

Groveport Senior Center

NOVEMBER/DECEMBER 2014

7370 Groveport Rd.
Groveport, OH 43125
614-836-4599
www.groveportrec.com

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HOURS OF OPERATION

Hours of operation for the senior center are generally 8:00 a.m.–5:00 p.m.

The senior center is a drop in center. You should always have your access card to enter, but **must** have it if you are entering during non-business hours.

Current drop in hours are:

M–F 5:30 a.-9:00 p.
Sat. 8:00 a.-8:00 p.
Sun. 8:00 a.-6:00 p.

PRESIDENT'S POINT

Hi Members,

The year is winding down. November brings us a day to cast our vote for the people who will govern our state. Be sure to exercise your right to VOTE, it's a privilege.

I think we are fortunate to have this senior center. It gives us a place to meet people our age and enjoy their fellowship. Try it, you'll like it!

I have considered it a privilege to work with the center board as your president this past year. I appreciate all the help the board has been given. Please keep up the good work with Linda Cairney and the rest of the officers and board members next year and beyond.

Have a good Thanksgiving, a Blessed Christmas and a safe and healthy new year.

Joan Williams, President



COORDINATOR'S CORNER

Hello Members,

I need to address the weekly lunch rules. Several people have been cancelling after the Tuesday morning deadline. I go to the grocery late morning on Tuesday and after I have gone I have bought what is needed to prepare lunch for the number of people signed up that week. From here on out, if you cancel after 11:00a.m. Tuesday, you are required to pay for your reservation. In order to keep the weekly cost at \$2.00 we have to break even and with people cancelling after the deadline, we are losing money.

The recreation and senior centers are closed on Friday, December 5th for cleaning and maintenance. Please mark your calendars.

The 2015 membership renewal form is included with this newsletter. Please fill them out, sign the back and drop off or mail them along with your \$6.00 dues **after November 15th.** You must fill out a new form each year.

Thanks to our outgoing board members President, Joan Williams and board member Pauline Etgen for their service to your organization over the last two years. Please see the slate of members running this year on page 10.

I wish all of you a happy, healthy and prosperous Holiday season!

Regards, Deb

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MONTHLY INFORMATION



HAPPY BIRTHDAY



We wish a very Happy Birthday to those celebrating in the following months:

NOVEMBER

Mary Anderson, Sandra Bacon, Ruby Bailey, Mitzi Bechtel, Jo Ann Blauser, Gene Bozman, Sue Clark, Diana Coffee, Anna Donhauser, Regina Eisleben, Linda Ellinger, Joan Fetters, Charles Flesher, Robert Gaskell, Thelma Hicks, John Jones, Susan Kandel, Stephen Knorr, Jackie McGraw, Evelyn Mullins, Stan Runyan, Mary Sims-Short, James Stokes, Geraldine Streamer, Yee Sung, John Tilley, Sandra Trent, Betty Tucker, Joyce Voellinger, Anna Waddell, John Wald, Jutta Westermann, Beverly Wilson, Helen Wilson, Betty Woodie, Jo Ann Yarger

DECEMBER

Nancy Belloat, Wanda Berry, Kim Clements, Linda Coffman, Martha Beyer-Cox, Carla Cramer, Leslee Dixon, Karen Edwards, Myra Elmore, John Fetters, Carole Graening, Lester Hayslip, Jim Hedrick, Jeanette Justice, Cathy Kirkwood, Kathy Limbach, Judy McDaniel, Tim Moench, Evelyn Mowbray, Barbara Petras, Eloise Pittsenbarger, Saundra Raines, Ed Rarey, Patty Ray, George Ray, Shirley Rhea, John Ritter, Gene Schrader, Bonnie Shultz, Steve Shipe, Emily Simon, Almeda Tucker, David Tuller, Joan Wald, Shelby Westwood-McBane

LUNCH SPONSORS

Thanks to the many businesses who sponsor our Thursday lunches. It is because of their generosity that we can continue to charge only \$2.00 per week.

Lunch Sponsors:

November: St. Joseph's Hospice & Wesley Ridge

December: Home Instead Senior Care & Altercare of Canal Winchester



HAPPY ANNIVERSARY

We wish the following couples many more happy years together:

NOVEMBER

Jerry & Kim Clements, Bob & Linda Herrick, Thomas & Jeanie Paulus, George & Patty Ray, James & Rhonda Smith

DECEMBER

Lewie & Janice Compton, Ken & Linda Ellinger, Robert & Sheila Gaskell, Melvin & Marsha Harty, Ed & Anne Rarey, Tom & Shelby McBane, John & Wanda Wollam

SENIOR CITIZENS INC. MONTHLY MEETING

The monthly meeting meal schedule for 2014 is as follows: Catered meals are in November and December. We start all over again with pot lucks in January and February 2015.

For the pot luck meals please bring a covered dish to share to serve 8 people and a plate to eat on. Drink cups, napkins, and flatware are provided. For catered meals be sure to purchase tickets by the monthly deadline. Please see the upcoming menus on **page 3**.

Try to join us for the monthly meetings. Gift cards, including a \$25.00 grocery card are given out as door prizes.

Hope to see you here!!

KUDOS DESERVED

A special thanks to one of our members, Sharon Wilson. She was working the bean dinner, found \$100, turned it in and we were able to locate the person who lost it and return it to her. There were two fifties with a staple in them and the owner was able to identify that. Thanks Sharon for your honesty.

MONTHLY INFORMATION

OUTREACH REPORT

OCTOBER

Get Well: Marilyn Badurina, Dan Casebolt, Corda Adams, Tina Gibson, Lily Franks

Thinking of You:

Sympathy: To Richard Sargent for the loss of his wife.

Our thoughts and prayers are with you all.

Please call Outreach Chairperson Jackie Keck at (614) **920-3071** to report any illnesses or deaths.

MONTHLY DOOR PRIZE WINNERS

OCTOBER

\$25.00 Grocery Card– Mike Stoltz

\$5.00 Gift Cards– Gene Guay, June Chadwell, Evelyn Schiller

RECIPE OF THE MONTH

7 LAYER BARS

3/4 stick margarine, melted

1 cup Graham Cracker crumbs

6 ounces each, butterscotch, peanut butter & chocolate chips

1/2 cup coconut

1/2 cup nuts, chopped

14 ounce can Eagle Brand Condensed Milk

Layer ingredients in order in a 9 x 11 baking dish.

Drizzle milk over top and bake at 325 degrees for 30 minutes. Cool before cutting.

ENJOY!

Thanks to **Jean Hornyak** for the above recipe.

Please send or drop off one of your recipes to share!



WELCOME

NEW MEMBERS

Karen Edwards

Judy Ketterer

Jeanine Donaldson

Mary Hosfeld

Lee Nagel

John & Joyce Harris

We welcome the following new members to the senior center and hope you join us for some of our activities.

CATERED MEAL MENUS

Tickets are **\$7.00 members/\$8.00 guests**

NOVEMBER 13

Tossed Salad

Turkey & Dressing

Mashed Potatoes & Gravy

Green Beans

Rolls & Butter

Pumpkin Pie

Purchase tickets by November 6th

DECEMBER 11

Spinach Salad

Pork Tenderloin

Twice Baked Potato

Vegetable

Rolls & Butter

Red Velvet Cake

Purchase tickets by December 4th

After the December catered meal we will be entertained by the Canal Winchester Chorale. Purchase your meal ticket and join us for some holiday cheer as this group of ladies sing Christmas carols galore to get us in the holiday spirit!

QUOTE OF THE MONTH

“Do what you can to show you care about other people, and you will make our world a better place.”

Spoken by: Rosalynn Carter,
American human rights activist and former first lady

WEEKLY ACTIVITIES

PROGRESSIVE EUCHRE

Progressive Euchre is held every Monday at **12:30 p.m.** and each Saturday evening at **4:00 p.m.** The cost is just \$2.00 with prizes and snacks provided. If you enjoy this popular card game, join your friends in the fun.

DOUBLE DECK PINOCHLE

This popular game is played several times a week. You may choose to play at **11:00** each Tuesday morning, **3:30** on Wednesday afternoon or the **Men's game at 9:00** on Tuesday mornings. Don't forget to call or stop in to get signed up to play.

BOWLING

Did you know that Holiday Bowling Lanes offers "seniors only open bowling" each **Friday at 10:00 a.m.?** Simply stop in and you can participate. You can bowl with current friends and/or make new ones as there are no teams. The cost is only \$5.25 for three games. Bowling is not only enjoyable but great exercise as well. Unfortunately the senior center does not have any other information regarding the bowling. If you should have questions about if they are bowling on certain days, please call Holiday Lanes at 861-1600 for up to date info.

BRIDGE

If you are interested in playing bridge call the center. The typical time for a game is on Mondays at 11:30.

CRAFTS

The craft group meets each Thursday at 9:30 a.m. to make items for sale at the center. These ladies also decorate the tables for our monthly meeting. If you would like to join the craft group, stop in the senior center on Thursday. The group will certainly welcome your skills and ideas. Have questions? Call committee chair, Ginny Haner at 236-4637.

QUILTING

The quilting group meets each Wednesday at **noon**. They are hard at work on the quilt for Apple Butter Day 2013. New quilters are always welcome. If you are interested in being a part of this group please call Marilyn O'Linn at 836-0027.

LUNCHES

Lunch is served each Thursday at 11:45 a.m. The cost is only \$2.00 per person for the meal and 50 cents for the ice cream bar. You must sign up by the preceding Monday. Stop in or call to get signed up. Remember, **if you sign up and cannot make it, you must cancel by 11:00am Tuesday or you will be charged the \$2.00 anyway.**

HAND AND FOOT

This card game continues to be very popular. The times to play are as follows: each Thursday morning from 10:00-11:30, the 1st and 2nd Thursday from 12:30-4:00 p.m., the 3rd Thursday following Bingo until 4:00 p.m. and the 4th Thursday from 12:30-4:00 if you do not play .50 euchre.

GAMES

Join us **every** Wednesday for a day of fun & games. This activity runs all day so bring your lunch and spend the day with friends playing whatever games you wish. No need to sign up just stop in around 11:00 a.m. and play!

LINE DANCING

Line dance classes are offered on Tuesday mornings at 9:30 a.m. Join the many members that participate in this popular class. You should wear comfortable clothing and either leather soled shoes or tennis shoes with a smooth bottom.

NOVEMBER 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Groveport Senior Center 7370 Groveport Rd. Groveport, OH 43125						
2 Daylight Savings Time Ends	3 10:00-Pre-Departure for San Antonio 11:30-Bridge 12:30-Euchre	4  ELECTION DAY 9:00-Men's Pinochle 9:30-Line Dancing 11:00-Pinochle	5 11:00-Game Day 12:00-Quitting 3:30-Pinochle	6 9:30-Crafts 10:00-Game Day 11:45-Lunch Sponsor-St. Joseph's Hospice 12:30-Hand & Foot	7 9:30-Board Meeting 11:30-Lunch Munchers	1 9-2 Crafters Bazaar in East Gym 4:00-Euchre Set clocks back 1 hour
9	10 11:30-Bridge 12:30-Euchre	11  HAPPY VETERAN'S DAY 9:00-Men's Pinochle 9:30-Line Dancing 11:00-Pinochle	12 11:00-Game Day 12:00-Quitting 3:30-Pinochle	13 9:30-Crafts 10:00-Games 11:45-Catered Lunch 12:30-Meeting 1:30-Hand & Foot	14 10:30-Craft Activity Sponsored by Winchester Place 12:30-Diabetic Shoe Clinic Pre registration is required for both	15 4:00-Euchre
16	17 11:30-Bridge 12:30-Euchre	18 9:00-Men's Pinochle 9:30-LineDancing 11:00-Pinochle	19 11:00-Game Day 12:00-Quitting 3:30-Pinochle	20 9:30-Crafts 10:00-Games 10:30-Wellness Clinic 11:45-Lunch Sponsor-Wesley Ridge Retirement 12:30-Bingo 3:30-Hand & Foot	21	22 4:00-Euchre
23	24 11:30-Bridge 12:30-Euchre	25 9:00-Men's Pinochle 9:30-Line Dancing 11:00-Pinochle	26 11:00-Game Day 12:00-Quitting 3:30-Pinochle	27 CENTER CLOSED 	28 CENTER OFFICE CLOSED	29 San Antonio Trip Departs 4:00-Euchre
30						

DECEMBER 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 11:30-Bridge 12:30 Euchre	2 9:00-Men's Pinochle 9:30 Line Dancing 11:00 Pinochle	3 11:00-Game Day 12:00-Quilting 3:30-Pinochle	4 9:30-Crafts 10:00-Game Day 11:45-Lunch Sponsor-Altercare 12:30-Hand & Foot	5 9:30-Sr. Board Meeting Closed for Cleaning & Maintenance	6 4:00 Euchre
7	8 11:30-Bridge 12:30 Euchre	9 1:15-Depart for Oglebay Trip 9:00-Men's Pinochle 9:30 Line Dancing 11:00 Pinochle	10 8:15-Depart for La Comedia Trip 11:00-Game Day 12:00-Quilting 3:30-Pinochle	11 9:30-Crafts 10:00-Games 11:45-Catered Meal 12:45-Entertainment C.W. Chorale 1:30-Hand & Foot	12 10:30-Craft Activity sponsored by Winchester Place Pre registration Required	13 4:00 Euchre
14	15 11:30-Bridge 12:30 Euchre	16 9:00-Men's Pinochle 9:30 Line Dancing 11:00 Pinochle	17 10:00-Wrapping Party for Be a Santa to a Senior 11:00-Game Day 12:00-Quilting 3:30-Pinochle	18 9:30-Crafts 10:00-Games 11:45-Lunch Sponsor-Home Instead Sr. Care 12:30-Hand & Foot	19 11:30-Lunch Munchers	20 4:00 Euchre
21	22 11:30-Bridge 12:30 Euchre	23 9:00-Men's Pinochle 9:30 Line Dancing 11:00 Pinochle	24 CENTER OFFICE CLOSED 11:00-Game Day 12:00-Quilting 3:30-Pinochle	25 MERRY CHRISTMAS CENTER CLOSED	26	27 4:00 Euchre
28	29 11:30-Bridge 12:30 Euchre	30 9:00-Men's Pinochle 9:30 Line Dancing 11:00 Pinochle	31 11:00-Game Day 12:00-Quilting 3:30-Pinochle	Groveport Senior Center • 7370 Groveport Rd. • Groveport, OH 43125		

MONTHLY ACTIVITIES

SENIOR COUNCIL MEETING

The next Senior Citizens Council meetings are **Friday , November 7th and Friday, December 5th at 9:30 a.m.** If you have a concern or a question for council, please put it in writing and bring it to the office or to any current officer or board member. It will be presented at the next board meeting and an answer brought back to you.

GAME DAY

The 1st Thursday of each month prior to lunch is "Game Day". Activities begin at 10:00 a.m. and include euchre, chicken foot dominoes, hand & foot, five crown etc., or you may just visit if you wish. Remember, you must be signed up for lunch if you intend to stay to eat.

NEXT GAME DAYS– NOV. 6TH & DEC. 4TH

MONTHLY MEETING & LUNCHEON

The 2nd Thursday of the month is the Senior Citizens, Inc. monthly meeting. There is either a catered meal, in which members pay \$7.00 for a ticket and the meal is prepared by a local caterer or a potluck meal where you bring a covered dish to share and your own plate. Following the meal there is a short business meeting and tickets are drawn for door prizes.

NEXT MEETINGS–NOV. 13TH & DEC. 11TH

BINGO

On the 3rd Thursday following lunch is cash bingo. The cost is only \$.50 for your card and prizes are given according to the number of participants. The more players, the better the prizes.

NEXT BINGOS-NOV. 20TH & DEC. 18TH



LUNCH MUNCHERS

Join your fellow members and myself on the 1st Friday of each month for "Lunch Munchers". We go out for lunch and sometimes include an additional activity as well. You can meet at the center to car pool (**please check the sign up sheet for the departure time**), or if you wish, you may choose to meet at the pre-determined restaurant at 11:30 a.m. You must sign up at least one day in advance and please remember to let me know if you need to cancel so we are not looking for you.

NEXT LUNCH MUNCHERS–NOV. 7TH & DEC. 19TH

WELLNESS CLINIC

Winchester Place Nursing & Rehab is providing our monthly Wellness Clinic. They are here the **3rd Thursday** of each month. No appointment is necessary, just stop in between 10:30 a.m. and 11:30 a.m. to get a free blood pressure screening.

NEXT WELLNESS CLINIC– NOV. 20TH & DEC. 18TH

MONTHLY CRAFT ACTIVITY w/ WINCHESTER PLACE

Join us at the senior center one Friday a month at 10:30 a.m. for a monthly craft/project. This event is sponsored by Winchester Place Nursing & Rehab and they will provide all the materials to make the monthly item. **Pre-registration is required** so sign up today. We have made some really neat things since we began this activity back in October. The following are some of the upcoming dates and items to be made:

November 14th-Item to be determined

December 12th –Item to be determined

**REMINDER: WE ARE CLOSED ON FRIDAY
DECEMBER 5TH FOR MAINTENANCE AND
CLEANING!**

THIS-N-THAT

WHAT'S HAPPENING AROUND TOWN

GROVEPORT CRAFTERS BAZAAR

WHEN: Saturday, November 1st from 9am-2pm

WHERE: Groveport Recreation Center- East Gym

ADMISSION: \$1 in exchange for a door prize ticket.

Come check out all the items available for purchase and get an early start on your holiday shopping!

Vendor spots still available. Call Vance Casebolt at 836-1000 ext. 1505

GROVEPORT HUMAN NEEDS PRESENTS: AN EVENING OF DINNER & GOSPEL

WHEN: Friday, November 7th from 5:30-8:30pm

WHERE: Asbury United Methodist Church
4760 Winchester Pike

WHAT: Dinner and Gospel Music featuring Gospel Roadmasters, Cornerstone Gospel Quartet & God's Ambassadors.

WHY: To benefit the Center for Groveport Madison Human Needs

ON THE MENU: Lasagna Rolls, Meatballs & Sweet Italian Sausage, Caesar Salad, Rolls & Butter Dessert and Beverage.

COST: Adults \$10, Children \$7 Pre sale only Concert only-\$5, available at the door.

SANTA NIGHT IN THE CITY OF GROVEPORT

On Friday, December 5th Santa arrives downtown at 6:30pm on a firetruck to light the city Christmas tree and then will begin seeing children upstairs in Town Hall at 7:00pm. Bring the grandchildren or greats and join in the fun!

GIVING TREE

The "Giving Tree" will be in the multi purpose room beginning the week of Thanksgiving. It gets decorated with donated hats, gloves, scarves and mittens for kids, teens and adults to be donated to area families. Your donations are needed and appreciated. Please try to help if you can.

ADOPT-A-FAMILY

The Groveport Senior Citizens will again be adopting families for the holidays. In addition to purchasing items to make the childrens Christmas bright we also fill a box with food for them to have while on break from school. If you would like to make a donation to this cause please drop off any breakfast or lunch type non perishable food items and we will include them in the care package. Your help is appreciated!

SANTA TO A SENIOR

This program is a way to brighten the lives of lonely, isolated seniors in our own communities. Here's how it works...area nursing homes, senior housing communities, etc provide the names of people who could use some holiday cheer. Ornaments are made and hung on trees in local Walgreen and CVS stores naming the item(s) that these people need. YOU simply visit the store, select an ornament from the tree and either purchase it there and leave it there or shop the store of your choice, buy the item and return it along with the ornament to the store where you got the ornament. The items will be stored in safe keeping until collected by program volunteers. My family has been involved with this program for three years and it is a rewarding feeling knowing you have put a smile on a seniors face by providing them with the items they are in need of. **WRAPPING PARTY:** We will be hosting a "wrapping party" on **Wednesday, December 17th at 10:00 a.m.** Volunteers are needed for this. A sign up sheet is available for those wishing to help wrap these items for the seniors and ready them for distribution. Join us, it's fun!

HOLIDAY FOOD DRIVE

Please help us help the Groveport Food Pantry by dropping off non perishable items to the senior center anytime in the months of November and December and place them in the silver box. With children being out of school for the holidays the need becomes even more crucial and the shelves at the pantry will need assistance from whoever can help. Canned meats & pastas, macaroni & cheese, soups, cereals and peanut butter are among the most needed items along with any toiletry items but all items will be accepted. Please check the sell by date of any items prior to bringing them in as the food pantry cannot accept items past that date.

THIS-N-THAT CONTINUED

APPLE BUTTER DAY BEAN DINNER

We would like to thank all the members who stepped up and volunteered their time to solicit sponsors, prepare, set-up, serve, tear down and clean up for the Bean Dinner. There are too many names to mention but you all know who you are and we appreciate you! This wouldn't be possible without all of you! We would also like to thank the following businesses for being sponsors for this year's event. They include: **Methodist Elder Care at Wesley Ridge, Skyline Chili, The Birch Tavern, Wendy's, Walmart, Meijer, Bob Evans, Ace Hardware, Giant Eagle, Flyers Pizza and McDonalds.** The generosity of these businesses is what allows us to have all the items needed to serve this meal each year.

The quilt made by Groveport Senior Citizens Quilters was won by a Groveport resident. These ladies are actively working on the quilt for 2015 and it is going to be beautiful. Stop in for a peek.

THANKS TO GRAPHIC T'S

We also want to extend a thank you to Graphic T's located at 532 Main Street in Groveport. They donate our parking stickers each year and also the score tallies for our progressive euchre games. They have done this for several years and we really do appreciate them!

PLEASE CONSIDER SUPPORTING THE BUSINESSES WHO SUPPORT YOUR ORGANIZATION.

HONOR FLIGHT

Honor Flight Columbus is currently seeking Veterans from World War II and the Korean War and terminally ill Veterans from all wars. They will fly you to Washington D.C. at no cost to you so you can visit your Memorial and all the Memorials as a **Thank You** for your service to our country. For more information on these flights call 614-284-4987 or visit the web site at www.honorflightcolumbus.org.

We have had a few Veterans from the senior center take this trip and if you would like to talk with them about it please call Deb at the senior center at 614-836-4599 and I will put you in touch with them!

LENDING LIBRARY

Thanks to many donations, we have a large selection of puzzles and books, some large print, for your pleasure. You may stop in at any time and take a look at what is available. No need to sign them out, just return them when you are finished.

LIONS RECYCLE FOR SIGHT

Have eyeglasses that you can't use any longer? If so, bring them to the senior center. The Lions Club has a box here for you to put them in and they will recycle them for people who need assistance with purchasing glasses. Please don't throw them away, drop them off here and put them to further use!

NAME BADGES

If you would like a name badge identifying you as a Groveport Senior Citizen please let us know. The cost is only \$3.00 and Jim Hedrick has them back to us in just a few days.

DIME BANKS

Jean Hornyak actually found a handful of the banks used for this project and they are on sale for \$5.00 each. Then you put as many dimes in the bank as you want or can and bring them to the senior center on the November catered meal date and we count how much is in the banks. The person with the most dimes gets to take all of them and donate it to the charity (s) of their choice. What a fun and easy way to donate to charity!

WE WILL BE COUNTING OUR DIMES AFTER THE CATERED MEAL ON NOVEMBER 13TH. DON'T FORGET TO BRING YOUR BANK WITH YOU THAT DAY AND LETS COUNT THOSE DIMES AND GET THEM DONATED!



REMINDER: WE ARE CLOSED ON FRIDAY , DECEMBER 5TH FOR MAINTENANCE AND CLEANING!

MORE THIS-N-THAT

ELECTION OF OFFICERS

The people listed below have volunteered to run for office to serve the Groveport Senior Citizens, Inc. for 2015. The election will be held at the November 13th meeting following the catered meal.

Vice-President– Tina Gibson

Secretary– Judy McDaniel

Treasurer– Joan Williams

Council Members– Pauline Etgen, Bob Chadwick, Larry McDaniels, Sharon Wilson, Thelma Hicks

Linda Cairney will move from vice president to President to be your president for 2015.

MEMBERSHIP RENEWAL FORMS

The 2015 membership renewal form is included in this publication. Please fill it out and send it in along with your \$6.00 check made payable to Groveport Senior Citizens, Inc. **Please do not send it in until November 15th and remember to sign the waiver on the back of the form. We cannot process your membership if the waiver is not signed.** We no longer have dues cards unless you are paying with cash at the office at which point the card is your receipt.

MEDICARE DIABETIC SHOE CLINIC

WHO: Presented by Diabetic Supplies Inc.

WHEN: Friday, November 14th 12:30-1:30pm

WHERE: Senior Center Craft Room

WHY: Diabetic Supplies (DSI) will have a licensed Podiatrist on site to conduct this shoe clinic for diabetics on Medicare and other private insurances. Insurance generally approves one pair of therapeutic shoes and three pairs of inserts per year, which many diabetics are not aware of. By providing the shoe clinics, DSI helps raise awareness of this benefit while providing the convenience of coming to you, the client, to measure your feet properly and then delivering the shoes and inserts to ensure the proper fit.

Pre registration is required so call 836-4599 or stop in to be put on the list by November 10th.

EXERCISE CLASSES AT THE REC CENTER GEARED TOWARD SENIORS

Mondays-10:00a-Silver Sneakers Classic

11:15a-Arthritis Aquatics Program

5:00p-Arthritis Land Based Program

Wednesday-10:15a-Silver Sneakers Yoga

11:15a-Arthritis Aquatics Program

Thursday-10:30a-Silver Sneakers Classic

5:00p-Arthritis Land Based Program

For additional information on these or any other classes pick up a Fitness Guide near the front desk or call Stephania Bernard, Sports/Fitness Manager at 614-836-1000 ext 1513.

COMMUNITY EVENTS & MEALS

Please remember, if your church or service organization is having a community meal or some other fund raiser or program, drop off a flyer or call with the details and we will include the information in the upcoming newsletter. Please keep in mind that newsletters are bi-monthly so get the info in early.

American Legion Post 677 in Lithopolis offers the following monthly meals:

Fish Dinner-2nd Friday of every month-**\$7.00**

Dinner includes: Fish (all you can eat, in house only), French Fries, cole slaw, baked beans, macaroni & cheese, bread & butter, dessert & drink.

Extra side dishes are \$1.00 each

Steak Dinner-last Saturday of every month-**\$10.00**

Dinner includes: New York Strip, baked potato, salad, bread & butter, dessert & drink.

Buffet Breakfast-Served on the following Saturdays from 8:00-10:00am and sponsored by the Ladies Auxiliary. **November 1st, January 3rd, February 7th, March 7th, April 4th, May 2nd.**

I know there are a lot of fund raising meals, etc that go on in and around the community so please get the info to me so we can help the cause! What better way to reach out to a few hundred people!

TOURS & TRAVEL

The bus is leaving.....



November 29 for San Antonio to be determined
December 9 at 1:15 pm for Oglebay lights
December 10 at 8:15 am for La Comedia

SAN ANTONIO HOLIDAY

November 29-December 3-Highlights include Fiesta de las Luminarias, Mission San Jose, The Alamo, Paseo del Rio Cruise, Sandy Oaks Olive Orchard, LBJ Ranch, Fredericksburg, El Mercado, South Texas Heritage Center, Mayan Dude Ranch and more. Also included is round trip airfare, 7 meals, hotel transfers, motorcoach transportation while on tour, and taxes and gratuities on included items. The cost is \$1,829.00 per person double occupancy. Stop in for a complete brochure.

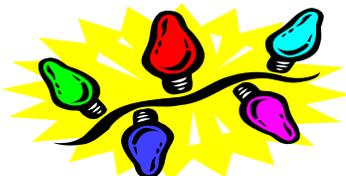
CALL US FOR SPACE AVAILABILITY

The Pre-Departure meeting for San Antonio will be at the Groveport Senior Center (note location change) on Monday, November 3rd at 10:00a.m. You will get your travel credentials, itineraries, etc. at this meeting.

OGLEBAY LIGHTS

December 9- We will begin the day with an early on your own dinner at **Mehlmans Café** in St. Clairsville then it's off to Wheeling to see the awesome display of lights at Oglebay Resort with sometime for shopping in their gift shops. The cost is only \$30.00 per person, due on sign up and includes transportation, a step on guide at Oglebay and gratuities on included items. **Since we will have dinner around 4:00, please be sure to bring a snack for the trip home.**

NEW TRIP



LACOMEDIA DINNER THEATRE "MIRACLE ON 34TH STREET"

December 10-The story of the real Santa Claus, *Miracle on 34th Street* is one of the most beloved holiday films of all time. Macy's thinks they have hired the perfect Santa for the holiday season. Problems arise when the man named Kris Kringle claims he is the real Santa Claus and tells customers they can find better deals elsewhere. This touching musical version of the classic holiday proves that miracles do happen and is sure to fill both the young and young at heart with Holiday spirit! The cost is \$60.00 per person and includes transportation, a delicious lunch buffet and the show! Payment is due by November 5th.

WAITING LIST



SCIOTO DOWNS RACINO

January 14- Calling all the one armed bandits! Join us for a day at Scioto Downs for some fun! The cost is only \$12.00, due by December 15th and includes transportation, \$20.00 free play and of course the half price buffet.

NEW TRIP

COMING IN 2015

September 12th-20th-Colorado Rockies

There will be a presentation for this great trip on February 5th at 11:00am at the Pickerington Senior Center.

December 29th-January 2nd 2016-California New Years featuring the Tournament of Roses Parade. More info later on this one.

La Comedia line up for 2015-Specific dates to follow

"South Pacific," "The Addams Family," "The Little Mermaid," The Church Basement Ladies in "The Last (Pot Luck) Supper" and "A Christmas Story."

GROVEPORT SENIOR CENTER
7370 GROVEPORT ROAD
GROVEPORT, OHIO 43125

**RETURN SERVICE
REQUESTED**

DATED MATERIAL PLEASE DELIVER PROMPTLY



SENIOR CITIZENS COUNCIL

OFFICERS
PRESIDENT: Joan Williams
VICE-PRESIDENT: Linda Cairney
TREASURER: Theresa McAninch
SECRETARY: Judy Medaniel

BOARD MEMBER
Pauline Etyen - 2nd Year
Nancy Stoltz - 1st Year
Phyllis Doersam - 1st Year

City Council Representative-Donna Drury
Senior Citizens Coordinator-Deb Scholl-Saulnier

NOVEMBER/DECEMBER 2014



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