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## Salute to Veterans

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Groveport residents and veterans are invited to show their appreciation for the men and women who have served in the armed forces at this year's annual Veterans Day program. The event will be held on Saturday, November 11, 2017 at 3:00 p.m. at Veterans Park located at 421 Main Street in Groveport. The program, under the direction of Warren Motts of Motts Military Museum, will include a dedication address by Roger Dyer, former SSgt. U.S. Army Combat Engineer. Mr. Dyer is on the board of Honor Flight of Hilliard, Ohio. Recognition of new commemorative bricks will honor veterans. Following the program, all attendees are invited to the Motts Military Museum for a reception.

## Thanksgiving Holiday Hours

<u>Date</u> Thur., 11/23	Facility Municipal Building Recreation Center Town Hall Crooked Alley Kid Space Links At Groveport	Hours Closed Closed Closed Closed 10:00 AM - 3:00 PM (weather pending)
Fri., 11/24	Municipal Building Recreation Center Town Hall Crooked Alley Kid Space Links At Groveport	Closed 5:30 AM - 9:00 PM Closed Closed 8:30 AM - 4:30 PM (weather pending)
Note:	Town Hall & Crooked Alley Sat., 11/25 & Sun., 11/26.	y Kid Space are also closed on

## **Leaf Pick Up Continues**

The Groveport Public Works Dept. began picking up curbside leaves October 10. The program will run thru December 10. Residents are asked to rake their leaves close to the curb, but not in the street. Leaves in the street cause issues with water flow and sanitary sewers. Debris other than leaves, such as twigs, rocks and trash, will not be picked up. Please avoid parking vehicles in front of or behind leaf piles. Any questions, call the Public Works Dept. at 614-836-3910.









# CITY OF GROVEPORT - General News -

614-836-5301 / www.groveport.org

## **Veteran's Day Closure**

The Groveport Municipal Building will be closed on Fri., Nov. 10 in observance of Veteran's Day.

The Recreation & Senior Center, Town Hall & Links At Groveport will all be open for business.



# Senior Transportation Driver Needed

The *City of Groveport is seeking a* Senior Transportation Driver to drive Senior Clients to and from medical & personal appointments, perform basic maintenance on & clean vehicles, and complete required reports.

This position requires the individual to be available to drive Senior Clients to their Monday and Tuesday appointments between the hours of 8:00 am and 2:30 pm and serve as an "on-call" driver Wed. thru Fri., as needed.

Qualitied candidates will possess a high school diploma or equivalent and a min. six months of related work experience. Candidates also must possess a valid Ohio Driver's license with a safe driving record, meet our drug free workplace policy requirements, and have the ability to obtain CPR/First Aid/BBP certification at the first available training session upon hire. Candidates may call 614-834-7433 for more information about the positon. Starting wages will be \$10.28/hr. to \$13.40/hr.

Interested persons should submit a completed employment application via email to <a href="mailto:employment@groveport.org">employment@groveport.org</a> or apply in person at the Groveport Municipal Building, 655 Blacklick Street, Groveport, OH 43125. Employment applications are available on our website at <a href="www.groveport.org">www.groveport.org</a>. Applications will be accepted through Friday, <a href="mailto:October 20, 2017">October 20, 2017</a>.

The City of Groveport is E.O.E. and offers a Drug Free Work Environment.

# Sports/Fitness Manager takes New Position

The staff at the Groveport Recreation Dept. would like to wish Stephania Bernard-Ferrell the best of luck with her new position as Deputy Director with the Gahanna Parks & Rec. Dept.

According to Kyle Lund (Rec. Director), "Stephania began her career with the Groveport Recreation Dept. in May of 2008. Through her hard work, creativity, dedication and leadership, she has helped to expand our fitness class offerings, events and athletic programs. She has also formed partnerships Nationwide Children's Hospital, the Fairfield County Career Center and Groveport-Madison Human Needs and was instrumental in the securing top of the line



fitness equipment at the Groveport Recreation Center. She has left big shoes to fill and a solid foundation for the next Sports/Fitness Manager".

While employed with the City of Groveport, Stephania earned her Masters Degree in Heath Administration from Otterbein University.

Hopefully Stephania will be able to make as big of an impact in the lives of Gahanna residents as she did for those in the City of Groveport. We will miss you Steph.

## **Fitness Tip**

Unless you are ill, never go more than 2 days in a row without some type of exercise. This includes vacations too.



## **Overheard**

"I wear black to the gym because its like a funeral for my fat". - Anonymous

2

## - General News -

614-836-1000 / www.groveportrec.com

# Employee of The Month - September 2017 -

Please congratulate **David Jacques** for being awarded our Part-time Employee of the month for September.

David works as a Facility Supervisor and Program



Supervisor (Youth Soccer) within the Recreation Dept. According to one his supervisors, David has dealt with a number of difficult situations during our Youth Soccer Program. His reliability, quick thinking, good communication and great customer service skills have been noticed and appreciated by not only our staff, but also our customers.

## **Birthday Parties**

If you are a parent with an active child, you need to read further. For \$12.50 per person your child and his/her friends can celebrate a birthday at the Groveport Rec Center. \$250 covers: • 20 Day Passes to the GRC • 90 minute room reservation • 3 Large Single Item Pizzas • 1 Dairy Queen Ice Cream Cake • 4 Two Liters of Pop • Disposable plates, cups, napkins & utensils • T-shirt for the birthday boy or girl • 4 GRC Day Passes to be used at a later date. Your child will also have his birthday splashed on our massive digital marquee sign. All you need are a few decorations, some invitations and maybe some ear plugs (optional). Additional party guests are only \$5/person. To check room availability, please call 614-836-1000 or stop by the front desk of the Groveport Recreation Center.

## Encourage your friend or loved ones to take us for a FREE TEST DRIVE

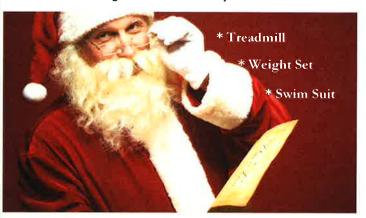
You test drive a car before your buy it. So why not test drive a rec center before you decide



to purchase a pass/membership? Share this coupon with a friend or family member and encourage them to give us a try on their way to living a happier & healthier life.

# Scholarships Available for Youth Athletic Programs

Marty DuBoe Muncy Memorial Scholarships may be used towards athletic programs through the Groveport Recreation Dept., such as Youth Soccer & Swim Lessons. For more information about the scholarship program and to see if you are eligible, please contact Groveport Madison Adopt-A-Family at 614-586-4017 or info@center4gmhn.org. Persons that are utilizing scholarship funds must register in-person at the Groveport Recreation Center. NOTE: Groveport Madison Adopt-A-Family is not a brick & mortar organization. It is run by local volunteers.



## **Merry Fitness**

## Why not do your holiday shopping with us?

Why not give the gift that gives all year long... a Groveport Recreation Department Gift Card. Your friend or family member can then use it to purchase an annual pass and if they purchase it between Nov. 1 and Dec. 31, 2016, they can get 13 months for the price of 12 or pick another gift from us.

## MERRY FITNESS 2017

Coupon is valid for two free adult (18 years & above) visits to the Groveport Recreation Center.

May be used between 11/1/17 and 12/31/17. Not valid with any other offers. Must be used on same date. May not be used as (2) individual visits. Photo I.D. required for entry. Coupon may only be used one time by same person or persons.

7370 Groveport Road Groveport, OH 43125 614-836-1000 / www.groveportrec.com www.groveportrec.com



# - November Group Fitness Class Schedule -

DAY/TIME	<u>CLASS</u>	INSTRUCTOR	DAY/TIME	CLASS	INSTRUCTOR
MON.			THURS.		
9:00 a.m.	TRX & Stretch	Coakley	7:00 a.m.	Beginners Yoga Flow	Faith
9:15 a.m.	Trim Tummies	Denune	7:00 a.m.	*PuroFitness	James
10:00 a.m.	Water Aerobics	Frank	9:00 a.m.	Stretch to Fitness	Frank
10:00 a.m.	SilverSneakers Classic	Denune	9:15 a.m.	H2O Kickboxing/Step	Denune
10:00 a.m.	TRX & Abs	Coakley	10:30 a.m.	SilverSneakers Classic	
11:00 a.m.	SilverSneakers Circuit	Coakley	12:00 p.m.	Tai Chi for Beginners	Henry
11:15 a.m.	Arthritis Aquatics Program	Frank	5:00 p.m.	Arthritis Land Based P	· ·
12:00 p.m.	SilverSneakers BOOM Muscle	Coakley	6:15 p.m. FRI.	Zumba / Strength & To	ne Frank
ura arac			8:30 a.m.	Water Aerobics	Denune
12:30 p.m. 5:00 p.m.	SilverSneakers BOOM Stretch Arthritis Land Based Program	Coakley Frank	8:45 a.m.	Tai Chi for Arthritis + F	
6:00 p.m.	Water Aerobics	Denune	10:00 a.m.	Cycling with Sara	Denune
6:15 p.m.	Zumba	Frank	11:15 a.m.	SIlverSneakers Circuit	Coakley
TUE.			5:30 p.m.	Pilates	Neu
7:00 a.m.	Beginners Yoga Flow	Faith	SAT.		
7:00 a.m.	*PuroFitness	James	8:10 a.m.	Hot Yoga	Stollard
8:30 a.m.	Water Aerobics	Denune	10:00 a.m.	Boot Camp	Newland
8:45 a.m.	SilverSneakers Classic	Coakley	12:00 p.m.	*Tae Kwon Ki Do/Kara	te Ki Do Evans
9:45 a.m.	TRX & Abs	Coakley	SUN.		
10:00 a.m.	Indoor Cycling	Newland	11:00 a.m.	Restorative Yoga	Finneran
11:15 a.m.	SilverSneakers Circuit	Denune	F 51		
5:30 p.m.	Pilates	Neu	Free Bi	ood Pressure S	Screenings
6:45 p.m. WED.	Strength and Conditioning	Neu	pressure sci	reenings will be offered	ship Fire Dept., free blood in the lobby of the Grove- wing dates. Due to emer-
9:15 a.m.	Cycling with Sara	Denune	gency runs,	there may be times wh	en the Madison Twp. Fire
10:00 a.m.	Water Aerobics	Frank			blood pressure cuff is also se times do not work with
10:15 a.m.	SilverSneakers Yoga	Denune	your schedu		se times do not work with
11:15 a.m.	Arthritis Aquatics Program	Frank	Thursday, N	ov. 2 9	:00 AM - 12:00 PM
11:15 a.m.	SilverSneakers Classic	Coakley	Thursday, N	ov. 16 9	:00 AM - 12:00 PM
12:15 p.m.	SilverSneakers BOOM Muscle	Coakley			
5:30 p.m.	Step & Strength	Neu		CONOR	4.7.0
6:15 p.m.	Aqua Zumba	Frank		CONGR	
			Ser	ot. Iron Man (	Champions

<sup>\*</sup> Pre-registration REQUIRED.

# Sept. Iron Man Champions

Julie Crosby, Greg Shepard, Donna Stickel & Wendy Stout.

# GROVEPORT RECREATION DEPT. - Fitness / Sports Med. Minute -

614-836-1000 / www.groveportrec.com

# A Week To Give



#### December 3 - 9

The Week to Give is an annual opportunity for the fitness community to give back. 100% of participating fitness class fees, raffles and competitions are donated to the Groveport Human Needs Adopt-A-Family.

This year's goal is **\$3,000.00**. Thank you in advance for your generous support!

## **Month Long IRONMAN**

Track your progress and earn an Ironman Challenge T-shirt by completing the distances. Do the challenge on your own or with 2 to 3 other people. If competing as a team, each team member must turn in their own challenge form with their & their team name listed. Complete 2.4 Miles swimming (76 down & back laps in our pool), 112 miles biking and 26.2 miles running in one month. Simply complete the Ironman Challenge progress chart and turn it in to the fitness desk.

Earn an additional award by completing an Ironman for every month from April through December 2017. For more info., pick up a flyer in the lobby of the GRC or call Stephania Bernard-Ferrell at 614-836-1000 ext. 1513.

Who: Ages 13 and over

Months: thru December

Location: Groveport Rec. Center

Fee: FREE

# Healthful Snack Choices for Youth Sports

Team snacks are a great way to fuel up after a practice or game, and are an ideal opportunity to teach young athletes about good nutrition. Remember, the goal of the game should not be the snacks at the end!

- Eating healthy helps prevent injuries and improve muscle development.
- Junk food is calorie rich, sugar loaded and nutrient poor. It provides no nutritional value to the body.
- Soda is the #1 source of added sugar in children's diets, followed closely by fruit drinks. Many of these beverages do not provide nutrients that support children's growth and development.

#### Focus On These Points:

- Emphasize food as fuel: Your body needs quality fuel in the form of food to keep it running properly and maximize performance!
- Be a role model: Young athletes admire no one more than you; their parents, coaches, and other adults that influence their daily choices.
- Stick with water: It's cheap, easy, and their growing bodies can always use it! Sports drinks should be used after 60 minutes of moderate physical activity. Save the added sugar for that birthday party next week or Sunday dinner at Grandma's.
- Get your young athlete involved: Have them help cut fruit and vegetables, organize cheese cubes in baggies, write/ decorate their teammate's names on paper bags, or even go to the store along with you! Empower them to make their own health decisions and help inspire their teammates!

Continued on page 6

# GROVEPORT



So we know that it is a few months away, but we wanted to get this in front of you so you can get it on your calendar. We also wanted to give you plenty of time to start training for this 5k. The Resolution Run/Walk 5K is all about starting the New Year off the healthy way! The course will begin and end on the paved leisure trail surrounding the Groveport Rec. Center. All ages & abilities are welcome. Make a commitment to yourself to become and remain healthy! If inclement weather, we will run on the indoor track in the recreation center.

Ages: All ages welcome Fee: \$15

Dates/Times: Sat., Jan. 6, 2018 / 9:30 AM

Registration: Oct. 1 - Jan. 6

## Sports Med. Minute / Adult Athletics -

614-836-1000 / www.groveportrec.com

#### Sports Med. Minute continued...

#### 7 Quick Snack Ideas for Game Day!

- Fruit salad: Slice or buy pre-cut fruit salad. Bring a serving spoon and individuals bowls to serve to the athletes. For a fun twist, make fruit kabobs!
- Fun trail mix: Make a mixture of a dried fruits, nuts, seeds, pretzels, and one sweet.
- Apple slices & peanut butter: Cut or buy apple slices and individual packs of peanut butter or peanuts.
- Want more dipping options? Add whole grain crackers or crisp breads.
- Mini yogurt parfaits: Divide granola into individual snack baggies and serve with prepackaged individual yogurt cups and spoons. Add some berries for an extra boost of flavor and nutrients!
- Mini deli sandwiches: Whole wheat roll, 1 small slice cheese, and 1 piece of turkey—done!
- Veggies with dip or hummus: Divide pre-cut veggies into snack bags and bring individual containers of hummus dip. Kids love dipping!
- Cracker stackers: Same idea as mini deli sandwiches, but use crackers.

#### **CARBOHYDRATE**

#### Fuel & Focus

Helps keep your muscles energized & brain focused on game.

#### Fruit

Banana, apple, strawberries, grapes, melons, applesauce, orange slices

#### Vegetable

Cucumber slices, carrots, sugar snap peas, pepper slices

#### 100% Fruit Leather

Like a fruit roll-up, but Healthier

## **Dried Fruit**

Raisins, cranberries, cherries

## Whole Grain Crackers or Pretzels

Look for the whole grain symbol on the front of the box

#### **Popcom**

Aim for a little salt; avoid the loaded butter or strong flavorings

#### **Granola Bars**

Watch those covered in chocolate or other sugary coatings

## PROTEIN

## Recover & Build

Aids in forming new tissue to help with proper growth development, & exercise recovery.

#### Nut butter

Peanut, almond or soy nut for peanut-free teams

#### **Lunch Meat**

Slices rolled up or cubes on a kabob

#### **Nuts or Seeds**

Peanuts, almonds, cashews, sunflower, pumpkin

#### Cheese

Cheese sticks, slices, cubes, squares

#### Hardboiled Egg

Make a few dozen & keep in a cooler during the game

#### Hummus

Most stores offer small pre-packaged containers for convenience

#### Yogurt

For extra hot days, freeze the yogurt for a cool treat after the game

## **Adult Pickleball Play**

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a wiffle ball) and wood or composite paddles. The game can be played as singles (one person per side) or doubles (two people per side). It is easy for beginners to learn, and can develop into a quick, fast-paced, competitive game for experienced players.

Who: Men and Women 18 and over

Date/Times: Thurs., 6 - 8:30 PM (Advanced Players)

Location: Groveport Rec. Center Player Fee: \$5

## **Adult Winter Volleyball Leagues**

This is a co-ed "Competitive" league. Teams will play 10 matches on Wednesday evenings. All teams will then be invited into an end of season, single elimination tournament. Players do not have to be members of the Groveport Recreation Center to participate.

Who: Men & Women 18 and over

Date: Tentatively begins January 17

Location: Groveport Recreation Center

Registration: Oct. 1 - Jan. 12 Team Fee: \$250

# **NEW** "Members Only" Men's Winter Basketball League

Like playing hoops but can never find enough guys to get a true game going? If so, register for our new "Members Only" Winter League. Yes, the league is ONLY for actual members of the Groveport Recreation Center. Our staff will tentatively form teams hopes to acquire league balance of height, age & playing ability. 10 game schedule. Games will be played on Sunday evenings and are two 20-minute halves with two officials and scorekeeper. Fee includes reversible player jersey.

Who: Men 18 and over

Dates: Tentatively begins Sunday, Dec. 3

Game Times: Evening (vary)

Location: Groveport Rec. Center

Player Fee: \$100 per player Registration: 10/1 - 11/29

## **Calling Adult Sports Junkies!**

Looking to play, but cannot find a team? Call Amy Van Huffel (Recreation Coordinator) at 614-836-1000 ext. 1505 She will then put you on a Free Agent List and try and get you on a team. If there are enough Free Agents, a "Free Agent Team" may be formed.

## - Youth Athletics -

614-836-1000 / www.groveportrec.com

## **Little Hoop Stars** (Jump Start Sports)

Players are taught the basics of dribbling, passing, shooting, defense, rebounding and more and then apply what they have learned in fun, non-competitive games. Parents are welcome to assist with coaching, but the actual program is run by Jump Start Sports Instructors. Players will be assigned teams and each session will include instruction and game.

Who: Boys & Girls, 4 - 6 Yr. Olds

Dates: Tues., Nov. 7 - Dec. 12

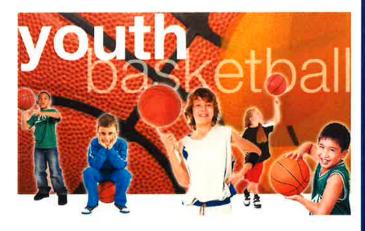
Times: 5:30 - 6:30 PM or 6:30 - 7:30 PM

Location: Groveport Rec. Center
Fee: \$60 (includes t-shirt)

Registration: thru Oct. 29

Questions: Call Aaron Bally at 614-505-6532

Program #: 422517



## 1st - 2nd Grade Basketball Clinic

Boys and girls will learn the fundamentals of the game from Groveport Madison High School coaches and players in a funfilled clinic type setting. Shooting, passing, dribbling, defense & more will be introduced. Players will shoot at 8 ft. rims and play with a Junior Size basketball. Fee includes t-shirt.

Who: Boys & Girls in 1st - 2nd Grade

Dates: Saturdays: December 2, 9, 16

January 6, 13, 20, 27 February 3

Times: 9:00 AM - 10:00 AM

Location: Groveport Recreation Center

Fee: \$45 Resident / \$50 Non-Res.

Registration: Oct. 1 - Nov. 19

Program #: 580015-01

## 3rd - 4th Grade Basketball Leagues

Players shoot at 10' hoops and play 5 vs. 5 games on full courts. Practices tentatively begin the last week of November. Games will tentatively be played Jan. 6 - Feb. 25. Games will tentatively be scheduled on Saturday mornings & afternoons, Friday evenings and Sunday afternoons. Players will be placed on teams according to grade and what school they attend. Schools may be combined. If possible, separate boys and girls divisions will be offered. Teams will practice at local schools and play games at the Groveport Recreation Center. *Volunteer coaches are needed*.

Who: Boys & Girls in 3rd - 4th Grade

Dates: Late Nov. - Feb.

Fee: \$45 Resident / \$55 Non-Res.

Registration: Oct. 1 - Nov. 5

Questions: Amy Van Huffel, Recreation Coordinator

614-836-5301 ext. 1505 / avanhuffel@groveport.org

**Program #**: 580015-02 (Boys)

580015-03 (Girls)

# 5th Grade - 6th Grade Basketball Leagues

Players shoot at 8' hoops and play 5 vs. 5 games on full courts. Practices tentatively begin the last week of November. Games will tentatively be played Jan. 6 - Feb. 25. Games will tentatively be scheduled on Saturday mornings & afternoons, Friday evenings and Sunday afternoons. Players will be placed on teams according to grade and what school they attend. Schools may be combined. If possible, separate boys and girls divisions will be offered. Teams will practice at local schools and play games at the Groveport Recreation Center. *Volunteer coaches are needed.* 

Who: Boys & Girls in 5th & 6th Grades

Dates: Late Nov. - Feb.

Fee: \$45 Resident / \$55 Non-Res.

Registration: Oct. 1 - Nov. 5

Questions: Amy Van Huffel, Recreation Coordinator

614-836-5301 ext. 1505 / avanhuffel@groveport.org

**Program #:** 580015-04 (Boys) **Program #:** 580015-05 (Girls)

## - Youth Athletics / Classes & Special Events -

614-836-1000 / www.groveportrec.com

# Groveport Winterfest Sports Camp (Jump Start Sports)

At the Groveport Winterfest Sports Camp, kids in grades K-6 will have a blast with the highly qualified staff from Jump Start Sports. During the structured camp hours from 9 a.m. to 3 p.m., kids will play various sports such as baseball, basketball, lacrosse, flag football, soccer and ultimate Frisbee in the morning. Every afternoon the campers will swim in the indoor pool. Following swim time, the campers will play traditional camp games such as Capture the Flag, Dodgeball, Kickball and much more! Jump Start Sports camps provide children with an opportunity to play and learn about sports in a fun, well-supervised environment. All children must bring a swim suit, towel, and a packed lunch daily. All extended care participants should bring an afternoon snack.

Who: Boys & Girls, Grades K - 6

Dates: Tues, Dec. 26 thru Fri., Dec. 29

Time: 9:00 AM - 3:00 PM

Before and aftercare available for additional fee

Location: Groveport Recreation Center

Fee: All 4 Full Days: \$125

1 Full Day: \$35

Extended Care 8 AM - 5 PM: \$12/day, \$30/week

Registration: www.jumpstartsports.com

Questions: Call Aaron Bally at 614-505-6532

# 3rd - 6th Grade Volleyball

The Jump Start Sports Staff will teach all volleyball fundamentals in the is fun & instructional clinic. Serves, sets, returns, positioning, team strategy and more will be introduced. Whether your child is an experienced player or a complete novice, they will have fun learning about the sport. Knee pads are recommended, but optional.

Who: Boys & Girls in 3rd - 6th Grade

**Dates:** Mon., Nov. 6 - Dec. 11 **Times:** 5:30 PM - 6:45 PM

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Location: Groveport Recreation Center

Fee: \$65 (includes t-shirt)

Registration: thru Oct. 29

Questions: Call Aaron Bally at 614-505-6532

Program #: 422517-20

# **Knights of Columbus Free Throw Contest**

Start practicing now so you can be ready for this year's Knights of Columbus (Council #11188) Free Throw Contest. The contest is open to boys and girls 9 - 14 years of age and is free. Winners advance to other competitions.

**Groveport Recreation Center** 

Who: 9 - 14 year olds

Dates: Saturday, Jan. 20

**Time:** 10:30 AM - 1:30 PM

Fee: Free

Location:

Registration: On-site on the day of event.



## **Kids Night Out**

Ditch the parents and head to the GRC for some good old-fashion fun. Play games, swim, eat pizza, climb the wall (on occasion) and more under the watchful eyes of our staff. Pack your swimsuit and towel, and don't forget your tennis shoes! Registrations will not be accepted at the door.

Who: 6 - 12 years

Dates: 11/3, 11/17, 12/8, 12/15

Register for as many as you like.

Time: 5:30 PM - 8:30 PM

Fee: \$8 Res. / \$10 Non-Res.

Reg. Deadline: Thursday before the program

Program #: 522607



## - Classes & Special Events -

614-836-1000 / www.groveportrec.com

## Parent Tot Open Swim/Gym

Open Gym - We provide the space, equipment, & opportunities for gross motor play, as well as some structured staff led activities. Come have fun & make some new friends. Participants must wear soft-soled shoes. All children must be accompanied by an adult. Open Swim - All children must be accompanied by an adult. Children that are not toilet trained must wear swim diapers.

Who: Parents & their children (5 yrs. & under)

Dates: Monday & Wednesday (Gym) & Friday (Swim)

\*Program won't meet any time facility is closed

Times: 10 AM - 11 AM

Fee: \$2.50 one child; \$4 two children;

\$5 three children; \$8 four+ children \$20 for a 10 visit punch pass.

Kids must be in same family to receive multi-

child discounted rate.

Registration: Drop-In



## **Fall Crafters Bazaar**

We are currently seeking vendors for the GRC's Fall Crafters Bazaar! Spaces are available on a first come, first served basis. The \$10 fee includes an 8' x 6' space and chair. Tables are available to rent for \$5. Vendors may set-up as early as 7:30 AM, and there will be a vendor's browse from 8:30 - 8:55 AM. The shopper's admission is \$1, and doors open at 9:00 AM. For questions, please contact Amy Van Huffel (Recreation Coordinator) at 614-836-1000 ext. 1505.

Date/Time: Sat., Nov.11 / 9 AM - 2 PM

Fee: \$10 / space (approx. 8' x 6'; includes chair)

\$5 per table rental (while supplies last)

\$1 Shoppers Admission

Registration: July 1 - November 5

## Santa's Calling

Volunteers will be assisting Mr. & Mrs. Claus this holiday season by providing them a direct phone line into our community. Parents who would like their children 3-12 years old to receive a phone call from Santa should pick up a form and return to the GRC by Sunday, December 10. Only one call per family. Phone calls will be made either 12/12 or 12/13 between the hours of 5:30 – 8:30 PM. We will make every effort to honor your preferred day and time you indicate on your form.

Who: Children 3 - 12 years Fee: Free

Registration: Oct. 1 - Dec. 10

Program #: 100012

RALPHIE: I want an Official Red Ryder Carbine-Action Two-Hundred-Shot Range Model Air Rifle.



SANTA: You'll shoot your eye out, kid.

## **Daddy Daughter Dance**

Girls, grab your dad, grandpa, uncle or older brother for our 7th Annual Daddy Daughter Dance. A DJ will be at the GRC kicking out the music that will surely have the two of you up and dancing. There will be opportunities for for photos, food, games and fun. This year's theme is "A Royal Affair".

Who: All ages

Date/Time: Friday, Feb. 9 / 6 - 8 PM

Fee: \$16 Resident Couple / \$20 Non-Res. Couple

\$5 Additional Guest

Location: Groveport Recreation Center

Registration: thru Feb. 4



## - Classes & Special Events -

614-836-1000 / www.groveportrec.com

## Home School Gym ~ Fun with Fitness

Home School Gym Class will help your child develop motor skills, learn teamwork, improve social skills all while getting exercise. Your child will be engaged in active group games as well as learn the basics of traditional and non-traditional sports. Please wear appropriate gym attire along with soft soled, closed toed shoes.

**Ages:** 4 - 6, 7 - 10, 11 - 18

**Dates/Times:** Winter: Fri., 1/5 - 2/23 / 10:15 AM - 11:15 AM

Tues.1/9 - 2/27 / 10:15 AM - 11:15 AM

Location: Groveport Rec. Center

Fee: \$25

Registration: Oct. 1 - Jan. 4.

Program #: 580007

## **Home School Swim Time**

You must be enrolled in either Home School Gym or Water Fun in order to participate in Swim Time. Swim time is an open swim to give your children an opportunity to have fun in the water without direct instruction. Children under 10 years of age must be accompanied by a responsible adult (18 and over) who must directly supervise them while in the Indoor Aquatic Center.

**Ages:** 4 - 18

**Dates/Times:** Winter: Fri., 1/5 - 2/23 / 11:30 AM - 12:30 PM

Tues. 1/9 - 2/27 / 11:30 AM - 12:30 PM

Location: Groveport Rec. Center Indoor Pool

Fee: \$25

Registration: Oct. 1 - Jan. 4

Program #: 580010

## **Home School Water Fun**

\*Instructional swimming course. You do not need to be enrolled on an additional class in order to participate. \*Water Fun is not the American Red Cross Learn to Swim Program.

**Ages:** 5 - 10

**Dates/Times:** Winter: Fri., 1/5 - 2/23 / 9:00 AM - 10:00 AM

Tues. 1/9 - 2/27 / 9:00 AM - 10:00 AM

Location: Groveport Rec. Center Indoor Pool

Fee: \$25

Registration: Oct. 1 - Jan. 4

Program #: 58013

# Tae Kwon Ki Do/Karate Ki Do Beginner (White Belts)

Our classes are <u>all inclusive</u>. Even though we take students as young as 6 years old, this is <u>not</u> "just a kids class." Teens and adults are strongly encouraged to participate. For new students, this class will familiarize you with the most basic techniques that we teach and give you enough time to make an informed decision as to whether or not you wish to learn more.

Who: Ages 6 and over

Dates/Times: Sat. Nov. 4 - Dec. 16 / 12 PM - 12:45 PM

\*No class Nov. 25

Location: Groveport Rec. Center Registration: On going

**Program #:** 570029 **Fee:** \$28 Res. / \$48 NR

## Advanced (Yellow - 2nd Blue Belts)

For intermediate students. You have decided that you enjoy what we teach and wish to learn more. Students registering for this class must have reached at least the rank of 1st Yellow Belt, through our tests, scheduled on the 6th week of each session. Students who reach the rank of 2nd Blue Belt are considered to be graduates of this program.

Who: Ages 6 and over

Dates/Times: Sat., Nov. 4 - Dec. 16 / 12 PM - 12:45 PM

\*No class Nov. 25

Location: Groveport Rec. Center Registration: On going

**Program #:** 570029 **Fee:** \$38 Res. / \$58 NR



## **Main Class**

Only for committed students, who desire to become Black Belts! This class sets the bar high. Students participating in this class must first be formally invited to join by Master Evans. Students lower in rank than 2nd Blue Belt can also join this class, through Master Evans' invitation. All invited candidates will be required to be exceptional, in their commitment to being good students and mentors!

Who: Ages 6 and over Program #: 570029

Dates/Times: Sat., Nov. 4 - Dec. 16 / 12 PM - 2:30 PM

\*No class Nov. 25

Location: Groveport Rec. Center Registration: On going

Fee: 1 Person (\$60) / Family of 2 (\$110)

Family of 3 (\$145) / each person over 3 (\$35)

## - Aquatics -

614-836-1000 / www.groveportrec.com

## SCUBA Lessons

Columbus Scuba will offer an Open Water PADI entry level course (lifetime certification) at the Groveport Recreation Center this winter. Course includes classroom learning, textbooks, log book, dive tables, confined water dive, open water dive and certification. Participants must provide their own mask, fins & snorkel. Equipment is available at Columbus Scuba. Discounts are available for class participants.

Who:

Persons 10 years & above

Dates &

Session 1: Sundays 1/21, 1/28, 2/4, 2/11

5 PM - 8 PM

Times: Registration:

12/1 - 1/19

Fee:

\$350 (Checks Only)

\* payable to Columbus Scuba

Questions:

614-500-7234 (Columbus Scuba)





## Lifeguard Certification Class

Are you at least 15 years of age? Looking for a rewarding job? Look no further than the Groveport Recreation & Aquatic Centers. Why become a lifeguard? 1. Enjoy free use of the Groveport Recreation & Aquatic Center while employed. 2. Receive ARC Lifeguard Certification Fee Reimbursement (equates to \$220; certain criteria must be met) 3. Recertification paid by the City of Groveport, 4. Work with like minded people, 5. Flexible hours. 6. Providing amazing public service. 7. Gain a life skill. 8. It's challenging both mentally & physically. 9. Good pay and 10. It's an award winning and fun place to work.

Stop by the Recreation Center and pick up a brochure which details class pre-requisites, etc. More classes will be offered beginning in February.

Who:

Persons must be 15 years old by first day of

Dates & Times: Wed., 12/27 thru Sat., 12/30 / 8 AM - 5 PM

Registration:

11/1 - 12/22

Fee:

\$220 (Credit Card only)

Questions:

Steve Riegler (Aquatics Manager)

614-836-1000 ext. 1510

## **Group Swim Lessons**

Let our staff teach your child the skills they will use the rest of their life. Classes normally fill quickly. Registrations are taken on a first come - first served basis. In the event of bad water chemistry or storms in the area, some classes may be held out of the water. We are a local provider of the American Red Cross Learnto-Swim Program. To learn more about all of the levels offered and location of the lessons (indoor or outdoor pool), visit www.groveportrec.com.

Who:

6 months - 15 years, plus Adults 16+

Fee:

\$45 Resident / \$55 Non-Res. \$5 late fee applied if registering after deadline, provided space available.

Class Dates	Pool	Registration
11/7 - 12/5, Tue & Thurs., PM	Indoor	10/23 - 11/6
1/2 - 1/25, Tue & Thurs., PM	Indoor	12/18 - 1/1
1/6 - 2/24, Sat., AM	Indoor	12/26 - 1/5





The water is warm!

## Private & Semi-Private Lessons

Is your little one having a hard time integrating into a group lesson? Are you looking for stroke refinement for your older swimmer? Private Lessons might be just what you need. We offer Private (1 swimmer) or Semi-Private (2 or more swimmers) Lessons. Please contact Kelly Carter (Aquatics Coord.) at 614-836-1000 ext. 1512 to be set up with an instructor. \$180 for six 30-min. Private or \$240 for six 30-min. Semi-Private Lessons.

## Swim With Santa

Santa and a few of his lifeguard elves will be visiting the Groveport Recreation Center's Indoor Pool on Dec. 17. Santa will be listening to holiday wishes, handing out candy to good boys & girls, as well as posing for photos. Please bring your bathing suit, towel. Don't forget your camera so you can capture some memories.

Who:

Parents & their kids

Date/Time:

Sunday, Dec. 17 / 4 PM - 6 PM

Registration:

11/1 - 12/15

Fee:

\$6/person. All persons entering pool deck

area must be registered.

# GROVEPORT RECREATION DEPT. - Important Dates -

614-836-1000 / www.groveportrec.com

EVENT / PROGRAM	DATE
Merry Fitness promotion begins	11/1
Lifeguard Certification Class registration begins	11/1
Swim With Santa registration begins	11/1
Free Blood Pressure Screening	11/2
Kids Night Out at GRC	11/3
Tae Kwon Do / Karate Ki Do begins	11/4
3rd - 4th Grade and 5th - 6th Grade Basketball League registration deadline	11/5
3rd - 6th Grade Volleyball registration deadline	11/6
Little Hoop Stars begins at GRC	11/7
Fall Crafters Bazaar (9 AM - 2 PM) at GRC	11/11
Free Blood Pressure Screening	11/16
Kids Night Out at GRC	11/17
1st - 2nd Grade Basketball Clinic registration deadline	11/19
Thanksgiving Day - GRC closed	11/23
Black Friday - GRC open	11/24
Members Only Men's Basketball League registration deadline	11/29

Please see page 11 regarding all important dates regarding Group Swim Lessons

## **November Climbing Wall Hours**

Mon., Tue. & Thurs. 6:00 PM - 8:00 PM Sat. & Sun. 12:00 PM - 3:00 PM





# There's only one sports medicine leader for serious athletes.

We're the best at getting them ready for battle. The best at getting them back in the game. And the best at bringing their goals into reach. We're the sports medicine experts at Nationwide Children's Hospital and we're the best equipped to treat concussions, rehab sports injuries or prevent them from happening in the first place. So, if your athlete is 18 or under, don't risk their career to anyone else.

For more information about our five central Ohio locations, visit NationwideChildrens.org/Sports-Medicine

**Sports Medicine** 



# GROVEPORT SENIOR CENTER - General News -

614-836-4599 / www.groveportrec.com

Are you 55 years or older? Do you enjoy shooting pool, playing cards, going on day and overnight trips, playing board games, participating in educational seminars, dancing, playing shuffle-board, making crafts, eating meals, playing ping pong, participating in holiday special events and more? If so, you might want to consider joining the Groveport Senior Center. Under most cases, persons must be a member of the Groveport Senior Center to participate in programs. Annual membership dues are only \$8. Questions, call Deb at 614-836-4599.

#### DAILY ACTIVITIES

Monday	Progressive Euchre	12:00 p.m.
Tuesdays	Line Dancing Pinochle	9:30 a.m. 10:00 a.m.
Wednesdays	Game Day Quilting	11:00 a.m. 12:30 p.m.
Thursday	Crafts Lunch Hand & Foot	9:30 a.m. 11:45 a.m. Times Vary
Saturday	Progressive Euchre	4:00 p.m.

#### **UPCOMING ACTIVITIES**

Wellness Clinic: A nurse from Winchester Place is at the Senior Center on the 3rd Thursday of each month (10:30 a.m. - 11:30 a.m.) and will offer free blood pressure checks. Stop in and get your blood pressure checked. The next Wellness Clinic is scheduled for November 16.

Monthly Craft: Join us as we make a different craft each time we meet. Pre-registration is required for this FREE event taking place on **November 17**, at 10:30 a.m. This program is sponsored by the Inn at Winchester Trail.

Foot Care Clinic: We will have a registered nurse from Everyday Divinity here on the first Thursday of every month to do foot care. The cost is \$27 for a 30 minute appointment and will include a complete foot assessment, expertly trimmed, thinned and filed nails and corns and callouses filed and buffed if necessary. Call or stop in to schedule your appointment for November 30.



## **UPCOMING TRIPS**

October 20: LaComedia Dinner Theatre presents "Mamma Mia." This beloved blockbuster has thrilled 54 million people worldwide. Don't miss your chance to see the ultimate feel-good show that combines ABBA's greatest hits such as "Dancing Queen," "S.O.S." and many more hits with an enchanting tale of love, laughter and friendship. The cost is \$60.00 due on sign up and includes transportation, a buffet lunch and the show!

November 14-17— Join us for an early taste of a Country Christmas in Nashville where our home for three nights is at the gorgeous Opryland Hotel! Other inclusions are a Country Christmas dinner featuring the Diamond Rio Band, the "ICE" exhibit with themed sculptures, guided tour of Nashville, RCA Studios tour, a ride on the Delta River Flatboat inside the Opryland Resort, deluxe motorcoach transportation, gratuities on all included items and more! The cost is \$719.00 per person double occupancy and is due on registration.

November 27: Wildlight Wonderland at the Columbus Zoo. We will begin the day with an early family style dinner at the Der Dutchman in Plain City and then its off to the Columbus Zoo to take in the spectacular display of holiday lights at the Wildlight Wonderland! The cost is \$49.00, per person, due by October 19 and includes transportation, dinner and admission to the zoo for the evening.

December 6: LaComedia Dinner Theatre presents "Timeless Memories of Christmas." Celebrate the joys of Christmas this season with *Timeless Memories of Christmas*. This festive revue features your favorite carols, dazzling costumes and beautiful sets, and is sure to put you in the true spirit. Concluding with a celebration of the true meaning of Christmas and LaComedia's rendition of "O'Holy Night," it's the perfect way to create a Timeless Memory of Christmas of your own. The cost is \$60.00 per person and includes motorcoach transportation, the show and a delicious lunch buffet.

December 18: The Shoji Tabuchi Christmas Show. Join us for an unforgettable holiday show at the Villa Milano featuring the world class violinist, Shoji Tabuchi. The cost is \$72.00 per person, due on sign up and in addition to the show includes lunch and transportation.

You do not have to be a member of the senior center to join us on any trip.

Deb Scholl-Saulnier, Senior Citizens Coordinator
7370 Groveport Road • Groveport, OH 43125
614-836-4599
www.groveportrec.com

## - Adult Programs -

614-836-3333

Community Affairs Department

## **Line Dancing**

All skill levels & ages are invited to participate in this daytime line dancing program. Wear shoes with leather soles or socks.

Dates/Times: Mon. & Wed. /10:00 AM - 11:30 AM

Location: Groveport Town Hall, 648 Main Street

Fee: Free
Registration: Drop in

## Art of Movement

The Art of Movement Foundations combines the East and West intuitive dance practices to help you add energy & relieve stress.

Who: 16 to adult

Dates/Times: Thursdays / 6:30 PM - 8:00 PM

Location: Groveport Town Hall, 648 Main Street

Fee: \$4 resident / \$5 nonresident

Registration: Drop in

## **TOPS Weight Loss Support Group**

Who: Everyone

Dates/Times: Wednesdays / 9:30 AM - 11:00 AM

Location: Groveport Town Hall, 648 Main Street

## Tuesdays@One

Adult (child friendly) art and education program every Tuesday. Speakers, demonstrations, creative projects and activities. Registration is required, due to supplies being provided.

Who: Adults (child friendly)

Dates/Time: Tuesdays / 1:00 PM - 2:00 PM

Location: Groveport Town Hall, 648 Main St.

Cost: Free (supplies provided, unless noted)

Registration: Accepted thru Tuesday of each class

November 7 Scarecrow Wine Bottle

November 14 Fall Wine Glass Centerpiece

November 21 Turkey Name Card

November 28 Pinecone Door Hanger

Need to bring (6) long shaped pinecones





## Cook's Corner

Adult (kid friendly) program series on the first Friday of each month. Join the fun and be a part of the demonstrations that include hands-on cooking, discussions, experiencing new foods & learning new skills. November Topic: Tater Tot Bites. Space is limited.

Who: Adult Fee: Free

Date/Time: Friday, November 3 10:00 AM - 11:00 AM

Location: Groveport Town Hall, 648 Main Street

Registration: By November 1

## **Quilting-Seasonal Pillow Wraps**

Four week program series with step by step instruction.

Who: Adult

Dates/Times: Tuesdays / 6:00 PM - 8:00 PM

November 7, 14, 21 & 28

Location: Groveport Town Hall, 648 Main Street

Fee: \$15 resident / \$17 nonresident

Registration: By November 3



# First Lego League Jr Challenge Expo

Join us to view the Show Me Posters, Team Models and to listen to the youth share what they have learned about their Aqua Adventure.

Who: Everyone

Dates/Times: Saturday, November 18/ 1:00 PM

Location: Groveport Town Hall, 648 Main Street

Fee: Free

Registration: Drop in



## Preschool Programs -

614-836-3333 Community Affairs Department

# Preschool Playgroup Grow with Me

Activities designed to accommodate different age groups within the same setting. Lesson, snack & free play help children grow academically and socially. Adult participation is required.

Who: Preschool children Fee: Free

Dates/Time: Every Tues. & Wed. / 10 AM - 11:30 AM

**Location:** KidSpace, 630 Wirt Road **Registration:** No registration - Drop in

Weekly Theme: November 7 & 8: Kings & Queens

November 14 & 15: Circus November 21 & 22: Turkeys November 28 & 29: Thanksgiving

## Preschool Rock n' Rollers

Music and movement centered program for your junior rocker. Adult participation is required.

Who: Preschool children Fee: Free

Dates/Time: Every Thursday / 10:00 AM - 11:00 AM
Location: KidSpace, 630 Wirt Road

Location: KidSpace, 630 Wirt Road

Registration: No registration - Drop in

## **Preschool Picassos**

Creative crafts that little hands can easily construct. Adult participation is required.

Who: Preschool children Fee: Free

Dates/Time: Every Friday / 10:00 AM - 11:00 AM

Location: KidSpace, 630 Wirt Road

Registration: No registration - Drop in

## **Preschool Science**

Are you ready for a messy, fun time? Learn about science with hands on activities. Dress for mess! Space is limited. Program will start after Preschool Grow with Me.

Who: Ages 3 - 5 (Adult participation required)

Dates/Time: 1st Wed. each mo. (11/1) / 11:30 AM - 12:00 PM

Location: Groveport KidSpace, 630 Wirt Rd

Registration: No registration - Drop in Fee: Free

Theme: Tricks



## **Preschool Sing with Me**

Music, singing and instruments that your little ones will enjoy. Adult participation is required. Program will start after Preschool Grow with Me. Adult participation is required.

Who: Ages 3 - 5 Fee: Free

Dates/Time: 2nd Wed. each mo. (11/8) / 11:30 AM - 12:00 PM

Location: Groveport KidSpace, 630 Wirt Road

Registration: No registration - Drop in

## **Preschool Let's Read**

Your little one will be read to in a group setting. We will focus on a different author each month. Activity/game. Program will start after Preschool Grow with Me.

Who: Ages 3 - 5 (Adult participation is required)

Dates/Time: 3rd Wed. each month. (11/15) / 11:30 AM - 12 PM

Location:Groveport KidSpace, 630 Wirt RoadRegistration:No registration - Drop in / Fee: FreeTopic:James Dean and "how'd they do that"

## **Preschool Enrichment**

This program will give kids a chance to practice letter and number tracing using different mediums plus activities that further encourage letter / number identification will be incorporated.

Who: Ages 3 - 5 (Adult participation is required)

Dates/Time: Tuesdays & Thursdays each month.

11:30 AM - 12 PM

Location: Groveport KidSpace, 630 Wirt Road

Registration: Deadline two days before each program date /

Monthly sign up available

Fee: Free

## **Home School Science**

Homeschoolers-- come and put your science lesson in action! Home school science offers a chance to do experiments and hands on activities to support curriculum for 7-12 year olds . Lesson: Human Body.

Who: Youth ages 7-12 Fee: Free

Dates/Time: Second & Third Mondays each month

(11/13 & 11/20)

Group #1: 11:00 AM - 12:00PM Group # 2 12:30 PM -1:30 PM

Location: KidSpace, 630 Wirt Road

Registration: Deadline two days before each program date.

## - Youth Programs -

614-836-3333

Community Affairs Department

## **Home School Craft**

Join the fun with other kids and families as we make great crafts and socialize. Let's be creative.

November 2: Name Craft

November 16: Pilgrim Hat

Who:

Ages 4 and up

Fee: Free

Time:

10:00 AM - 11:00 AM

Location:

Groveport Town Hall, 648 Main Street

Registration: Two days before each program date

## Science Night Static Electricity

Join the fun and be a part of the things that make us go OHH and AHH! Let's experiment and discover why opposites attract with fun static electricity experiments. Find out about positive and negative charged particles using a few basic items.

Who:

Ages 5-12

Fee: Free

Date/Time:

Monday, November 6 / 6:30 PM - 7:30 PM

Location:

Groveport KidSpace, 630 Wirt Road

Registration:

By November 3

## Jr Sewing-New Program!

Let's get you started on learning how to do some simple hand sewing to get you ready for the youth Sewing class. We will mainly work on learning different stitches during this class with some occasional straight stitches on the sewing machine.

Who:

Ages 7-10

Fee: Free

Date/Time:

Monday, November 13 / 6:30 PM - 8:00 PM

Location:

Groveport Town Hall, 648 Main Street

Registration:

By November 9

Project and

Glove Pals / (1) glove

Supplies:

## **Kid's Night - Fall Luminary**

Learn how to create a fun seasonal Fall Luminary Jar.

Who:

Ages 5-12

Fee: Free

Date/Time:

Monday, November 14 6:30 PM - 7:30 PM

Location:

Groveport KidSpace, 630 Wirt Road

Registration:

By November 9



## Fall Nail Art

Have fun learning how to make fall nail art that will be the talk of the house. All supplies will be provided, but you are welcome to bring your own nail polish.

Who:

Ages 10 to adult

Fee: Free

Date/Time:

Friday, November 17 6:00 PM - 7:00 PM

Location:

Groveport Town Hall, 648 Main Street

Registration:

By November 15

## **Youth Sewing**

Youth will learn how fun sewing can be. This is a hands-on class. They will learn basic important skills: sewing on buttons to a more complex skill like threading a sewing machine to following a pattern. Learn how to sew a different project each month. November project: Yo-Yo Sham

Who:

Ages 11 - 16

Fee: Free

Date/Time:

Monday, November 20 / 6:00 PM - 8:00 PM

Location:

Groveport Town Hall, 648 Main St.

Registration:

By November 17

## Youth Connection

Come join us once a month to hang out and do things with kids your own age. The activities will be based on the desires of the class. Ideas of programs already put on the table are: crafts, working with fabric, drawing/painting, fashion and nutrition. Come and make a connection.

Who:

Ages 10 - 16

Fee: Free

Date/Time:

Monday, November 27 / 6:00 PM - 7:30 PM

Location:

Groveport Town Hall, 648 Main Street

Registration:

By November 22



## Need a room to hold your meeting or event?

Room rentals at Town Hall and Crooked Alley KidSpace are available. \$25.00 non-refundable fee for residents to reserve a Please contact Town Hall at 614.836.3333 for non-resident rates or for more information.

## -Youth Programs & This and That-

614-836-3333

community affairs department

# Home School Line Dance New program!

Step by step instructor led program. Have fun learning the steps needed to complete a dance.

Who:

Ages 6 & up

Dates/Times:

Monday, November 27 & December

11:30 AM - 12:30 PM

Location:

Groveport Town Hall, 648 Main Street

Fee:

Free

Registration:

Registration deadline is two days before

each program date.

## **November Art Gallery**

Meena Maynard

Abstract to impressionism and more





## Save the Date

Santa Night on Friday, December 1 & Saturday, December 2. Detailed information will be in the December Connection.

Sweet Adeline Concert on Saturday, December 9 at Town Hall from 6:00pm-6:45pm. Free.

Stay in the know. "Like" Groveport Town Hall on Facebook.



Follow us @GroveportGov





## **INGREDIENTS**

1 Pound small red potatoes, quartered

1 cup fresh cauliflower

2/3 cup shredded reduced-fat cheddar cheese

1/4 cup reduced-fat sour cream

1/4 teaspoon salt

#### **DIRECTIONS**

Place potatoes in a large saucepan and cover with water.
 Bring to a boil. Reduce heat; cover and cook for 10 minutes.
 Add cauliflower; cook 10 minutes longer or until vegetables are tender.

2. Drain; mash with cheese, sour cream and salt.

YEILD: 4 servings

#### THANKSGIVING ON THE TABLE

- According to the U.S. Census Bureau, Minnesota is the top turkey-producing state in America, with a planned production total of 46.5 million in 2011. Six states—Minnesota, North Carolina, Arkansas, Missouri, Virginia, and Indiana—account for nearly two-thirds of the 248 million turkeys that will be raised in the U.S. this year.
- Cranberry production in the U.S. is expected to reach 750 million pounds in 2011. Wisconsin, Massachusetts, New Jersey, Oregon and Washington are the top cranberry growing states.

# GROVEPORT CULTURAL ARTS CENTER - Important Dates -

614-836-3333

## **November**

Community Affairs Department

EVENT / PROGRAM	DATE
Preschool Grow with Me Line Dance TOPS Preschool Science	Wed., Nov. 1
Preschool Rock n' Rollers Preschool Enrichment Home School Crafts Lego League 5 of 6 Art of Movement	Thurs., Nov. 2
Preschool Picassos Cook's Corner	Fri., Nov. 3
Line Dance Science Experiment Night	Mon., Nov. 6
Tuesdays@One Quilting 1 of 4	Tues., Nov. 7
Preschool Grow with Me Line Dance TOPS Preschool Sing with Me	Wed., Nov. 8
Preschool Rock n' Rollers Preschool Enrichment Lego League 6 of 6 Art of Movement	Thurs., Nov. 9
Town Hall Closed	Fri., Nov. 10
Town Hall Closed	Sat., Nov. 11
Town Hall Closed	Sun., Nov. 12
Line Dance Home School Science Jr Sewing	Mon., Nov. 13
Preschool Grow with Me Preschool Enrichment Tuesdays@One Kid's Night Quilting 2 of 4	Tues., Nov. 14
Preschool Grow with Me Preschool Read with Me Line Dance TOPS	Wed., Nov. 15

NOTE: Many of the programs noted have registration deadline	S
and space could be limited. For more information, please ca	//
Town Hall at 614.836.3333 Thank you.	

EVENT / PROGRAM	DATE
Preschool Rock n' Rollers Preschool Enrichment Home School Crafts Art of Movement	Thurs., Nov. 16
Preschool Picassos Fall Nail Art	Fri., Nov. 17
Lego League Challenge Expo	Sat., Nov.18
Line Dance Home School Science Youth Sewing	Mon., Nov. 20
Preschool Grow with Me Preschool Enrichment Tuesdays@One Quilting 3 of 4	Tues., Nov. 21
Preschool Grow with Me Line Dance TOPS	Wed., Nov. 22
Town Hall Closed	Thurs., Nov. 23
Town Hall Closed	Fri., Nov. 24
Town Hall Closed	Sat., Nov. 25
Town Hall Closed	Sun., Nov. 26
Home School Line Dance Youth Connection	Mon., Nov. 27
Preschool Grow with Me Preschool Enrichment Tuesdays@One Quilting 4 of 4	Tues., Nov. 28
Preschool Grow with Me TOPS Line Dance	Wed., Nov. 29
Preschool Rock n' Rollers Preschool Enrichment Art of Movement	Thurs., Nov. 30





5 Blacklick Street	614-836-5301
ace, 630 Wirt Rd.	614-836-3333
	614-836-1000
•	614-830-2060
•	614-836-3910
•	614-836-3333
•	
	Мауог
ldine, Jean Ann Hilbert,	
Lockett, Jim Beidler	Council
C	ity Administrator
	Police Chief
Jeff Green Asst. Administrator/Finance Dir.	
Patty StortsCommunity Affairs Director	
Dennis MoorePublic Works Superintendent	
Iransp	ortation Director
	ace, 630 Wirt Rd. 370 Groveport Rd. lyde Moore Drive Groveport Rd. Street ort, 1005 Richardson Rd. Idine, Jean Ann Hilbert, Lockett, Jim Beidler

#### **Department Phone Numbers**

614-830-2042
614-830-2045
614-830-2053
614-830-2043
614-836-3333
614-836-5301
614-830-2048
614-830-2051
614-830-2059
614-836-1000
614-830-2060
614-836-3910
614-836-7433
614-830-2048

## **Community Meetings**

Wed., Nov. 1 2:00 PM Cemetery Comm.

@ Public Works Facility

Mon., Nov. 13 5:30 PM Trees & Decorations Comm.

6:30 PM Council

Mon., Nov. 20 5:30 PM Council Committee of Whole

Mon., Nov. 27 6:30 PM Council

\* all meetings at 655 Blacklick Street, Groveport, OH 43125, unless otherwise noted.

## **Firefighters 4 Kids**

Firefighters4Kids is a program that provides assistance with toys at Christmas. If you are in need of assistance and live in either Grove-port-Madison School District or Canal Winchester School District, please register at Fire Station 181.

Madison Twp. Fire Station 181 4567 Firehouse Lane Groveport, OH 43125

Registration Dates & Times are as follows:

Thurs., Nov. 30 9:00 am - 11:30 am
Fri., Dec. 1 12:30 pm - 3:00 pm
Sat., Dec. 2 \*all three days

In order to register, please bring your proof of need, such as SNAP, HEAP, etc. Please also bring Photo ID for you, Birth ID for the child (we do not accept SSN cards), and if you have custody, the proper paperwork.

