

# The connection

The City of Groveport's Media Hub

## CITY OF GROVEPORT

Topic	Pages
General News	1 - 2, 20

## PARKS & RECREATION

Topic	Pages
General News	3 - 4
Fitness	5 - 6
Adult Athletics	7
Youth Athletics	7 - 8
Sports Medicine Minute	9
Aquatics	10
Classes & Special Events	11
Important Dates	12

## SENIOR CENTER

Topic	Pages
General News	13

## COMMUNITY AFFAIRS

Topic	Pages
Adult Programs	14 - 16
Youth Programs	17 - 18
Important Dates	19

## Groveport Police Department... "Doing more than just fighting crime"

The GPD has instituted a new **Visit A Veteran** program. If you are a veteran and at least 55 years of age or know of a veteran that meets this criteria, please call 614-830-2060. Officers will schedule a time to meet and talk with veterans at their residence. In the near future, the GPD will be implementing an **Anti-Bullying** campaign. Keep your eyes peeled for more information.



## City Offices Closed for Holidays

The Groveport Municipal Building, Groveport Town Hall and Crooked Alley KidSpace will all be closed as follows:  
 Tues., 11/11  
 Veteran's Day  
 Thurs., 11/27  
 Thanksgiving Day  
 Fri., 11/28  
 Day after Thanksgiving



The Groveport Recreation Center will be closed on Thanksgiving Day, but will be open on Friday, Nov. 28 so you can work off the turkey, stuffing and pie.

## Fall Leaf Pick Up Continues

The Groveport Public Works Dept. will continue to pick up curbside leaves thru Dec. 10. Residents are asked to rake their leaves close to the curb, but not in the street. Leaves in the street cause issues with water flow and sanitary sewers. Debris other than leaves, such as twigs, rocks and trash, will not be picked up. Please avoid parking vehicles in front of or behind leaf piles. Any questions, call the Public Works Dept. at 614-836-3910.



# CITY OF GROVEPORT - General News -

614-836-5301 / [www.groveport.org](http://www.groveport.org)

## Approximately 170 New Jobs coming to Groveport

A groundbreaking ceremony was held on Tuesday, Sept. 30 for a new 530,000 square foot warehouse and distribution center for Faro Logistics Solutions. The facility, located on Pontius Road in Groveport, will be built by Cabot Properties, Inc. and leased to Faro. The project will create approximately 170 new jobs once completed and in operation.

Faro is a third-party logistics company. It receives products at its warehouses here and in Texas, Florida, California and Tennessee. "Our location here in central Ohio is a big selling point for us", said Todd Davis, Faro's President. "This is a good time for our business. There's a lot of growth."

With the start of construction of the new Faro facility, there are now a total of four large projects underway: a 717,000 square foot facility on Rohr Rd. being built by Van Trust Real Estate, a 484,000 square foot building by Opus Development, a 350,000 square foot distribution center for Exel for their client Guthy-Renker and the Faro facility. Both the Opus and Van Trust properties are being built on a speculative basis.

- Jeff Green, *Finance Director/Assistant Administrator*



## Turkey Fryer Safety

The NFPA discourages the use of outdoor gas-fueled turkey fryers that cook the turkey in hot oil. The use of turkey fryers can lead to devastating burns, other injuries & the destruction of property. The dangers of Turkey Fryers include:

- Hot oil may splash or spill during the cooking. Contact between the hot oil and skin could result in serious injury.
- A hot oil spill can happen with fryers designed for outdoor use using a stand. The fryer could tip over or collapse causing the hot oil to spill.
- In deep frying, oil is heated to temperatures of 350 degrees F or more. Cooking oil is combustible. If it's heated above its cooking temp., its vapors can ignite.

## Heat Your Residence Safely

Do not resort to using a BBQ or camp stove for indoor heat. This equipment is designed to be used outdoors and can cause serious hazards when used in an enclosed or partially enclosed setting. Besides being a fire hazard, they can produce high levels of carbon monoxide (CO). Remember, you cannot see or smell carbon monoxide.



If you start to feel sick, dizzy or weak, get to fresh air RIGHT AWAY. DO NOT DELAY. Carbon monoxide can rapidly lead to full incapacitation and death. If you experience symptoms, get medical attention immediately.

## How is the date for "Trick or Treat" determined?

The City of Groveport is a member of the Mid-Ohio Regional Planning Commission (MORPC). Several years ago MORPC agreed to assist communities within the Central Ohio area in determining when "Trick or Treat" would be held. While communities have the ability to set another date, most villages and cities within the area follow these rules.

"Trick or Treat" is held on October 31 when that date (October 31) falls on a Monday, Tuesday, Wednesday or Thursday. When Halloween falls on the weekend nights of Friday, Saturday or Sunday, then "Trick or Treat" is held on the Thursday prior to October 31. The City of Groveport has set its own time between 5:30 pm and 7:00 pm.

In the event of inclement weather, the City of Groveport asks parents to determine themselves whether they wish their children to "Trick or Treat". An annual party held at Groveport Town Hall, sponsored by the Lions Club in conjunction with the City of Groveport, can be moved into the building if needed.

- Marsha Hall, *City Administrator*

### Turkey Fryer Safety continued...

- Propane-fired fryers must be used outdoors. If rain or snow hits the hot cooking oil, the oil may splatter or turn to steam, leading to burns.
- Turkeys must be completely thawed before placing in the fryer.
- Use extreme caution when placing and removing the turkey from the fryer.

The NFPA recommends the use of "oil less" turkey fryers.

# GROVEPORT PARKS & RECREATION DEPT. - General News -

614-836-1000 / www.groveportrec.com

## You're Invited... The Beat Michigan Tailgate Party

Friday, Nov. 21 / 6:30 PM - 9:00 PM  
Groveport Recreation Center Parking Lot  
7370 Groveport Rd.



\$5 youth / \$7 teen & adult... chili dog, chips/pretzels, drink, dessert & 30-seconds to see how much damage you can inflict on a "State Up North" vehicle (sledge hammer & goggles provided).

All proceeds from the Beat Michigan Tailgate Party will benefit Groveport-Madison Human Needs. Also collecting non-perishable food items for Groveport Food Pantry.

Das KaffeeHaus  
Kaffeewagen

Long's Towing



Community helping community one family at a time



FOOD & BEVERAGES



MUSIC



CONTESTS & PRIZES



RAFFLE



CORN HOLE



KIDS' ACTIVITIES



WARMING FIRE & MORE



Chance to win a free annual pass to Groveport Rec Center & more

Inflatables • Face Painting  
Buckeye Craft



Not actual vehicle

For more info. call the Parks & Rec. Dept. at 614-836-1000

# GROVEPORT PARKS & RECREATION DEPT.

## - General News -

614-836-1000 / [www.groveportrec.com](http://www.groveportrec.com)

### Free Blood Pressure Screenings

Compliments of the Madison Township Fire Dept., free blood pressure screenings will be offered in the lobby of the GRC. \*Due to emergency runs, there may be times when the Madison Twp. Fire Dept. staff may not be available.

DATES: Thursday, Nov. 6                      TIME: 9 AM - 12 PM  
            Thursday, Nov. 20

### November Climbing Wall Hours

Tue. & Thurs.      6:00 PM - 8:00 PM  
Sat., & Sun.        12:00 PM - 3:00 PM

Participants under the age of 18 must have the waiver signed by their parent prior to use. All climbers are required to be harnessed and must wear a helmet.



### Meet Fitness Attendant Rick Bush

Rick's alma mater's are Lakewood High School, Columbus State and The Ohio State University. Rick is retired from Nationwide Insurance and enjoys spending time with his wife Donna and grandson Jace. While not at the Groveport Recreation center, Rick is extremely active. Some of his hobbies include cycling, camping, ATVs, hiking, downhill skiing, cross country skiing, kayaking, weightlifting, cooking, watching Nascar, the Browns and the Buckeyes.

### Scholarships Available for Youth Athletic Programs

Marty DuBoe Muncy Memorial Scholarships may be used towards athletic programs through the Groveport Parks & Recreation Dept., such as Youth Soccer & Swim Lessons. For more information about the scholarship program and to see if you are eligible, please contact Groveport Madison Adopt-A-Family at 614-836-7939. Persons that are utilizing scholarship funds must register in-person at the Groveport Recreation Center.



### Birthday Parties

If you are a parent with an active child, you need to read further. For **\$10.50** per person your child and his/her friends can celebrate a birthday at the Groveport Recreation Center. \$210 covers: • 20 Day Passes to the GRC • 90 minute room reservation • 3 Large Single Item Pizzas • 1 Dairy Queen Ice Cream Cake • 4 Two Liters of Pop • Disposable plates, cups, napkins & utensils • T-shirt for the birthday boy or girl • 4 GRC or GAC Day Passes to be used at a later date. Your child will also have his birthday splashed on our massive digital marquee sign. All you need are a few decorations, some invitations and maybe some ear plugs (optional). Minimum party size is 20 (at \$10.50/each). Additional party guests are only \$5/person. To book your child's party, call Braydon Jordan (Front Desk Coord.) at 614-836-1000 ext. 1508 or stop by the front desk anytime.



### Black Friday

The Groveport Recreation Center will be closed on Thursday, Nov. 27 in observance of the Thanksgiving holiday. However, on Friday, Nov. 28, the GRC will be open so you can melt away the Turkey Day lbs.

**HAPPY THANKSGIVING!**



### Quote of the Month

*"When I exercise I wear all black.  
It's like a funeral for my fat!"*

*- Anonymous*

# GROVEPORT PARKS & RECREATION DEPT. - November Fitness Class Schedule -

614-836-1000 / [www.groveportrec.com](http://www.groveportrec.com)

DAY	TIME	CLASS	INSTRUCTOR
Mon.	9:15 a.m.	Trim Tummies	Denune
	9:15 a.m.	*PUROFitness	James
	10:00 a.m.	Water Aerobics	Frank
	10:00 a.m.	Boot Camp	Newland
	10:00 a.m.	SilverSneakers Classic	Denune
	11:15 a.m.	Arthritis Aquatics Program	Frank
	5:00 p.m.	Arthritis Land Based Program	Frank
	5:00 p.m.	*Tae Kwon Ki Do/Karate Ki Do	Evans
	6:00 p.m.	Water Aerobics	Denune
Tues.	6:15 p.m.	Zumba	Frank
	7:00 a.m.	* PUROFitness	James
	8:30 a.m.	Water Aerobics	Denune
	5:30 p.m.	Pilate's	Neu
	6:30 p.m.	Hot Yoga	Blanton
Wed.	6:45 p.m.	Zumba	Neu
	9:15 a.m.	*PUROFitness	James
	9:15 a.m.	* Cycling with Sara	Denune
	10:00 a.m.	Water Aerobics	Frank
	10:15 a.m.	SilverSneakers Yoga	Denune
	11:15 a.m.	Arthritis Aquatics Program	Frank
	6:00 p.m.	Muscle Conditioning/Cardio Circuit	Neu
	6:15 p.m.	Aqua Zumba	Frank
Thurs.	7:15 p.m.	Power Yoga	Blanton
	7:00 a.m.	*PURO Fitness	James
	9:15 a.m.	Stretch to Fitness	Frank
	9:15 a.m.	H2O Kickboxing/Step	Denune
	10:30 a.m.	SilverSneakers Classic	Frank
	5:00 p.m.	Arthritis Land Based Program	Frank
Fri.	6:15 p.m.	Zumba / Strength & Tone	Frank
	8:30 a.m.	Water Aerobics	Denune
Sat.	5:00 p.m.	*Tae Kwon Ki Do/Karate Ki Do	Evans
	8:30 a.m.	Advanced Zumba	Ferrell
	10:00 a.m.	Boot Camp	Newland
Sun.	11:15 a.m.	Indoor Cycling	Newland
	9:00 a.m.	S.W.A.T.	Denune
	11:00 a.m.	Restorative Yoga	Finneran
	12:15 p.m.	Power Yoga	Finneran

\* Pre-registration REQUIRED.

## Meet New Zumba Instructor Kalynn Ferrell



Hello my name is Kalynn Ferrell, I am a hard working mother of a beautiful 5 year old daughter. I have many years of dance experience and have been a certified Zumba instructor for over three years now. My class offers high intensity moves for an interval-style. A total body workout, combining all elements of fitness-cardio, toning, balance, flexibility and serious calorie burning! You will leave the class feeling awesome and wanting more every time.

Ditch the workout and come join my party, get the results you are looking for and enjoy your-self while doing it! If you have any questions please don't hesitate to reach out to me, you can email me at [kalynnstanley@yahoo.com](mailto:kalynnstanley@yahoo.com). I look forward to seeing you in class!

## Buckeye 188 Fitness Challenge



Walk, jog, bike, rollerblade, swim, etc., whatever you prefer. We need you to cover 188 miles (the distance between Columbus, OH and Ann Arbor, MI). Track the mileage for all of your cardio workouts. Hit 188 miles (or more) and you will win a cool t-shirt and be entered into a drawing to win a free month-long pass to the Groveport Recreation Center. If you already have an Annual Pass, give it to a friend. You have between Nov. 1 and 29 (Game Day) to complete the challenge.

**Who:** All ages welcome

**Cost:** \$7

**Registration:** Accepted thru Oct. 31

## Resolution 5k Run/Walk



The Resolution Run/Walk 5K is all about starting the New Year off the healthy way! The course will begin and end on the paved leisure trail surrounding the Groveport Recreation center.

Ages: 13 Yrs. & Above (many age divisions)

Date: Jan. 3, 2015

Fee: \$15

**Accepting registration between Nov. 1 and Jan. 3.**

# GROVEPORT PARKS & RECREATION DEPT.

## - Fitness -

614-836-1000 / www.groveportrec.com

### Important Fact

You do not have to be a Pass Holder/Member to register or participate in any of our classes or programs. Annual Pass Holders pay the resident rate.

### Fitness Freedom Pass

This pass allows you take participating fitness classes at a reduced rate. Simply purchase the package that best suits you and start enjoying. Pick up a Fitness Guide to see all participating classes.

5 Classes	\$20 Resident/Pass Holder	\$25 NR
10 Classes	\$40 Resident/Pass Holder	\$50 NR
20 Classes	\$80 Resident/Pass Holder	\$100 NR

### Zumba Freedom Pass

This pass is similar to the Fitness Freedom Pass. The pass allows to take all Zumba classes at a reduced rate.

5 Classes	\$25 Resident/Pass Holder	\$30 NR
10 Classes	\$50 Resident/Pass Holder	\$60 NR
20 Classes	\$100 Resident/Pass Holder	\$120 NR

## ZUMBA fitness

Want to try Zumba for FREE? Bring a friend and get a FREE Zumba class on:

- Saturday, November 1
- Saturday, November 8
- Saturday, November 15



SPREAD THE WORD  
AND JOIN THE PARTY!

### Muscle Conditioning/Cardio Circuit

This class will focus on a variety of muscle groups and will use all types of equipment. The circuits are designed to obtain the maximum workout by alternating low intensity to high intensity moves. All fitness levels are welcome, beginner to advanced. If you are wanting to try something new every week, work every muscle group, as well as improve your cardiovascular, then this is the class for you!

DATES: Nov. 5 - 26  
 DAYS/TIMES: Wed., 6:00 pm - 6:45 pm  
 FEE: Drop In: \$5 Residents / \$6 Non-Res.  
 Use your Fitness Freedom Pass  
 AGES: 13 yrs. & over  
 INSTRUCTOR: Ann Neu

**NEW • NEW • NEW • NEW**

### Tae Kwon Ki Do/Karate Ki Do (Beginners)



Class is for newcomers to this martial art. Students learn the basic movements and philosophy necessary to build a strong foundation and understanding of what they are learning & why. All students in this class are White Belts, preparing to test for their 1st Yellow Belt.

Ages: 6 & Over  
 Dates: Fridays, Nov. 7 - Dec. 19 Time: 5:00 pm - 5:45 pm  
 No class 11/28 or 12/5  
 Loc.: Groveport Recreation Center  
 Fee: \$24 Res. / \$44 Non-Residents  
 Instructor: Richard & Kazuko Evans

### Tae Kwon Ki Do/Karate Ki Do (Advanced)



Class is for those who have tested, advancing above the rank of White Belt. Students in this class will learn techniques and philosophy above and beyond those at the beginner level. Students in this class are Yellow Belts, up to the rank of Blue Belt (1 test away from achieving Brown Belt).

Ages: 6 & Over  
 Dates: Fridays, Nov. 7 - Dec. 19 Time: 5:45 pm - 6:30 pm  
 No class 11/28 or 12/5  
 Loc.: Groveport Recreation Center  
 Fee: \$34 Res. / \$54 Non-Residents  
 Instructor: Richard & Kazuko Evans

**Classes are for youth and adults.**

*"Martial Arts training helps sharpen & open your mind, keeps your body healthy and helps you find inner peace, while developing spiritual strength."* - **Master Richard S. Evans**

Master Evans has been teaching martial arts for nearly 20 years in Central Ohio. He is a member of "Koreja-Do: Christian Martial Arts Association" and teaches a non-competitive style to be used strictly for self defense. While training, he emphasizes self-defense, physical fitness & mutual respect.



# GROVEPORT PARKS & RECREATION DEPT.

## - Adult Sports -

## - Youth Sports -

614-836-1000 / www.groveportrec.com

### Men's Winter Basketball League

It's time to get off the couch, find your high tops and grab some of your buddies for some rec league hoops action. Teams will play a 10 game schedule and we will wind down the season with a single elimination tournament. Registration is on a first come - first served basis. Games are on Sundays at the beautiful Groveport Recreation Center.

- Ages:** Men 18 years of age & older
- Days:** Sundays, beginning Dec. 7
- Fee:** \$525/team
- Registration:** Oct. 6 - Nov. 30



### Don't have a team? Want to play?

Call Stephania Bernard (Sports/Fitness Manager) at 614-836-1000 ext. 1513. She will then put you on a Free Agent List and try and get you on a team. If there are enough Free Agents, a "Free Agent Team" may be formed.



**Congratulations to C3**  
2014 Monday Men's Fall Softball Champions



**Congratulations to VICTORY HILL**  
2014 Tuesday Men's Fall Softball Champions



Questions regarding the Jump Starts Sports Programs should be directed to Aaron Bally, Area Manager at 440-371-6585 or abally@jumpstartsports.com. \*denotes a \$10 late fee will be assessed if registering after deadline, provided space is still available.

### 3rd - 4th Grade Volleyball Clinic

This is a fun instructional clinic that will cover serves, sets, spikes, blocks, returns, positioning & team strategy. Whether your child is an experienced player or complete novice, they will have fun learning about the sport. Fee includes t-shirt. Knee pads are recommended, but are optional. This program is run by Jump Start Sports.

- Who:** 3rd - 4th Grade Boys & Girls
- Dates/Times:** Mon., Nov. 3 - Dec. 8, 5:30 pm - 6:30 pm
- Location:** Groveport Rec Ctr. **Fee:** \$60\*
- Registration:** **Thru Oct. 28 (LAST CHANCE)**



Volleyball is a sport that can be enjoyed by people of all ages & skill levels. The game can be played indoors & outdoors. It's a fun way to burn calories, strengthen muscles, improve hand-eye coordination, reflexes and balance. It also teaches teamwork & is a great social activity.

### 5th - 6th Grade Volleyball League

The Jump Start Sports Staff will teach the fundamentals of the game of volleyball. Practices will take place on Monday evenings and games will be played on Thursday evenings. Fee includes t-shirt. Knee pads are optional.

- Who:** 5th - 6th Grade Boys & Girls
- Dates/Times:** Mon., Nov. 3 - Dec. 8, 6:30 pm - 7:30 pm  
Thurs., Nov. 6 - Dec. 11, 6:00 pm - 7:00 pm  
\* no program on Nov. 27
- Location:** Groveport Rec Ctr. **Fee:** \$70\*
- Registration:** **Thru Oct. 28 (LAST CHANCE)**



# GROVEPORT PARKS & RECREATION DEPT.

## - Youth Sports -

614-836-1000 / www.groveportrec.com

### 1st - 2nd Grade Basketball Clinic

Enroll your child in this co-ed program designed to teach the fundamentals of basketball. Our staff will cover dribbling, passing, shooting, lay-ups, rebounding, defense and more during our fun-filled sessions at the Groveport Recreation Center. Players will shoot at 8 ft. high hoops and play with age appropriate basketballs. Fee includes keepsake t-shirt and award. Parents interested in helping should contact Vance Casebolt (Recreation Coord.) at 614-836-1000 ext. 1505. NOTE: 3rd graders may participate in this program if they are not interested in playing in the 3rd - 4th Grade Basketball League.

- Who:** 1st - 2nd Grade Boys & Girls
- Dates/Times:** Saturday mornings, Nov. 1 - Dec. 20
- Location:** Groveport Recreation Center
- Cost:** \$45 Resident / \$55 Non-Res.
- Registration:** **Thru Oct. 26 (LAST CHANCE)**



### 3rd - 4th Grade Basketball League

Games will be played on 9 foot hoops with rules geared towards making the league fun with focus on building basketball fundamentals. Players will be evaluated and placed on teams in an effort to create a balanced league. Teams will typically practice one evening per week and will play games on Saturdays and possibly weekday evenings. Fee includes keepsake t-shirt jersey and award. Separate Boys' & Girls' Divisions will be offered. However, in the event that there are not enough players registered to have separate divisions, the divisions will be combined and a co-ed league will be formed. Volunteer coaches are needed.

- Who:** 3rd - 4th Grade Boys & Girls
- Dates/Times:** Nov. 15 - Jan. 10
- Location:** Groveport Recreation Center
- Cost:** \$45 Resident / \$55 Non-Res.
- Registration:** **Thru Oct. 26 (LAST CHANCE)**



### 5th - 6th Grade Basketball League

Games will be played on 10 foot hoops with rules geared towards making the league fun with focus on building basketball fundamentals. Players will be evaluated and placed on teams in an effort to create a balanced league. Teams will typically practice one evening per week and will play games on Saturdays and possibly weekday evenings. Fee includes keepsake t-shirt jersey and award. Separate Boys' & Girls' Divisions will be offered. However, in the event that there are not enough players registered to have separate divisions, the divisions will be combined and a co-ed league will be formed. Volunteer coaches are needed.

- Who:** 5th - 6th Grade Boys & Girls
- Dates:** Jan. - Mar.
- Cost:** \$45 Resident / \$55 Non-Res.
- Registration:** Thru Dec. 29



### OnLine Registration for Programs



In order for you to register online, your email address must match the email address that we have in our database. If your email does not match the one in our system, please stop by the Groveport Rec. Center and check to make sure that we have your correct email address. You will need to provide us with a picture ID (Driver License or State Issued ID Card). This will ensure that your information is current. We will then be able to assign you a User ID and Password (PIN).

If you are a **City of Groveport resident or corporate resident** and have NOT participated in any type of program or have not purchased a membership/pass within the last 6 months, you will need to come into our office so we can verify your residency status. Please bring a valid Driver License and Groveport Water Bill and/or another utility bill. Once we verify your residency status, you will be able to register online and receive the Groveport resident rate.

If you are a **Non-Resident** and have never registered with us, please complete the Non-Resident OnLine ID Request Form, located on our website. Please fax, email or drop-off the completed form to our office so your household information can be entered into our system. Your Username and Password will then be emailed to you so that you can use the online program registration system.

*This article is continued on page 9.*

# GROVEPORT PARKS & RECREATION DEPT.

## - Sports Medicine Minute -

614-836-1000 / [www.groveportrec.com](http://www.groveportrec.com)

### To tape or to brace... is that the question?

Ankle sprains are the most common sports-related injuries in the United States, accounting for an estimated 12 million injuries per year. These injuries can result in significant time away from games and practices. If there was only an easy way of decreasing the number and severity of these injuries, that would be great. For this very reason, the practice of taping ankles before there was an injury was introduced more than 60 years ago.

How, then, do taped or braced ankles decrease the incidence and severity of sprains in athletes? One explanation for how it works comes from a study which found that taped athletes had improved proprioception, which is the body's ability to know where the ankle and foot are, how fast they are moving and if they are starting to roll over or not. When they were compared, the athletes with taped ankles had better proprioception both before and after exercise compared with untaped athletes. The theory is that the traction and/or pressure on the skin of the foot and ankle because of the tape or bracing provided improved sensory input and improved proprioception, resulting in fewer ankle sprains.

Another common concern often expressed by the public is that prolonged taping or bracing of the ankle results in weak ankles that then tend to get injured easier; this would obviously be a strong case against the use of ankle taping or bracing. However, another scientific study looked at the effects of consistent ankle brace use on the peroneus longus muscle, which is an important stabilizer of the ankle, particularly against inversion, the most common type of ankle injury. This study showed that the peroneus longus muscle's ability to fire and do its job was not changed by the long term wearing of an ankle brace.

Many studies have been completed comparing taping versus bracing of the ankle to try to determine which one is better. Some of the studies have had trouble controlling all the different variables that can cause ankle injuries. Most have shown that braces are slightly more effective than taping but that both are better than no support at all. One study found that simply wearing high-top sneakers instead of low-tops prevented some ankle injuries and that high-tops plus taping had more than 50% fewer injuries than low-tops plus taping.

Shoes can get expensive, but whether it's on the field or on the court, they are an important piece of athletic equipment just like your helmet, mouth guard or shin guards. Having a good pair that is designed for your particular sport can help prevent many injuries.

Consult your primary care physician for more serious injuries that do not respond to basic first aid. As an added resource, the staff at **Nationwide Children's Hospital Sports Medicine** is available to diagnose and treat sports-related injuries for youth or adolescent athletes. Services are now available in five locations. To make an appointment, call **(614) 355-6000** or request an appointment online.



There are many brands and type of braces to choose from.



**NATIONWIDE  
CHILDREN'S**

*When your child needs a hospital, everything matters.™*

### OnLine Registration for Programs - continued from page 8

1. Visit our website ([www.groveportrec.com](http://www.groveportrec.com)).
2. On our home page, click the ONLINE REGISTRATION line. This will take you to a Login Page.
3. Type in your Username (ID) and Password (Pin).
4. Change your password. You will be prompted to do this immediately. NOTE: Please make note of your password as our staff will not have access to your password. If you forget your password, please click "Forgot my Password".

If you have any questions, please contact:

Cathy Kirkwood, Administrative Assistant

614-836-1000 ext. 1504 / [ckirkwood@groveport.org](mailto:ckirkwood@groveport.org)

Braydon Jordan, Front Desk Coordinator

614-836-1000 ext. 1508 / [bjordan@groveport.org](mailto:bjordan@groveport.org)

# GROVEPORT PARKS & RECREATION DEPT.

## - Aquatics -

614-836-1000 / www.groveportrec.com

The Groveport Parks and Recreation Department is a local provider of The American Red Cross Learn-to-Swim program.

### Parent & Tot (6 months to 2 years of age):

This class is designed to give children an introduction into the world of pool water. Hands-on parent involvement required. You and your child will gain confidence in the water and learn water safety skills.

### Pre-school Program (3 years to 5 years of age):

Splash, play games and build confidence. Class is designed for children that are unsure of the water.

### LEVEL 1 - Introduction to Water Skills:

Helps students feel comfortable in water. Participants learn to enter & exit water safely, open eyes underwater & pick up submerged object, swim on front & back using arm & leg actions, submerge mouth, nose & eyes, float on front & back, follow basic rules, exhale underwater through mouth & nose, explore arm & leg movements, use a life jacket.

### LEVEL 2 - Fundamentals of Aquatic Skills:

Participants learn to enter water by stepping or jumping from side, open eyes underwater, pick up a submerged object, roll over from front to back & back to front, swim on side, exit water safely using ladder or side, float on front & back, tread water using arm & leg motions, move in the water while wearing a life jacket, submerge entire head, perform front & back glide, swim on front & back using combined strokes.

### LEVEL 3 - Stroke Development:

Participants learn to jump into deep water from the side, bob with head fully submerged, perform survival float, butterfly (kick & body motion), use check-call-care in an emergency, dive from kneeling or standing position, use rotary breathing in horizontal position, change from horizontal to vertical position on front & back, perform the HELP & Huddle position, submerge & retrieve an object, perform front & back glide & crawl, perform a reaching assist.

### LEVEL 4 - Stroke Improvement:

Participants learn to shallow dive or dive from stride position, perform open turns on front & back using any stroke, swim underwater, tread water using sculling arm motions & kick & perform feet first dive. Swimmers will perform front & back crawl, swim on side using scissors-like kick, breaststroke, butterfly & elementary backstroke.

### LEVEL 5 - Stroke Refinement:

Participants learn to tread water with two different kicks, learn survival swimming & perform rescue breathing. Swimmers will perform standing dive, pike surface dive, butterfly, shallow dive, front flip turn, breaststroke, backstroke flip turn, elementary backstroke, tuck surface dive, front & back crawl, sidestroke.

### LEVEL 6 - Swimming & Skill Proficiency:

Participants will refine their strokes so they swim with ease, efficiency, power and smoothness over greater distances. This class prepares swimmers to participate in more advanced courses, including Water Safety Instructor & Lifeguard Training Courses. These options include: personal water safety, fitness swimming, lifeguard readiness & fundamentals of diving.

## Group Swim Lessons



Let our staff teach your child the skills they will use the rest of their life. Classes normally fill quickly. Registrations are taken on a first come, first served basis. In the event of "bad" water chemistry or storms in the area, some classes may be held out of the water.

**Ages:** All (6 months - 15 years & Adults 16+)

**Fee:** \$45 Res / \$55 Non-Res

**\$5 late fee assessed if participant is registering after posted registration deadline & provided space is still available.**

**Dates:** Oct. 28 - Nov. 25 (T/Th., PM @ indoor)

No class on Thursday, Oct. 30 due to Groveport Trick-Or-Treat.

Registration = Oct. 13 - 27

## Private & Semi-Private Lessons

Is your little one having a hard time integrating into a group lesson? Are you looking for stroke refinement for your older swimmer? Private Lessons might be just what you need. We offer Private (1 swimmer) or Semi-Private (2 or more swimmers) Lessons with an instructor.

Please contact Kelly Carter (Aquatics Coord.) at 614-836-1000 ext. 1512 to be set up with an instructor. The cost is \$180 for six 30-minute Private Lessons or \$240 for six 30-minute Semi-Private Lessons.

## Master's Swimming

Are you at least 19 years of age? Enjoy swimming as part of your workout? If so, give Kelly Carter (Aquatics Coord.) a call at 614-836-1000 ext. 1512 or send her an email at kcarter@groveport.org. She would be happy to give you more information regarding our Masters Swim Team. Practices are Mon., Wed. & Fri., 6 - 7 AM.

## SCUBA

Columbus Scuba is back offering classes at the GRC. Next session will meet on Nov. 2, 9, 16 and 23 (5:00 PM - 8:00 PM) at the Groveport Recreation Center. \$375 per person, make checks payable to Columbus Scuba. To learn more about necessary equipment, etc., call 614-500-7234.

# GROVEPORT PARKS & RECREATION DEPT.

## - Classes & Special Events -

614-836-1000 / www.groveportrec.com

### Parent-Tot Open Gym & Swim

**Open Gym** - We provide the space, music, toys & opportunities for gross motor play, as well as some structured staff led activities. Come have fun and make some new friends. Participants must wear soft soled shoes and all children must be accompanied by an adult. **Open Swim** - All children must be accompanied by an adult and children that are not toilet trained must wear swim diapers.

**Who:** Parents & their kids (5 yrs. & under)  
**Date & Time** Mon. (Gym), Wed. (Gym), Fridays (Swim)  
 10:00 AM - 11:00 AM  
**Cost:** \$2.50 one child; \$4 two children;  
**PARENTS ARE FREE.** \$5 three children; \$8 four+ children  
 \$20 for a 10 visit punch pass.  
 Kids must be in same family to receive multi-child discounted rate.

### Kids' Night Out

Ditch the parents and head to the GRC for some good old fashion fun. Well, you might need a ride. Play games, swim, eat pizza, climb the wall (on occasion) and more under the watchful eyes of our staff. Pack your swim suit and towel as well. Don't forget your tennis shoes! Space is limited so sign up early. Where else can you find a deal this good?

**Who:** 6 - 11 year olds  
**Dates/Times:** Fridays: Nov. 7 & 21 5:30 PM - 8:30 PM  
**Cost:** \$ 8 Res. / \$10 Non-Res.  
**Registration:** The deadline to register is the Wed. before the scheduled Friday.



### Dinner With Santa

Santa will be in Groveport and we have made arrangements with Mrs. Claus to have Santa stop at the GRC for Dinner on the evening of Saturday, Dec. 13. He is finalizing his List and wants all area children to come and visit him just in case there are any last minute requests. Semi-formal dinner and drinks will be provided. Other activities include photo with Santa, caroling, crafts, coloring, dancing and tons of holiday fun. All children must be accompanied by an adult. All participants must pre-register. Space is limited.

**Who:** All (Family Event)  
**Dates/Time:** Sat., Dec. 13 / 5:30 PM  
**Cost:** \$6 per person  
**Register:** Nov. 1 - Dec. 1

### Santa's Calling

Would you like to have your son or daughter receive a personal phone call from Santa or Mrs. Claus? We've made arrangements with the Jolly Ole Family to help us out over a two-day period. Forms are available at the Groveport Rec. Center. This program has been a big hit in year's past. Please do not wait until the last minute to register.

**Who:** Children 3 years & above  
**Dates/Time:** December 16 & 17 (5:30 PM - 8:30 PM)  
**Cost:** Free  
**Register:** Nov. 1 - Dec. 15

### Swim With Santa

Santa will be visiting the indoor pool and kids & adults will have an opportunity to swim with the Big Elf. Santa and his lifeguard elves will be listening to holiday wishes and handing out candy & gifts to all registered participants. Bring your camera if you would like to have your photo taken with Santa. All children must be accompanied by an adult. All persons attending event must be registered.

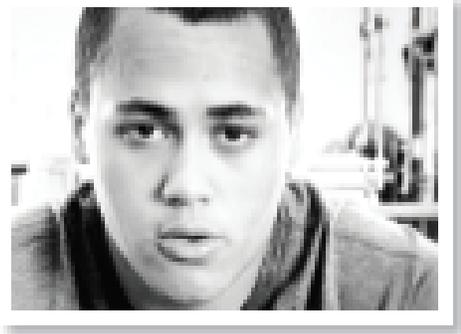
**Who:** All  
**Dates/Time:** Friday, Dec. 12, 6:30 pm - 8:30 pm  
**Cost:** \$4  
**Registration:** Nov. 1 - Dec. 10  
**Location:** GRC Indoor Pool

# GROVEPORT PARKS & RECREATION DEPT. - Important Dates -

614-836-1000 / [www.groveportrec.com](http://www.groveportrec.com)

EVENT / PROGRAM	DATE
1st - 2nd Grade Basketball Clinic - registration deadline	Oct. 26
3rd - 4th Grade Basketball League - registration deadline	Oct. 26
JSS 3rd - 4th Grade Volleyball Clinic - registration deadline	Oct. 28
JSS 5th - 6th Grade Volleyball League - registration deadline	Oct. 28
Buckeye 188 Fitness Challenge - registration deadline	Oct. 31
Free Zumba Class (page 4)	Nov. 1
Dinner With Santa • Swim With Santa Santa's Calling - registration begins	Nov. 1
Resolution 5k Run/Walk - registration begins	Nov. 1
1st - 2nd Grade Basketball Clinic begins	Nov. 1
SCUBA begins in the GRC's indoor pool	Nov. 2
NEW Muscle Conditioning/Cardio Circuit class begins	Nov. 5
Kids Night Out at GRC Tae Kwon Do/Karate Ki Do begins	Nov. 7
Free Zumba Class (page 4)	Nov. 8
Free Zumba Class (page 4)	Nov. 15
Kids Night Out at GRC	Nov. 21
Beat Michigan Tailgate Party at GRC (6:30 PM - 9:00 PM)	Nov. 21
Thanksgiving - Groveport Recreation Center CLOSED	Nov. 27
Black Friday - Groveport Recreation Center OPEN	Nov. 28
Men's Winter League Basketball - registration deadline	Nov. 30

Please see page 7 for Important Dates regarding our Learn To Swim Program.



## There's only one sports medicine leader for serious athletes.

We're the best at getting them ready for battle. The best at getting them back in the game. And the best at bringing their goals into reach. We're the sports medicine experts at Nationwide Children's Hospital and we're the best equipped to treat concussions, rehab sports injuries or prevent them from happening in the first place. So, if your athlete is 18 or under, don't risk their career to anyone else.

For more information  
about our five central Ohio locations, visit  
[NationwideChildrens.org/Sports-Medicine](http://NationwideChildrens.org/Sports-Medicine)



**NATIONWIDE  
CHILDREN'S**

*When your child needs a hospital, everything matters.™*

# GROVEPORT SENIOR CENTER

## - General News -

614-836-4599 / [www.groveportrec.com](http://www.groveportrec.com)

Are you 55 years or older? Do you enjoy shooting pool, playing cards, going on day and overnight trips, playing board games, participating in educational seminars, dancing, exercising, playing shuffleboard, making crafts, eating meals, playing ping pong, participating in holiday special events and more? If so, you might want to consider joining the Groveport Senior Center. Under most cases, persons must be a member of the Groveport Senior Center to participate in programs. Annual membership dues are only \$6. Questions, call Deb at 614-836-4599.

### DAILY ACTIVITIES

Monday	Bridge	11:30 a.m.
	Progressive Euchre	12:30 p.m.
Tuesdays	Line Dancing	9:30 a.m.
	Pinochle	11:00 a.m.
Wednesdays	Game Day	11:00 a.m.
	Pinochle	3:30 p.m.
Thursday	Lunch	11:45 a.m.
Saturday	Progressive Euchre	4:00 p.m.

### UPCOMING ACTIVITIES & TRIPS

**Oct. 29: La Comedia Dinner Theatre presents "He Keeps Me Singing".** \$60/person, includes motor-coach transportation, a delicious lunch buffet and show.

**Nov. 14: Monthly Craft.** Join us as we make a different craft each month. Pre-registration is required for this FREE event. Sponsored by: Winchester Place.



Ladies enjoy the Fall Scarf Tying Class

### Metro Parks Walking Program

#### WHAT:

The Groveport Senior Center is offering a new program that will get us out into the beauty of the Columbus & Franklin County Metro Parks. It's time to put on your favorite walking shoes and leisurely stroll through some of the state's most beautiful parks. The walks will be supervised by a member of the Groveport Senior Center staff and will take place on paved trails that venture in and around prairies, woodlands, marshes, ponds and more.

#### WHY WALK:

Physical activity does NOT need to be complicated. A daily brisk walk can help you live a longer & healthier life. Here is why you need to join us for a walk: (1). maintain a healthy weight, (2). strengthen your bones, (3). lift your mood, (4). improve your balance & coordination, (5). prevent or manage various conditions, including heart disease, high blood pressure and type 2 diabetes, (6). slow down the aging process, (7). lower your risk for cancer, (8). increase your lung function, (9). improve your flexibility & (10). burn off stress.

#### REMAINING SCHEDULED WALKS:

Oct. 14	Slate Run
Oct. 21	Pickerington Ponds
Oct. 28	Walnut Woods

Participants will meet at the Senior Center at 9:45 a.m. and drive to the parks noted above. Please register at least 2 days prior to each scheduled walk.



# GROVEPORT CULTURAL ARTS CENTER - Adult Programs -

614-836-3333

community affairs department

## Tuesdays @ One

Adult (child friendly) art and education program every Tuesday. Speakers, demonstrations, creative projects & activities. Do to supplies being provided, please call to register.

- Who:** Adults (child friendly) 
- Dates/Times:** Tuesdays, 1:00 pm - 2:00 pm
- Location:** Groveport Town Hall
- Cost:** FREE
- Registration:** Accepted thru Tuesday of each class

## NOVEMBER EVENTS

- Nov. 4 **Let's Open the Medicine Cupboard**  
By OSU Extension Office
- Nov. 18 **Wine Bottle Craft** (supplies provided)
- Nov. 25 **Simple Treasures** (supplies provided)



*Town Hall will be closed Tuesday, November 11, 2014 in observance of the Holiday*

## Line Dancing

All skill levels and ages are invited to participate in this daytime line dancing program. Please wear shoes with leather soles or socks.

- Dates/Times:** Mon. & Wed 10:00 am - 11:30 am
- Location:** Groveport Town Hall
- Cost:** Free
- Registration:** Drop in

## The Art of Movement Foundations

The Art of Movement Foundations combines the East and West intuitive dance practices to help you add energy and relieve stress.

- Dates/Times:** Thursday 6:30 pm - 8:00 pm
- Location:** Groveport Town Hall
- Cost:** \$4 Residents / \$5 Non-Res.
- Registration:** Drop in

## Warm Wishes Coat & Food Drive

During the month of November, Groveport will be collecting coats, warm apparel and nonperishable food items to benefit our "friends in need" within our local community.

- When:** The entire month of November
- Location:** Town Hall, Recreation Center, KidSpace

\*November 22 from 10:00 am to noon we will also have a convenient drive by drop off at KidSpace.\*

## 2014 Veteran's Day

NOVEMBER 11, 3:00PM

Veteran's Park, 421 Main Street, Groveport, Ohio 43125  
Guest Speaker: Ed Reeves



Ed Reeves was drafted into the United States Army in 1969 and served until July 4, 1971. He went to Basic & Advance Training at Ft. Jackson South Carolina. Volunteered and went On Lease and Off Lease Scout Dog School at Ft. Benning Georgia (Scout Dog Handler) and went to Vietnam (1970 to July 4, 1971) serving as point man with the 33rd Scout Dog Platoon 4th Infantry Division at An Khe and the 47th Scout Dog Platoon 101st Airborne Infantry Division at Phu Bai, Vietnam. He received his honorable discharge from the Army in 1971. Ed married Debbie Swartz his childhood sweetheart in 1972 and they have a son Ed and a daughter Kelly and two grandchildren. He retired from the U.S. Post office and now volunteers at Motts Military Museum.

# GROVEPORT CULTURAL ARTS CENTER

## - Adult Programs -

614-836-3333

community affairs department

### Elegant Profile Dance

The Elegant Profile Dance Class focuses on the most beautiful & graceful synchronized dances is a similar to Rumba and Waltz line dances. Dress is casual, and no previous experience is necessary as each dance will be instructor led. Ages 15 and up.

**Dates/Times:** Mon. & Wed, 10:00 am - 11:30 am

**Location:** Groveport Town Hall

**Cost:** Free

**Registration:** Drop in

### TOPS Weight Loss Support Group

**Who:** Everyone

**Dates/Times:** Wednesdays

**Location:** Groveport Town Hall

### OSU Mesh Wreath Class

O-H-I-O! Participants will learn how to make a mesh wreath and decorate with silk flowers. Minimum of 3 participants are needed.

**Who:** Adults (15 yrs. & up)

**Dates/Times:** November 3

**Location:** Groveport Town Hall

**Cost:** \$40 Residents / \$45 Non-Res.

**Registration:** Prepay by November 1

### Intermediate Knitting - Christmas Stocking

Learn to knit a sock, but larger! Sock knitting made easier with heavier yarn and larger needles. Participants should be very capable of cast-on, knit, purl, bind off and some experience working in the round is helpful. Call for supply list.

**Who:** Adults (15 yrs. & up)

**Dates/Times:** Wednesday Nov.5, 12, 19 & 26 / 6:30pm

**Location:** Groveport Town Hall

**Cost:** \$10 Residents / \$12 Non-Res.

**Registration:** Prepay by November 4

### Scrapbooking Club - School Days Album

This new club will meet the first Thursday of the month and will focus on a new project each time. Make a school days mini scrapbook album to preserve your child's school years. Call for supply list.

**Who:** Adults (15 Yrs. & Up)

**Dates/Times:** Thursday November 6 / 6:30 pm - 8:00 pm

**Location:** Groveport Town Hall

**Cost:** Free / Call for supply list

**Registration:** Up thru each program date

### Basic Bow Making Class

Have you admired those beautiful bows used for decorations and gifts? You can learn how to make your own. In this one hour class participants will learn how to make a basic Pom Pom bow with tails. Various textures of materials can be brought. Pipe cleaners will be provided. A minimum of 5 students are needed for this class.

**Dates/Times:** November 10 / 6:30 pm

**Location:** Groveport Town Hall

**Cost:** \$10 Residents  
\$12 Non-Res.

**Registration:** Prepay by November 7



### Essential Oils

From infancy to your golden years, essentials have wonderful applications for your whole family, including your pets! Come and learn all about the benefits of essential oils. In this class we will discuss essential oils basics and their use for stress and pain management, emotional support, boosting energy, autism, cooking, cleaning, and personal care.

**Dates/Times:** November 10 / 6:30 pm

**Location:** Groveport Town Hall

**Cost:** Free

**Registration:** Drop in



# GROVEPORT CULTURAL ARTS CENTER

## - Adult Programs -

614-836-3333

community affairs department

### Quilling

What is Quilling? It's the perfect craft project! Basically quilling is the art of rolling, folding, twisting or otherwise shaping narrow strips of paper and arranging them to create beautiful designs. Come join us to learn the technique.



**Who:** 12 yrs. & up  
**Location:** Town Hall  
**Cost:** Free  
**Registration:** Up to day of program

### Sew a Warm & Cozy Pocket Scarf

These festive scarves will warm your hands and can hold you cell phone, keys or glasses when you're out and about or just on a stroll. They are quick and easy to make and wonderful for a gift giving. Call for a supply list. Some machines available.

**Who:** Adults  
**Dates/Times:** November 13 / 6:30 pm  
**Location:** Groveport Town Hall  
**Cost:** \$15 Residents / \$18 Non-Res.  
**Registration:** Prepay by November 11

### Custom Cakes & Confections Providing a Class

Join us in this fun one hour class. Parchment bags, icing, wax paper and cookies will be provided. Call for supply list.

**Who:** Everyone  
**Dates/Times:** November 15 / 11:00 am  
**Location:** Groveport Town Hall  
**Cost:** \$8 Residents / \$10 Non-Res.  
**Registration:** Prepay by November 14

### Buckeye Tail Gate Party



You're invited! We are having a party at Lovell's Grille when The Buckeyes take on the Spartans. All you can eat menu. Includes: brats, hot dogs, wings, mac & cheese, potato salad, dessert, condiments and soft drinks. Bring your own lawn chair. Prize for the best team football attire. \$5 a square football pool. Corn hole at halftime. Game will be shown on multiple flat screen TVs in the facility.

### Words of Wisdom for November

*"If you can dream it you can do it"*

- Walt Disney

### RECIPE OF THE MONTH

#### Caramel Apple - Brownie Cheesecake

- 3/4 cup chopped pecans
- (2) 8 oz. pkgs soft cream cheese
- 1/2 cup granulated sugar
- 1 teaspoon vanilla extract
- 4 large eggs, divided
- 1/2 cup firmly packed light brown sugar
- 1/2 cup butter melted
- 1/2 cup butter, melted
- 1 cup all purpose flour
- 1 teaspoon ground cinnamon
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 1 1/2 cups peeled & diced Granny Smith Apples
- Caramel Apple Topping
- Caramel Apple Sauce

1. Preheat oven to 350 degrees. Bake pecans in a single layer in a shallow pan 8 to 10 minutes or until lightly toasted & fragrant, stirring halfway through. Reduce oven temp. to 325 degrees. Sprinkle pecans over bottom of a greased and floured shiny 9-inch spring form pan.
2. Beat cream cheese, granulated sugar & vanilla at medium speed with a heavy-duty electric stand mixer until blended & smooth. Add 3 eggs, one at a time, beating just until blended after each addition.
3. Whisk together brown sugar, melted butter & remaining egg in a large bowl until blended.
4. Stir together flour & next 3 ingredients; add to brown sugar mixture, and still until blended. Stir in apples. Spoon batter into prepared pan. Carefully spoon cream cheese mixture over batter.
5. Bake at 325 degrees for 1 hour and 10 minutes or until set. Remove from oven and gently run a knife around outer edge of cheese cake to loosen from sides of pan. (Do not remove sides of pan). Cool completely in a pan on a wire rack (about 2 hours).

**Who:** Everyone  
**Dates/Times:** Saturday Nov. 8 / 8:00 pm - 11:30 pm  
**Location:** Lovell's Grille (at The Links At Groveport)  
**Cost:** \$15.00/person pre-sale. \$20/person at door  
**Ticket Sales:** Pre-sale ticket are on sale at Groveport Town Hall thru November 3.

# GROVEPORT CULTURAL ARTS CENTER - Youth Programs -

614-836-3333

community affairs department

## Silly Science Saturday

Become a "mad Scientist" and concoct weird experiments with everyday kitchen items.

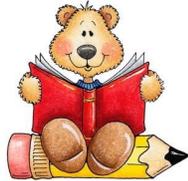
**Who:** Preschool children  
**Dates/Times:** Grow With Me: Tues. & Wed. 10-11:30 am  
Rock n' Rollers: Thurs. 10-11:00 am  
Preschool Picassos: Fri. 10 - 11:00 am  
**Location:** KidSpace, 630 Wirt Road  
**Cost:** Free  
**Registration:** Drop in



## Preschool Story Hour

Little ones can join Miss Angela at the KidSpace library for story time and a craft. A different children's author will be highlighted each month. Min. of 10 registrations needed.

**Who:** 1 - 5 yrs.  
**Dates/Times:** November 13 / 6:30pm  
**Location:** KidSpace, 630 Wirt Road  
**Cost:** Free  
**Registration:** November 12



## Turkey Feathers!

Make a wild looking turkey with colorful feathers.

**Who:** 3 - 10 yrs.  
**Dates/Times:** November 4 / 7:00 pm  
**Location:** KidSpace, 630 Wirt Road  
**Cost:** Free  
**Registration:** By November 3



## Horn of Plenty

Learn about its history and make a cornucopia decoration for your Thanksgiving table.

**Who:** 5 - 10 yrs.  
**Dates/Times:** November 12 / 7:00 pm  
**Location:** KidSpace, 630 Wirt Road  
**Cost:** Free  
**Registration:** By November 11

## Knotted Fleece Pillow

Learn to make a fleece pillow in this fast and easy no sew class.

**Who:** 5 - 10 yrs.  
**Dates/Times:** November 18 / 7:00 pm  
**Location:** KidSpace, 630 Wirt Road  
**Cost:** Free  
**Registration:** By November 17

## Holiday Nail Art

Learn fun and fancy nail art from the OSU Salon Schools of Canal Winchester. Call to register. Space is limited.

**Who:** 10 and up with a parent  
**Dates/Times:** November 20 / 6:30 pm  
**Location:** Town Hall  
**Cost:** Free  
**Registration:** By November 19



## Letters to Santa

Starting Dec. 1 thru Dec. 22, you can drop off your letter with a self addressed postage paid envelope in our Santa mailbox out front of Town Hall.

## Do you like to decorate?

**If you would like to help us decorate Town Hall for the holidays, please give us a call at 614-836-3333. We welcome volunteers year round for various events & programs.**



# GROVEPORT CULTURAL ARTS CENTER - Youth Programs -

614-836-3333

community affairs department

## The INK Academy School Readiness Programs

The INK Academy is designed to provide academic enrichment programs for children and youth. We believe that every child is born with abilities and our goal is to assist each child with discovering and unlocking the abilities for reading, writing and mathematical concepts.

In November, The INK Academy Discovery Programs will be offered on Saturday mornings. Two different series will be available consisting of 4 classes each. Income based scholarships are available. Call for more information and to register your child.

- Who:** 2 - 5 yrs.  
**Dates/Times:** November - Saturday mornings  
**Location:** Town Hall  
**Cost:** \$120 Resident / \$120 Non-Res.  
**Registration:** By October 29



## Get Ready for Winter

Join a Metro Parks naturalist and enjoy fun activities while learning how wild animals stay warm in the winter.

- Who:** Preschoolers  
**Dates/Times:** November 11  
**Location:** Nature Center – Heritage Park  
551 Wirt Road  
**Cost:** Free  
**Registration:** Drop in



## Donations Accepted

**If you have scrapbook, fabric or craft items that you are no longer using, please consider donating them to the Community Affairs Dept. at Town Hall.**

## Santa Night!

Saturday December 5 at 6:30 pm Santa will light the tree across from Town Hall, then join us at Town Hall at 7:00 pm to have a visit with Santa. More information about activities and times please call.



## Victorian Christmas

Saturday December 13 at 7:00 pm join us for a Victorian Christmas. Live music, join in instructional dancing, light refreshment and crafts.



*A Joyful Christmas*

## Need a room to hold your meeting?

**Room rentals at Town Hall and Crooked Alley KidSpace are available. However, open dates will be filling quickly. Please contact us at 614-836-3333.**

**HAPPY  
THANKSGIVING!**

# GROVEPORT CULTURAL ARTS CENTER

## - Important Dates -

614-836-3333

community affairs department

EVENT / PROGRAM	DATE	EVENT / PROGRAM	DATE
The INK Academy	Sat., Nov. 1	Line Dance	Wed., Nov. 19
Line Dancing	Mon., 3	TOPS Weight Management Class	
Elegant Dance		Elegant Dance	
OSU Wreath Bow Making		Knitting	
		Grow With Me	
Tuesdays @ One - Let's Open the Medicine Cupboard	Tues., Nov. 4	Art of Movement Foundations	Thurs., Nov. 20
Turkey Feathers!		Preschool Rock n' Rollers	
Grow With Me		Holiday Nail Art	
		Preschool Picassos	Fri., Nov 21
Line Dance	Wed., Nov. 5	Line Dance	Mon., Nov. 24
TOPS Weight Management Class			
Elegant Dance		Tuesdays @ One - Simple Treasures	Tues., Nov. 25
Knitting		Quilling	
Grow With Me		Grow With Me	
Art of Movement Foundations	Thurs., Nov. 6	Line Dancing	Wed., Nov. 26
Scrapbooking Club		TOPS Weight Management Class	
Preschool Rock n' Rollers		Elegant Dance	
		Knitting	
The INK Academy	Sat., Nov. 8	Grow With Me	
Silly Science Saturday		Thanksgiving	Thurs., Nov. 27
		(Town Hall Closed)	Fri., Nov.28
Essential Oils	Mon., Nov. 10		Sat., Nov. 29
Bow Making			Sun., Nov. 30
Veteran's Day (Town Hall Closed)	Tues., Nov. 11		
Line Dancing	Wed., Nov. 12		
TOPS Weight Management Class			
Elegant Dance			
Knitting			
Grow With Me			
Horn of Plenty			
Art of Movement Foundations	Thurs., Nov. 13		
Sew a Warm and Cozy Pocket Scarf			
Preschool Story Time			
Preschool Picassos	Fri., Nov. 14		
The INK Academy	Sat., Nov. 15		
Custom Cakes & Confections Class			
Line Dancing	Mon., Nov. 17		
Tuesdays @ One - Wine Bottle Giving	Tues., Nov. 18		
Thanks Craft			
Knotted Fleece Pillow			
Grow With Me			

NOTE: Many of the programs noted have registration deadlines. For more info., please refer to each individual program description. - Thank you.

### NOVEMBER & DECEMBER ART GALLERY

**At: Groveport Town Hall**  
**By: Jerry and Jeneane Miles**

Elaborate village setting of hundreds of whimsical  
animated figurines featuring  
Department 56 North Pole Series.



**City of Groveport**  
**655 Blacklick Street**  
**Groveport, Ohio 43125**  
**www.groveport.org**

Municipal Offices, 655 Blacklick Street	614-836-5301
Crooked Alley KidSpace, 630 Wirt Rd.	614-836-3333
Recreation Center, 7370 Groveport Rd.	614-836-1000
Police Dept., 5690 Clyde Moore Drive	614-830-2060
Public Works, 7400 Groveport Rd.	614-836-3910
Town Hall, 648 Main Street	614-836-3333
The Links at Groveport, 1005 Richardson Rd.	614-836-5874

Lance Westcamp..... Mayor  
 Shawn Cleary, Ed Dildine, Donna Drury,  
 Jean Ann Hilbert, Becky Hutson, Ed Rarey..... Council

Marsha Hall ..... City Administrator  
 Ralph Portier ..... Police Chief  
 Kevin C. Shannon ..... Law Director  
 Jeff Green ..... Asst. Administrator/Finance Dir.  
 Tom Walker.....Director of Golf  
 Kyle Lund .....Parks & Recreation Director  
 Patty Storts.....Community Affairs Director  
 Tom Byrne.....Director of Facilities Management  
 Dennis Moore.....Public Works Superintendent  
 Stephen Moore.....Chief Building Official

**Department Phone Numbers**

Administration.....	614-830-2042
Building & Zoning.....	614-830-2045
Clerk of Council.....	614-830-2053
Clerk of Court.....	614-830-2043
Community Affairs.....	614-836-3333
Finance.....	614-830-2048
Human Resources.....	614-830-2051
Law Director.....	614-830-2059
Parks & Recreation.....	614-836-1000
Police.....	614-830-2060
Public Works.....	614-836-3910
Utilities.....	614-830-2048

**Community Meetings**

Nov. 5, 9:00 a.m.	Cemetery Committee (Public Works Facility)
Nov. 10, 5:30 p.m.	Trees & Decorations Committee (Municipal Bldg.)
Nov. 10, 6:30 p.m.	City Council (Municipal Bldg.)
Nov. 17, 6:30 p.m.	Council Committee of Whole (Municipal Bldg.)
Nov. 24, 6:30 p.m.	City Council (Municipal Bldg.)

