaccinations to be admitted.

- Dates:** Thursday, Sept. 10
Times: 6 PM - 8 PM
Fee: \$2/dog; Humans are free
Location: Groveport Aquatic Center
Registration: Open through the day of the event.



Get Your Last Swim In

The Groveport Aquatic Center (Outdoor Water Park) is open the following hours for the "End Of Season."

Mon., Aug. 17 - Fri., Aug. 21	Closed
Sat., Aug. 22	12 PM - 8 PM
Sun., Aug. 23	1 PM - 8 PM
Mon., Aug. 24 - Fri., Aug. 28	Closed
Sat., Aug. 29	12 PM - 8 PM
Sun., Aug. 30	1 PM - 8 PM
Mon., Aug. 31 - Fri., Sept 4	Closed
Sat., Sept. 5	12 PM - 8 PM
Sun., Sept. 6	1 PM - 8 PM
Mon., Sept 7 (Labor Day)	12 PM - 8 PM

Birthday Parties

If you are a parent with an active child, you need to read further. For A small fee, your child and his/her friends can celebrate a birthday at the Groveport Recreation Center. Package includes • 20 Day Passes • 90 minute room reservation • 3 Large Single Item Pizzas • 1 Dairy Queen Ice Cream Cake • 4 Two Liters of Pop • Disposable plates, cups, napkins & utensils • T-shirt for the birthday boy or girl • 4 GRC Day Passes to be used at a later date. Your child will also have his birthday splashed on our massive digital marquee sign. All you need are a few decorations, some invitations and maybe some ear plugs (optional). Additional party guests are only \$5/person. To book your child's party, call 614-836-1000 or stop by the front desk anytime.

Lifeguards Win State Championship Title Again

On Sunday, August 2, two teams of lifeguards from the Groveport Parks & Recreation Dept competed against 13 other teams in the American Red Cross State Lifeguard Championships in Kettering, Ohio. The team made up of Zach Huffer, Maddie McCoy, Devon Shull, Atticus Murphy and Matthew Harrell won the State Championship. The other Groveport team finished in 8th place. Lifeguards on that team were Jonathon Horne, Garrett Kirkpatrick, Kenzy Ray, Hannah Yarger and Tomi Iwasaki. This is the sixth time since 2008 that a Groveport team has won the American Red Cross Lifeguard Championship.



From left to right: Zach Huffer, Maddie McCoy, Devon Shull, Atticus Murphy & Matthew Harrell

GROVEPORT PARKS & RECREATION DEPT. - Important Dates -

614-836-1000 / www.groveportrec.com

EVENT / PROGRAM	DATE
Groveport Aquatic Center	CLOSED Sept. 1 - 4 OPEN Sept. 5 OPEN Sept. 6 OPEN Sept. 7
3 - 4 Grade Volleyball Clinic & 5th - 6th Grade Volleyball League registration begins	Sept. 1
Adult Co-Rec Pickleball League registration deadline	Sept. 3
Hummingbird Soccer registration deadline	Sept. 6
Flag Football registration deadline	Sept. 6
Groveport Tennis Academy registration deadline	Sept. 6
Groveport Recreation Center	CLOSED Sept. 7 (Labor Day)
T-Birds T-Ball registration deadline	Sept. 8
Fall Community Garage Sale registration deadline	Sept. 8
Rookie League Baseball registration deadline	Sept. 9
Dog Paddle Palooza	Sept. 10
Tae Kwon Do / Karate Ki Do registration deadline	Sept. 10
Kids Night Out at GRC	Sept. 11
Kids On The MOVE 5k & 1 Mile Fun Run Benefitting Nationwide Children's Hospital	Sept. 12
Adult Fall Co-Rec Volleyball League registration deadline	Sept. 20
The Park After Dark registration deadline	Sept. 21
Kids Night Out at GRC	Sept. 25
The Park After Dark (Campout)	Sept. 25 - 26



**There's only
one sports
medicine leader
for serious athletes.**

We're the best at getting them ready for battle. The best at getting them back in the game. And the best at bringing their goals into reach. We're the sports medicine experts at Nationwide Children's Hospital and we're the best equipped to treat concussions, rehab sports injuries or prevent them from happening in the first place. So, if your athlete is 18 or under, don't risk their career to anyone else.

**For more information
about our five central Ohio locations, visit
NationwideChildrens.org/Sports-Medicine**



**NATIONWIDE
CHILDREN'S**

When your child needs a hospital, everything matters.™

GROVEPORT SENIOR CENTER

- General News -

614-836-4599 / www.groveportrec.com

Are you 55 years or older? Do you enjoy shooting pool, playing cards, going on day and overnight trips, playing board games, participating in educational seminars, dancing, exercising, playing shuffleboard, making crafts, eating meals, playing ping pong, participating in holiday special events and more? If so, you might want to consider joining the Groveport Senior Center. Under most cases, persons must be a member of the Groveport Senior Center to participate in programs. Annual membership dues are only \$6. Questions, call Deb at 614-836-4599.

DAILY ACTIVITIES

Monday	Bridge	11:30 a.m.
	Progressive Euchre	12:30 p.m.
Tuesdays	Line Dancing	9:30 a.m.
	Pinochle	11:00 a.m.
Wednesdays	Game Day	11:00 a.m.
	Quilting	12:00 p.m.
Thursday	Crafts	9:30 a.m.
	Lunch	11:45 a.m.
	Hand & Foot	Times Vary
Saturday	Progressive Euchre	4:00 p.m.

UPCOMING ACTIVITIES & TRIPS

8th Annual Southeast Health Fair: Stop by the east gym at the Recreation Center on September 9th from 10am-1pm for our annual health fair provided by the Groveport Senior Center, Wesley Ridge Retirement Community and Mount Carmel Hospice & Palliative Care. Nearly 30 vendors will be offering services and handing out freebies and plenty of information. Kroger will be offering flu shots and pneumonia shots. Free lunch at noon and plenty of door prizes. You must have your card initialed by all vendors to be eligible for door prizes so get here early!

Monthly Craft: Join us as we make a different craft each month. Pre-registration is required for this FREE event taking place on September 11, 10:30 a.m. This program is sponsored by the Inn at Winchester Trail.

Wellness Clinic: A nurse from Winchester Place will be at the Senior Center on the 3rd Thursday of each month (10:30 a.m. - 11:30 a.m.) and will offer free blood pressure checks. Please stop in and get your blood pressure checked. The next scheduled Wellness Clinic is scheduled for September 17th.

Hearing Screenings: Avada Audiology & Hearing Care will be at the Senior Center on the 2nd Thursday of each month between 9:30 a.m. and 11:30 a.m. to offer FREE hearing

October 7: Join us as we travel to Springboro, Oh for La Comedia Dinner Theatre's presentation of "**The Church Basement Ladies**" in "**The Last Pot Luck Supper.**" As your favorite church basement ladies work in the kitchen, their shared memories burst into life through a series of flashbacks. As they time-jump through a century, these ladies manage to serve up a rib-tickling panorama of the changes in the kitchen without spilling a drop of their egg coffee. The cost of \$60.00 per person includes transportation, a delicious buffet lunch and the show and is due by September 1st.

October 21: Join us as we travel to Cincinnati and have an upscale thrift store shopping experience at several Snooty Fox locations. Food, beverages, lunch, drinks and even wine tasting will be included at our 4 clothing and furniture thrift shop stops. We will top off the day with a stop at Jungle Jims International Food Market and an on your own dinner stop. The cost is \$35.00 per person, due by September 17th and in addition to the above mentioned things includes transportation.

November 16 - 19: Our initial motor coach filled up pretty quickly for this awesome holiday trip to Niagara Falls, Canada so we have obtained a second one. The trip includes 3 nights lodging at Niagara Falls, 6 meals, guided tour of the area including Niagara Parks Greenhouse Christmas floral displays, Motion light displays, nightly illumination of the falls, the spectacular Canadian Festival of Lights display and more. The cost is only \$399.00 per person, double occupancy with a \$100.00 deposit due on sign up. If you are interested call the senior center right away to get signed up as we are still in need of a few more passengers to fill the second coach. **A VALID PASSPORT IS REQUIRED FOR THIS TRIP!**



GROVEPORT
Senior Center

Deb Scholl-Saulnier
Senior Citizens Coordinator
7370 Groveport Road
Groveport, OH 43125
614-836-4599
www.groveportrec.com

GROVEPORT CULTURAL ARTS CENTER

- Adult Programs -

614-836-3333

community affairs department

Line Dancing

All skill levels and ages are invited to participate in this daytime line dancing program. Please wear shoes with leather soles or socks.

Dates/Times: Mondays & Wednesdays
10:00 AM - 11:30 AM

Location: Groveport Town Hall, 648 Main Street

Cost: Free

Registration: Drop in

Elegant Profile Dance

The Elegant Profile Dance Class focuses on the most beautiful and graceful synchronized dances in a similar format to Rumba and Waltz line dances. Dress is casual, and no previous experience is necessary as each dance will be instructor led.

Who: 15 and up

Dates/Times: Wednesdays / 6:15 PM - 8:30 PM
Session 1– 6:15 PM - 7:15 PM Beginners
Session 2– 7:30 PM - 8:30 PM Advanced

Location: Groveport Town Hall, 648 Main Street

Cost: \$6 resident / \$7 nonresident

Registration: Drop in

Art of Movement

The Art of Movement Foundations combines the East and West intuitive dance practices to help you add energy and relieve

Who: 16 and up

Dates/Times: Thursdays / 6:30 PM - 8:00 PM

Location: Groveport Town Hall, 648 Main Street

Cost: \$4 resident / \$5 nonresident

Registration: Drop in

TOPS Weight Loss Support Group

Who: Everyone

Dates/Times: Wednesdays / 9:30 AM - 11:00 AM

Location: Groveport Town Hall, 648 Main Street

Tuesdays@One

Adult (child friendly) art and education program every Tuesday. Speakers, demonstrations, creative projects and activities. Due to supplies being provided, please call to register.

Who: Adults (child friendly)

Dates/Times: Tuesdays / 1:00 PM - 2:00 PM

Location: Groveport Town Hall, 648 Main Street

Cost: FREE

Registration: Accepted thru Tuesday of each class

September 1 **Ceramic Class - part 1**
Sponsored by Bixby Living Skills Center & Bare Clay Studio

September 8 **Maritime Paper Lantern**
Supplies provided

September 15 **Ceramic Class-part 2**
Sponsored by Bixby Living Skills Center & Bare Clay Studio

September 22 **Bubble Wrap Stamping Cards**
Supplies provided

September 29 **Paint Stick Scarecrow**
Supplies provided

Scrapbooking Club

Bring your summer photos and make a scrapbook page with us. Scrapbooking Club will meet the first Thursday of each month. Each month will offer a new project.

Who: Ages 15 and up

Dates/Times: Thursday, September 3
6:30 PM - 7:30 PM

Location: Groveport Town Hall, 648 Main Street

Supplies: To add a personal touch, please bring 1-2,

Cost: Free

Registration: By September 1



GROVEPORT CULTURAL ARTS CENTER

- Adult Programs -

614-836-3333

community affairs department

Cook's Corner

Adult (kid friendly) program series on the first Friday of each month. Join the fun and be a part of the demonstrations that include hands on cooking, discussions, experiencing new foods and learning new skills. *September's Topic: Dessert Bites*

Who: Adult
Dates: Friday, September 4
Times: 10:00 AM - 11:00 AM
Location: Town Hall, 648 Main Street
Registration: By September 2
Fee: Free

A Taste of French Cheese

Join Ms. Josie Gonot for this delicious taste party. We will explore France by map region. Stops include La Brie, Roquefort, La Chevre, and Camembert. Crisp Baguette and fresh fruit will be enjoyed during the Dairy Tour. Guest will take home an information sheet containing basic facts, serving ideas & wine combinations.

Who: Everyone
Dates: Saturday, September 26
Times: 2:00 PM - 3:30 PM
Location: Groveport Town Hall, 648 Main Street
Registration: By September 24
Fee: \$7 resident / \$9 nonresident

Mommy & Me Cake Decorating

Kids bring an adult helper to have fun learning the art of cake decorating. Learning together is best! Join Danyel, Cake Décor of Groveport. Space is limited.

Who: Ages 5 and up
Dates: Sunday, September 13
Times: 2:00 PM - 3:00 PM
Location: KidSpace, 630 Wirt Road
Registration: By September 11
Fee: \$8 per person resident /
\$10 per person nonresident



September & October-Art Gallery

Apple Butter Day Quilts

For the past forty-two years the Groveport heritage and Preservation Society has held a quilt raffle on Apple Butter Day. Festival-goers spend one dollar per ticket to take a chance on winning. Many of the quilts have been hand-pieced by women from the community and hundreds of volunteer hours were spent quilting them by hand. Years ago the quilting was done inside the log house, but it now takes place at the Groveport Senior Center. Town Hall will be showcasing several of these quilts during September and October in the Art Gallery, 648 Main Street. Over 15 winners of past raffles have agreed to display their quilts in honor of the women who have spent numerous hours working on these beautiful keepsakes.



Save the Dates:

September 19 – Car Show & Country Concert held at Groveport Recreation Center. 2:30 PM - 8:00 PM.



GROVEPORT CULTURAL ARTS CENTER

614-836-3333

community affairs department

September National Day Calendar

September 1	National No Rhyme (Nor Reason) Day
September 2	National Blueberry Popsicle Day
September 3	National U.S. Bowling League Day
September 4	National Macadamia Nut Day
September 5	National Cheese Pizza Day
September 6	National Read a Book Day
September 7	National Acorn Squash Day
September 8	National Ants on a Log Day
September 9	National Teddy Bear Day
September 10	National TV Dinner Day
September 11	National Patriot Day
September 12	National Chocolate Milkshake Day
September 13	National Grandparent's Day
September 14	National Boss Day
September 15	National IT Professionals Day
September 16	National Play-Doh Day
September 17	National Constitution/Citizenship Day
September 18	National Cheese Burger Day
September 19	National Boys' and Girls' Club Day
September 20	National Wife Appreciation Day
September 21	National Alzheimer's Day
September 22	National Ice Cream Cone Day
September 23	National Great American Pot Pie Day
September 24	National Cherries Jubilee Day
September 25	National Comic Book Day
September 26	National Pancake Day
September 27	National Chocolate Milk Day
September 28	National Good Neighbor Day
September 29	National VFW Day
September 30	National Women's Health & Fitness Day



Back to School Encouragement

Sometimes going back to school can be difficult, overwhelming, or just plain scary for kids. They may be having problems socially, or be worried academically. Either way, a little encouragement can go a long way. The following are a few fun ideas for back to school encouragement for your student.

Lunch box notes: It can be tough to make it through a school day, and sometimes by lunch kids are ready to throw in the towel, which is why this is such a great encouragement option for kids. What you do is when you pack their school lunch in the morning, simply write a couple of lines on a napkin you endorse, and stick a little treat in with it. Something they do not get often, or would not be expecting. A few words like, "I hope your day at school is wonderful." or "I was thinking about you and I love you." These words of encouragement mean a lot to your child.

Fun surprises in the backpack: Surprises are a fun back to school encouragement. One way to do this is by slipping something into their backpack for them to find at school. Be sure you include a note or something so that they know it is for them. You can put a treat in their backpack, or maybe a fun pencil, notebook, with their favorite characters on it. Something to make them excited and perk up their spirits about going back to school. You know your child, so figure out what kind of surprise in their backpack would give them the most encouragement for going back to school. It might be a card telling them how proud you are of them.

Clear your schedule: Sometimes the best encouragement you can give a child going back to school is time spent with you. If they do not have to worry that they will get less attention from you, they will be more excited to go back to school. So, clear your schedule that first week of school in order to be there to listen and help them with anything they may need. They might need homework help, someone to listen to them, or just to know that you will be there, read with them, and find time for them after their schedules get busier.

RECIPE OF THE MONTH

Back to School Snack

Yogurtwiches

Place a scoop of frozen yogurt between graham cracker squares. Roll the edges in chocolate chips. Freeze until firm.

GROVEPORT CULTURAL ARTS CENTER

- Youth Programs -

614-836-3333

community affairs department

Preschool Playgroup

Grow with Me

Activities designed to accommodate different age groups within the same setting. Lessons, snacks, and free play help children grow academically and socially. Adult participation is required.

Who: Preschool children
Dates: Every Tuesdays & Wednesdays
Times: 10:00 AM - 11:30 AM
Location: KidSpace, 630 Wirt Road
Registration: No registration- Drop in
Fee: Free

Preschool Playgroup

Rock n' Rollers

Music and movement centered program for your junior rocker. Adult participation is required.

Who: Preschool children
Dates: Every Thursday
Times: 10:00 AM - 11:00 AM
Location: KidSpace, 630 Wirt Road
Registration: No registration- Drop in
Fee: Free

Preschool Picassos

Creative crafts that little hands can easily construct. Adult participation is required.

Who: Preschool children
Dates: Every Friday
Times: 10:00 AM - 11:00 AM
Location: KidSpace, 630 Wirt Road
Registration: No registration- Drop in
Fee: Free



Preschool Art Pizzazz

Come join us for an evening hour of fun arts and crafts.

Who: Ages 3-5
Dates: Tuesdays, September 1, 15 & 29
Times: 6:00 PM - 7:00 PM
Location: KidSpace, 630 Wirt Road
Registration: Two days before each program date
Fee: Free

Preschool Hip Hop Dance

Bring your preschooler to this jam packed hour of dance, where kids play and have fun with peers.

Who: Ages 3-5
Dates: Wednesday, September 2, 16, 23 & 30
Times: 6:00 PM - 7:00 PM
Location: KidSpace, 630 Wirt Road
Registration: Two days before each program date
Fee: Free

Homeschool Art

September: Paper Mosaic Art. Children will learn how to make their own mosaic work of art using paper and glue. Parents can expand their experience at home using the same techniques with glass chips on windows, vases or in a garden.

Who: Ages 4 and up
Dates: Thursday, September 3
Times: 10:00 AM - 11:00 AM
Location: Town Hall, 648 Main Street
Registration: By September 1
Fee: Free

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Follow us @GroveportGov



GROVEPORT CULTURAL ARTS CENTER

- Youth Programs -

614-836-3333

community affairs depart-

Kid's Night

Bring a prewashed white t-shirt and make a cool tie dye design that's sure to be unique.

Who: Ages 5-12
Dates: Tuesday, September 8
Times: 6:30 PM - 7:30 PM
Location: Groveport Heritage Park, 551 Wirt Road
Registration: By September 6
Fee: Free
Supplies: Prewashed white t-shirt

Preschool Story Time

Join Angela for a story and craft designed for ages 2-6. A different author will be highlighted each month.

Who: Children ages 2-6
Dates: Wednesday, September 9
Times: 6:00 PM - 6:45 PM
Location: Groveport KidSpace, 630 Wirt Road
Registration: By September 6
Fee: Free

Petite Chef

Calling all Petite Chefs! Join us for a fun, 3 week series, beginner cooking class. This class includes hands on cooking, discussions, experiencing new foods and learning new skills all at a level your child will understand and enjoy.

Who: Ages 5-7
Dates: Thursday, September 10, 17, & 24
Times: 6:30 PM - 7:30 PM
Location: KidSpace, 630 Wirt Road
Registration: By September 8
Fee: \$7 resident / \$9 nonresident

Mr. Eric's Interactive Music Program

Repetition is important for learning and familiarity is good to overcome shyness. Mr. Eric will use shakers and tambourines to help develop rhythm skills and children will be encouraged to sing into the mics. Put it all together and they will have a fun time

Who: Ages 2-6
Dates: Fridays, September 11, 18, 25 & October 2
Times: 6:30 PM - 7:30 PM
Location: KidSpace, 630 Wirt Road
Registration: By September 4
Fee: \$16 resident / \$18 nonresident

Nature Program-Bark Owl

Come and join us to make a nature inspired owl.

Who: Everyone
Dates: Saturday, September 12
Times: 11:00 AM - noon
Location: Groveport Heritage Park, 551 Wirt Road
Registration: By September 9
Fee: Free

Science Experiment Night

Join the fun and be a part of the things that make you go OHH and AHH. September's Experiment: Lava Lamp and Silly Putty. Please dress for mess!

Who: Ages 5-12
Dates: Monday, September 14
Times: 6:30 PM - 7:30 PM
Location: KidSpace, 630 Wirt Road
Registration: By September 12
Fee: Free



GROVEPORT CULTURAL ARTS CENTER - Youth Programs -

614-836-3333

community affairs depart-

Preschool Science

Are you ready for a messy, fun time? September's project: Fun with Dry Ice. Space is limited.

Who: Ages 3-5
Dates: Monday, September 21
Times: 6:00 PM - 7:00 PM
Location: KidSpace, 630 Wirt Road
Registration: By September 19
Fee: Free

Kid's Night– Fairy Cottage

It doesn't take much to make a fairy feel at home. Start your fairy garden or add to the one you may already have.

Who: Children ages 5-12
Dates: Tuesday, September, 22
Times: 6:30 PM - 7:30 PM
Location: KidSpace, 630 Wirt Road
Registration: By September 19
Fee: Free



City of Groveport Flags

The new City of Groveport Flags can be purchased at Town Hall at 648 Main Street for \$30.00.



Need a room to hold your meeting or event?

Room rentals at Town Hall and Crooked Alley KidSpace are available. However, open dates will be filling quickly. \$25.00 nonrefundable fee for residents to reserve a room, please call for nonresidents rates. Please contact Town Hall at 614.836.3333 for more information.



important dates

614.836.3333

September

Community Affairs Department

EVENT / PROGRAM	DATE	EVENT / PROGRAM	DATE
Preschool Grow With Me Tuesdays@One-Ceramic Class- Part #1 Preschool Art Pizzazz	Tues., Sept. 1	Preschool Grow With Me Tuesdays@One- Ceramic Class- part #2 Preschool Art Pizzazz	Tues., Sept. 15
Preschool Grow With Me TOPS Line Dancing Knitting Preschool Hip Hop Elegant Dance	Wed., Sept. 2	Preschool Grow With Me TOPS Line Dance Elegant Dance Knitting Preschool Hip Hop Dance	Wed., Sept. 16
Preschool Rock n' Rollers Homeschool Art Art of Movement Scrapbooking Club	Thurs., Sept. 3	Preschool Rock n' Rollers Art of Movement Petite Chef 2 of 3	Thurs., Sept 17
Preschool Picassos Cook's Corner	Fri., Sept. 4	Preschool Picassos Mr. Eric's Music Program 2 of 4	Fri., Sept. 18
Closed	Sat., Sept. 5	Line Dance Preschool Science	Mon., Sept 21
Closed	Sun., Sept. 6	Preschool Grow With Me Tuesdays@One- Bubble Wrap Stamping	Tues., Sept. 22
Closed	Mon., Sept 7	Kid's Night- Fairy Cottage	
Preschool Grow With Me Tuesdays@One-Maritime Paper Lantern Kid's Night- Tie Dye T-Shirt	Tues., Sept. 8	Preschool Grow With Me TOPS Line Dance Knitting Preschool Hip Hop Elegant Dance	Wed., Sept. 23
Preschool Grow With Me TOPS Line Dancing Elegant Dance Knitting Preschool Story Hour	Wed., Sept. 9	Preschool Rock n' Rollers Art of Movement Petite Chef 3 of 3	Thurs., Sept 24
Preschool Rock n' Rollers Art of Movement Petite Chef 1 of 3	Thurs., Sept. 10	Preschool Picassos Mr. Eric's Music Program 3 of 4	Fri., Sept. 25
Preschool Picassos Mr. Eric's Music Program 1 of 4	Fri., Sept. 11	A Taste of French Cheese	Sat., Sept. 26
Nature Program- Bark Owl	Sat., Sept. 12	Line Dance	Mon., Sept. 28
Mommy & Me Cake Decorating Class	Sun., Sept. 13	Preschool Grow With Me Tuesdays@One- Paint Stick Scarecrow Preschool Art Pizzazz	Tues., Sept. 29
Line Dance Science Experiment Night	Mon., Sept.14	Preschool Grow With Me TOPS Line Dance Preschool Hip Hop Elegant Dance	Wed., Sept. 30

NOTE: Many of the programs noted have registration deadlines. For more info., please refer to each individual program description. - Thank you.



Apple Butter Day

October 10

10:00 AM- 6:00 PM



City of Groveport
655 Blacklick Street
Groveport, Ohio 43125
www.groveport.org

Municipal Offices, 655 Blacklick Street 614-836-5301
 Crooked Alley KidSpace, 630 Wirt Rd. 614-836-3333
 Recreation Center, 7370 Groveport Rd. 614-836-1000
 Police Dept., 5690 Clyde Moore Drive 614-830-2060
 Public Works, 7400 Groveport Rd. 614-836-3910
 Town Hall, 648 Main Street 614-836-3333
 The Links at Groveport, 1005 Richardson Rd. 614-836-5874

Lance Westcamp..... Mayor
 Shawn Cleary, Ed Dildine, Donna Drury,
 Jean Ann Hilbert, Becky Hutson, Ed Rarey..... Council

Marsha Hall City Administrator
 Ralph Portier Police Chief
 Kevin C. Shannon Law Director
 Jeff Green Asst. Administrator/Finance Dir.
 Tom Walker..... Director of Golf
 Kyle Lund Parks & Recreation Director
 Patty Storts..... Community Affairs Director
 Tom Byrne..... Director of Facilities Management
 Dennis Moore..... Public Works Superintendent
 Stephen Moore..... Chief Building Official

Department Phone Numbers

Administration..... 614-830-2042
 Building & Zoning..... 614-830-2045
 Clerk of Council..... 614-830-2053
 Clerk of Court..... 614-830-2052
 Community Affairs..... 614-836-3333
 Finance..... 614-830-2048
 Human Resources..... 614-830-2051
 Law Director..... 614-830-2059
 Parks & Recreation..... 614-836-1000
 Police..... 614-830-2060
 Public Works..... 614-836-3910
 Utilities..... 614-830-2048

Community Meetings (at Municipal Building)

Mon., Sept. 14 6:30 pm Council Meeting
 Mon., Sept. 21 6:30 pm Committee of Whole Meeting
 Mon., Sept. 28 6:30 pm Council Meeting

