September 2018

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he City of Groveport's Media Hub

CITY OF GROVEPORT

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Be sure to check out new Nutritionally Fit program on page 5.

Run Ruck Remember

The goal of the Run Ruck Remember is to ensure that we never forget those lost on Sept. 11, 2001 and the sacrifices that first responders and military personnel make to protect us from evil. As a result of the Sept. 11 attacks, 2,995 people lost their lives. **What:** 9.11k route. Participants may choose to "Ruck" (put on 25 lbs on their

Date/Time: Where: Registration: Note: back in a backpack or Rucksack) and walk or run. Sun., Sept. 9 / 8:52 a.m. Please check-in by 8:30 a.m. Groveport Park, 7370 Groveport Road www.runruckremember.org or www.fallen15.org This is NOT a City of Groveport event. The event is administered by the Fallen 15.



16th Annual Dog Paddle Palooza

Grab Man's Best Friend, your camera and his/her favorite

fetch toy, towel & leash and head to the outdoor water park for an evening of fun. Humans are not permitted in the pool. Registrants must provide up to date dog vaccinations to be admitted. If you don't want to wait in line, register in advance at the Groveport Rec. Center.

Date/Time: Thurs., Sept. 6 / 6:00 PM - 8:00 PM

Fee: \$2/dog. Humans are free

Movie in the Park

Hopefully Mother Nature will not wash us out this time. The Sandlot (rated PG - 1993) will be shown on a giant inflatable screen in Groveport Park. This film hit the box office 25 years ago and is an American coming-of-age baseball film. Come dressed in your favorite baseball/softball jersey & cap. Bring your lawn chairs, blankets, picnic basket, & bug spray. Concessions <u>may</u> be available. Persons 14 years of age & under must be accompanied by an adult. Pets are not permitted. **Date:** Sat., Sept. 8



Time: Kid's activities begin at 6:30 PM. Movie begins at dusk.

Fall Community Garage Sale

Time to do some cleaning so you are ready for the Fall Community Garage Sale. Fee includes a garage sale permit, balloons and your sale included on our listing. This sale does not count towards your 2 x year garage sale limit.

Who: Homes in and around City of Groveport Registration: thru Sept. 2

Dates/Times: Fri., 9/7 & Sat., 9/8 / 9:00 AM - 6:00 PM Fee: \$5/household

GROVEPORT

Senior Center







City of Groveport & Recreation Dept. - General News

614-836-5301 / www.groveport.org

Tips to avoid mosquitoes during your Labor Day festivities

Franklin County Public Health knows that your Labor Day plans likely include barbecues, picnics or parties with family and friends. Chances are you won't want to battle mosquitoes during those festivities.

Mosquitoes are attracted to anything in which they can get a blood meal. By taking simple precautions, you can lower your chances of getting bit by mosquitoes and avoid mosquito-borne diseases. If possible, avoid being outdoors at dawn and dusk when mosquitoes are most active. If you plan to enjoy the evening outside with family and friends, be sure to use insect repellent. For added protection, wear light colored clothing, long sleeves, and long pants. Avoid perfume, colognes, or other heavy scents that may attract mosquitoes.

A wide variety of insect repellent products are available. It is recommended that you use products containing active ingredients that have been registered with the U.S. Environmental Protection Agency (EPA) for use as repellents applied to skin and clothing. Always follow label directions when applying mosquito repellants and see if it is appropriate to apply to children. Some may have concentrations not suitable for small children. Products containing DEET and Picaridin typically provide longer -lasting protection than others, but products containing Oil of Lemon Eucalyptus (PMD) also provide a reasonable amount protection.

Take a look around your yard and empty any container that is holding water such as flower pots, bird baths, rain barrels, etc. Mosquitoes breed in that water and stay close to that area when they hatch and feed. It is a simple task that makes a huge difference in the mosquito population in your yard.

If you have questions, want to report an area with mosquito problems, or need additional information about mosquitoes, call Franklin County Public Health's Mosquito Bite Line at (614) 525 -BITE, and leave a message and our staff will respond. You can also visit https://mosquito.myfcph.org/ to submit a service request online.

Follow Franklin County Public Health on Facebook (Franklin County Public Health) and/or Twitter (FC_PublicHealth) to receive notifications regarding mosquitoes or mosquito spraying as it is scheduled.



Attention Seniors (65 Yrs. & Over)

Did you know that we offer two fitness programs specifically for seniors at the Groveport Recreation Center? Stop by and see if you qualify for a free membership to our wonderful facility.



UnitedHealthcare Optum Fitness Advantage

Optum Fitness Advantage

Employee of the Month

Please help us congratulate Chloe Palmer (Assistant Seasonal Aquatics Manager). Chloe was nominated by another part-time employee for her attention to detail and willingness to assist other staff members. The staff member specifically noted that during busy times at the Groveport Aquatic Center's front desk, Chloe makes herself available to assist staff and patrons. Chloe has been seen explaining rules to groups, putting on wrist bands on persons who will be re-entering the facility, handing out rain checks on inclement weather days, sweeping up the entry way, taking out the trash, etc. Thank you Chloe for all that you do!



Chloe Palmer



Grab a friend and start training for this year's Apple Butter Day 5k.

Apple Butter Day 5k & 1 Mile

Who:All ages & abilitiesDate:Saturday, Oct. 13Time:9:00 AM (1-mile walk/jog)9:30 AM (5k walk/jog/run)Where:Groveport Park

Fee: \$10 (1-mile) \$ 20 (5k

Groveport Recreation Dept. - General News -

614-836-1000 / www.groveportrec.com

Closures & Non-Traditional Hours

The Groveport Recreation Center will be closed on Monday, September 3 in observance of Labor Day. However, the Groveport Aquatic Center (Outdoor Water Park) will be open 12:00 PM - 8:00 PM (weather permitting).

When you head back to the GRC on Tuesday, Sept. 4, you will be able to workout longer as Fall/Winter Hours will be in effect.

M - F	5:30 AM - 9:00 PM
Sat.	8:00 AM - 8:00 PM

Sun. 8:00 AM - 6:00 PM

Birthday Parties

If you are a parent with an active child, you need to read further. \$250 covers 20 Day Passes to the GRC • 90 minute room reservation • 3 Large Single Item Pizzas • 1 Dairy Queen Ice Cream Cake • 4 Two Liters of Pop • Disposable plates, cups, napkins & utensils • T-shirt for the birthday boy or girl • 4 GRC Day Passes to be used at a later date. Your child will also have his birthday splashed on our massive digital marquee sign. All you need are a few decorations, some invitations and maybe some ear plugs (optional). Additional party guests are only \$5/person. To check room availability, call our office at 614-836-1000 .





September Climbing Wall Hours

Monday Tuesday Thursday Saturday Sunday 6:00 PM - 8:00 PM 6:00 PM - 8:00 PM 6:00 PM - 8:00 PM 1:00 PM - 4:00 PM 1:00 PM - 4:00 PM



Free Blood Pressure Screenings

Compliments of the Madison Township Fire Dept., free blood pressure screenings will be offered in the lobby of the Groveport Rec. Center on the following dates. *Due to emergency runs, there may be times when the Madison Twp. Fire dept. staff may not be available.* A blood pressure cuff is also available if these times are not accessible. Ask a fitness attendant for help.

Date:	Time:
Thurs., Sept. 6	9:00 AM - 12:00 PM
Thurs., Sept. 20	9:00 AM - 12:00 PM

On-Line Registration Available

Did you know that you can register on-line for most of our programs, including swim lessons? Please see our front desk staff to set up a User Name & Password.

www.groveportrec.com

Soccer Officials Wanted



The Groveport Recreation Dept. is currently looking for soccer officials to work in our youth fall soccer league. No experience is necessary, but playing experience and general knowledge of the game is preferred. Officials earn between \$12 -\$22/game. Pay rate depends on if the person is a certified soccer official and what age division he/she works. Officials must be 14 years of age or older. Interest-

ed persons should contact Juli Pintz, Recreation Coordinator at jpintz@groveport.org or 614-836-1000 ext. 1513.

Swim Instructors Wanted

The Groveport Recreation Dept. is currently looking for swim instructors capable of teaching group learn to swim classes at the Groveport Recreation Center to persons of all ages and abilities.

Swim Aide (\$10/hr.)

* No Water Safety Instructor Certificate



Group Swim Instructor (\$12 - \$14/hr.) * Holds Water Safety Instructor Certificate

Private/Semi-Private Swim Instructor (\$16/session)

Work around like-minded people • Two great facilities on one site • Year round employment • Have fun • Teach kids a life saving skill • Make a positive impact • Opportunity to be a leader • Serve as a role model • Competitive Pay

Interested or know someone who might be? Contact Kelly Carter, Aquatics Coord. at 614-836-1000 ext. 1512 or email her at kcarter@groveport.org

Save the date... Fall Crafter's Bazaar

Date/Time:	Sat., Nov. 10 (9 AM - 2 PM)
Location:	Groveport Recreation Center Gym
Vendors:	Call Juli Pintz at 614-836-1000 ext. 1513.

GROVEPORT RECREATION DEPT. - Fitness -

614-836-1000 / www.groveportrec.com

* Pre-registration

REQUIRED

September Group Fitness Classes

To see a full description of each class visit www.groveportrec.com

DAY/TIME	<u>CLASS</u>	INSTRUCTOR
MON.		
9:15 a.m.	Trim Tummies	Denune
10:00 a.m.	Water Aerobics	Frank
10:00 a.m.	SilverSneakers Classic	Denune
10:00 a.m.	TRX & Abs	Coakley
11:00 a.m.	SilverSneakers Circuit	Coakley
11:15 a.m.	Arthritis Aquatics Program	Frank
12:00 p.m.	SilverSneakers BOOM Muscle	Coakley
12:30 p.m.	SilverSneakers BOOM Stretch	Coakley
5:00 p.m.	Arthritis Land Based Program	Frank
6:00 p.m.	Water Aerobics	Denune
6:15 p.m.	Zumba	Frank
TUE.		
8:30 a.m.	Water Aerobics	Denune
8:45 a.m.	SilverSneakers Classic	Coakley
9:45 a.m.	TRX & Abs	Coakley
11:15 a.m.	SilverSneakers Circuit	Denune
5:30 p.m.	Pilates	Neu
6:45 p.m.	Kickboxing	Neu
WED.		
9:15 a.m.	Cycling with Sara	Denune
10:00 a.m.	Water Aerobics	Frank
10:15 a.m.	TRX Fitness	Coakley
10:15 a.m.	SilverSneakers Yoga	Denune
11:15 a.m.	Arthritis Aquatics Program	Frank
11:15 a.m.	SilverSneakers Classic	Coakley
12:15 p.m.	SilverSneakers BOOM Muscle	Coakley
6:00 p.m.	Quick Spin & Strength Training	Neu
6:15 p.m.	Aqua Zumba	Frank

Make it a goal to do something active on days that end in a "Y".

DAY/TIME	<u>CLASS</u>	INSTRUCTOR
THURS.		
9:00 a.m.	Stretch to Fitness	Frank
9:15 a.m.	H2O Kickboxing/Step	Denune
10:30 a.m.	SilverSneakers Classic	Frank
12:00 p.m.	Yang 24 Tai Chi	Henry
1:00 p.m.	Tai Chi for Beginners	Henry
5:00 p.m.	Arthritis Land Based Program	Frank
6:15 p.m.	Zumba / Strength & Tone	Frank
FRI.		
8:30 a.m.	Water Aerobics	Denune
8:45 a.m.	Tai Chi for Arthritis + Fall Prevent	Henry
10:00 a.m.	S.W.A.T.	Denune
11:15 a.m.	SIlverSneakers Circuit	Coakley
12:00 p.m.	SilverSneakers Classic	Coakley
5:30 p.m.	Pilates	Neu
SAT.		
8:45 a.m.	TRX Power, Strength & Endurance	Coakley
12:00 p.m.	*Tae Kwon Ki Do/Karate Ki Do	Evans
SUN.		
11:00 a.m.	Restorative Yoga	Finneran

Fitness Tip

Be persistent with your exercise routine! Ann sees people come in and take a class, maybe two, but then say "it's too hard" and then they give up. It took a while for you to reach your current shape, and it's going to take a while for you to get back into the shape you want and for you to reach your fitness goals. It usually will take 6 months of consistent exercising 3 - 5 times per week to see the benefits of your exercise and for the exercise to become a little easier. Exercise and healthy diet are a key to having the body you want. - Ann Neu, Fitness Instructor at Groveport Recreation Center.

GROVEPORT RECREATION DEPT. - Fitness / Adult Athletics -

Grill

Nails

Paddock Pub

614-836-1000 / www.groveportrec.com

Trail Riders Group Bike Ride

Get out and get some free exercise, socialization and good food with this group of bicycle riders. Each ride is typically between 10 - 15 miles round trip, with a lunch stop scheduled along the way. Rides last between 2 - 3 hours, inc. lunch stop. Beginners are welcome. No riders are left behind. Some on road riding may be required. Rides begin at 11 AM. Participants are responsible for purchasing their own lunch at the food stops. Please bring a bike cable and lock as well. Helmets are required. * = Free pre-ride bike clinic led by Cyclist Connection at 10:30 a.m. Questions. call 614-836-1000 ext. 1505.

Date	Start/Meeting Point	Lunch Stop
9/5*	Cruiser Park	Birch Tavern
9/12	Pickerington Ponds Metro Park (Glacier Knoll)	La Fogata Gri
9/19	Three Creeks Metro Park	Old Bag of Na

(Heron Pond) 9/26 Walnut Woods Metro Park

(Richardson Road)



"NEW" Nutritionally Fit

Have you been looking to create healthy eating habits? Then the Nutritionally Fit program from Dietician in Your Kitchen is for you. This 8-week program consists of weekly 45-minute group presentations covering the following topics: 1). Meal Planning, 2). Water, 3). Fruits & Vegetables, 4). Meal Timing, 5), Protein, 6). Carbohydrates, 7). Fueling Workouts and 8). SMART Goals & Wrap-Up. Each participant will receive 20 dinner menus, grocery lists, recipes, personal nutrition plans, access to online nutrition portal for HIPAA complaint communications, record keeping (easy - snapping photos of meals), weekly on-site group sessions with personal Q & A time (can be done via video conferences). Program is limited to the first 30 registrants.

Who:	16 Years & Up
Dates/Times:	Wed., Sept. 12 - Oct. 31 / 6:30 PM - 7:15 PM
Location:	Groveport Recreation Center
Fee:	\$130 (that's only \$16.25/session)
Questions:	Amy Van Huffel, Sports/Fitness Manager 614-836-1000 ext. 1505 avanhuffel@groveport.org
Register:	https://goo.gl/forms/GuUb9oHG1UVE2wIV2

Adult Pickleball Play

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a wiffle ball) and wood or composite paddles. The game can be played as singles (one person per side) or doubles (two people per side). It is easy for beginners to learn, and can develop into a quick, fast-paced, competitive game for experienced players.

Who:	Men and Women 18 and over
Date/Times:	Please check our Gym Schedule
Location:	Groveport Rec. Center
Player Fee:	GRC Member: Free Normal GRC Day Pass fee apply to all others

Beginner Pickleball Class

Learn how to play the wonderful game of Pickleball. The first hour of class is instruction. Basics of game play, rules, scoring, skill development and strategy will all be covered. The second hour will be open play so that you can practice what you learned. By the end of the session, hopefully you will be confident playing the game and can play against more advanced players. Class is held at Groveport Rec Center.

Who:	Men and Women 18 and over		
Date/Times:	Wed., Sept. 26 - Oct. 31 / 6:30 PM - 8:30 PM		
Registration:	July 1 - Sept. 19		
Player Fee:	\$30		

Women's & Girls' High School **Drop-In Basketball Hours**

Check out our Gym Schedules for Women's/Girls Only Drop-In Basketball hours. If you are a female in high school or a woman who likes hoops, stop in and play and hopefully we will get enough interest for some pick up games.



GROVEPORT RECREATION DEPT. - Youth Athletics -

614-836-1000 / www.groveportrec.com

Accessible Trick or Treat

The 3rd Annual Accessible Trick or Treat is open to people of all ages with physical or cognitive disabilities and their family members. Enjoy trick-or-treating in the Groveport Recreation Center gym, eating pizza and playing games. Prizes for top costumes. Please, no scary costumes.

 Date:
 Tues., Oct. 23
 Fee:
 \$3/person

 Time:
 6:30 PM - 8:30 PM

Special Olympics Swimming

The Groveport Special Olympics Swimming program will begin its season on Sun., Sept. 2 at the Groveport Rec Center. Practice is every Sunday (5:30 - 7 PM) and runs thru November. Both skills & competitive swimming are offered for persons 8 years & up with intellectual or physical disabilities. For more info. or to volunteer, please contact Penny Hilty (Coordinator) at at groveportspecialolympics@gmail.com or call her at 614-395-8992.

Groveport Tennis Academy

The Groveport Recreation Department is offering high quality tennis instruction for juniors (3 1/2 years and up) and adults at

an affordable price. Clinics are available for beginners through tournament level and league players. Let Chris Borden-Brown, USPTA Certified Teaching Professional and former Assistant Head Pro of New Albany Country club, introduce you to the game or further your knowledge and skills. Quick Start Instruction will be used with Juniors. All



lessons will take place at Groveport's Degenhart Park located at 335 Lesleh Ave., Groveport. If you have any questions, please contact Chris at 614-282-4779 or groveporttennis@hotmail.com. A minimum of 3 registered participants for class to run, additional sections will be added when possible with 3 on the waiting list. Racquets will be available to borrow for junior clinics up to age 12. Adult size racquets are available to purchase after opportunity to try various demo racquets. Space is limited, so please register early. See next column for more information.

Groveport Tennis Academy continued...

What:	٦
Fall Session:	9
Registration:	t
Questions:	(
	(

Tennis instruction for 3.5 years thru adult. Sept. 10 - Oct. 13 thru Sept. 2 Chris Brown-Borden (USPTA Certified Teaching Professional) 614-282-4779

"NEW" Beginner Archery Lessons

Archery is a great sport that any age can learn to participate in. This a great class for beginners to learn the basics of archery. A certified instructor will lead this class emphasizing safety and safe shooting practices. Small classes (limited to 4 per session) allow for each participant to learn at their own pace.

Who:	6 Yrs. & Over	Fee:	\$80
Date/Times:	Sess. 1: Sun., Sept. 9, 1 Sess. 2: Wed., Sept. 12,	-	
Location:	Velocity Archery Range 2480 Creekway Dr. Columbus, OH 43207		
Registration:	First come-first served thru Sept. 5		
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National Recreation and Park Association How can a child be ored when there is so

How can a child be bored when there is so much to do outside at a park or on a trail?

Put down the video game and get active TODAY!



ASSOCIATION



GROVEPORT RECREATION DEPT. - Youth Athletics -

614-836-1000 / www.groveportrec.com

ballysportsgroup.com

Registration for the below programs is handled through Bally Sports Group at www.ballysportsgroup.com. The registration deadline for all of these programs is <u>September 4</u>. In the event that you miss the registration deadline, please call Aaron Bally.

Questions, call Aaron Bally at 614-505-6532 or email him at abally@ballysportsgroup.com

Mini Dribblers Soccer

Bally Sports leads an age appropriate program that utilizes fun games and activities to teach the fundamentals to beginning soccer players. Coaches focus on teaching the basics of dribbling, passing, scoring and the concept of game play. Proper sportsmanship is emphasized in a positive and encouraging atmosphere enabling children to enjoy learning soccer while also having fun being physical active. Each week will include both developmentally appropriate instruction and recreational, non-competitive game play.

Who: Boys & girls, 3 - 4 years old

Date/Times: Mondays, Sept. 10 - Oct. 15 / 5:45 - 6:45 PM

Location: Cruiser Park (4677 Bixby Rd.)

Player Fee: \$60, includes team shirt



Mini Mites Flag Football

With a strong emphasis on safety, this program introduces players to the fundamentals of football using fun games and drills that are age appropriate. Athletes will practice running the ball, pass routes, catching, throwing, blocking and concepts during game play. Each week will include a modified game, with equal amount of playing time and a rotation of positions. Parent help is encouraged.

Who:	Boys & girls, 4.5 - 7 years old	
Date/Times:	Mondays, Sept. 10 - Oct. 15 / 5:45 - 7:00 PM	
Location:	Groveport Park (7370 Groveport Rd.)	
Player Fee:	\$60, includes team shirt	

Little Sluggers T-Ball

This program is a great introduction to the game of baseball for young children. Using age appropriate activities, players will be introduced to fundamentals in a fun, encouraging and supporting atmosphere. Each week, the program will include an instructional portion that will cover batting, base running, fielding, throwing & catching. A modified game will also be played. Bally's staff will lead each team's instruction, but parent involvement is strongly encouraged. The Little Sluggers T-Ball Program will give your child a proper introduction to baseball & softball that teaches teamwork, builds friendships & encourages future participation.

Who:	Boys & girls, 3 - 4 years olds		
Date/Times:	Tuesdays, Sept. 11 - Oct. 9 / 5:45 - 6:45 PM		
Location:	Groveport Park (7370 Groveport Rd.)		
Player Fee:	\$65, includes team shirt & hat		

Minor League Baseball

This is a great introduction to coach-pitch baseball. The instructional portion of the program utilizes developmentally appropriate drills. Skills taught will include batting, fielding, throwing, and catching. The program will also include modified non-competitive game each week. As weeks progress, new aspects of the game will be added to allow children to learn within the context of the game.

Who:	Boys & girls, 4.5 - 7 years old	
Date/Times:	Wed., Sept. 12 - Oct. 10 / 5:45 - 7:00 PM	
Location:	Groveport Park (7370 Groveport Rd.)	
Player Fee:	\$65, includes team hat & shirt	



Thank you to Velocity Archery Range for bringing their equipment to KidsFest. Dozens of kids were able to try archery for the first time. For more info. regarding their programs, see page 6.

GROVEPORT RECREATION DEPT. - Classes & Special Events -

614-836-1000 / www.groveportrec.com

KidsFest 2018

Thank you to companies that participated in KidsFest on Sat., Aug. 11. They made the day a huge success despite all of the rain.

Aldi, Inc.	Groveport Parks & Fa
Anderson Concrete	Groveport Recreati
Bally Sports Group	Groveport Senior T
Capital University Police	Keystone Insurance
Columbus Airport Police	Local Waste Servic
Col. Franklin Cty. Metro Parks	Madison Christian
Columbus Police - Mounted Div.	Madison Twp. Fire
Donut Vendor - Rick Heimann	Madison Twp. Polic
Dowler Acres	Master Richard Eva
Eagle Strategies, LLC / NY Life	- Tae Kwon Do/Ka
Emily's Photography	Merrion Village Der
FedEx	Motts Military Muse
Final Touches Shear Beauty	Nationwide Children's
Franklin Cty & Col. Med Res Corps	NCH F.A.N. Club
Franklin County Public Health	Obetz Police Dept.
Franklin County Safe Communities	OSU Dept. of Entor
Franklin County Sheriff's Office	Pickerington Police
Franklin County SWAT	Primrose School of C
Franklin Equipment	Reynoldsburg Polic
Girl Scouts of Ohio's Heartland	Ricart Automotive (
Grill King	Rickenbacker Fire
HelloFresh	Rusty's Towing
Groveport Community Affairs Dept.	State Highway Patr
Groveport Police Dept.	Seven Up
Groveport Public Works Dept.	South Columbus Prep
	Southeast Library
	Teamwork & Associat





acilities Dept. ion Dept. Frans. Dept. e Agency ces Schools Dept. ce Dept. ans arate Ki Do ental eum s Hospital mology e Dept. Canal Win. ce Dept. Group Dept. rol p Academy ites Whitehall Police Dept. U.S. Army Corp. of Engineers Velocity Archery Range



Tae Kwon Ki Do/Karate Ki Do **Beginner (White Belts)**

Our classes are all inclusive. Even though we take students as young as 6 years old, this is not "just a kids class." Teens and adults are strongly encouraged to participate. For new students, this class will familiarize you with the most basic techniques that we teach and give you enough time to make an informed decision as to whether or not you wish to learn more.

Who:	Ages 6 and over		
Dates/Times:	Sat., Sept. 8 - Oct. 13 / 12 - 12:45 PM		
Location:	Groveport Rec. Center Registration: On going		
Fee:	\$28 Res. / \$48 Non-Res.		

Advanced (Yellow - 2nd Blue Belts)

For intermediate students. You have decided that you enjoy what we teach and wish to learn more. Students registering for this class must have reached at least the rank of 1st Yellow Belt, through our tests, scheduled on the 6th week of each session. Students who reach the rank of 2nd Blue Belt are considered to be graduates of this program.

Who:	Ages 6 and over		
Dates/Times:	Sat., Sept. 8 - Oct. 13 / 12 - 1:30 PM		
Location:	Groveport Rec. Center Registration: On goir		
Fee:	\$38 Res. / \$58 Non-Res	i.	

Main Class

Only for committed students, who desire to become Black Belts! This class sets the bar high. Students participating in this class must first be formally invited to join by Master Evans. Students lower in rank than 2nd Blue Belt can also join this class, through Master Evans' invitation. All invited candidates will be required to be exceptional, in their commitment to being good students and mentors!

Who:	Ages 6 and over		
Dates/Times:	Sat., Sept. 8 - Oct. 13 / 12 - 2:30 PM		
Location:	Groveport Rec. Center Registration: On going		
Fee:	1 Person (\$60) / Family of 2 (\$110) Family of 3 (\$145) / each person over 3 (\$35)		

Class instruction is 5 weeks long. An additional 6th week is available for those who are interested in testing.

There are additional fees for apparel, training aids and promotion testing if you choose to participate.

GROVEPORT RECREATION DEPT. - Classes & Special Events -

614-836-1000 / www.groveportrec.com

Women's Self Defense

Discuss and learn defensive techniques to defend vourself from an unwanted attacker. Groveport Police Officers will lead this class and will also discuss things that you might have on you that can be used as weapons to fight off an attacker. This is a hands-on class. Be prepared to punch, strike, kick, hold, yell, scream and more. What you learn in this class could one day help save your life. 2 part class that meets on both dates... that's 6 hrs. of instruction for \$10.

Who:	14 Yrs. & Up (age as of Oct. 17, 2018)		
Dates/Times:	Wed., Oct. 17 & 24 / 6 PM - 9 PM		
Location:	Groveport Recreation Center		
Fee:	\$10/person		
Registration:	First come first served (30 max.)		

Kids Night Out

Ditch the parents and head to the GRC for some good oldfashioned fun. Play games, swim, eat pizza, climb the wall (on occasion) and more under the watchful eyes of our staff. Pack your swimsuit and towel, and don't forget your tennis shoes! Registrations will not be accepted at the door.

Who:	6 - 12 years	Fee: \$8 Res. / \$1	10 Non-Res.
Dates:	Fridays: 9/14, 9/28, 10/12, 10/26 Register for one or multiple dates		•
Time:	5:30 PM - 8:30	PM	SLOW
Reg. Deadline:	Thursday befor	e the program	CHILDREN AT PLAY

Parent Tot Open Swim/Gym

Open Gym - We provide the space, equipment, & opportunities for gross motor play, as well as some structured staff-led activities. Come have fun & make some new friends. Participants must wear soft-soled shoes. All children must be accompanied by an adult. Open Swim - All children must be accompanied by an adult. Children that are not toilet trained must wear swim diapers.

Who:	Parents & their children (5 yrs. & under)
Dates:	Mon. (Gym), Wed. (Gym) & Fri. (Swim) *Program won't meet any time facility is closed
Times:	10 AM - 11 AM
Fee:	 \$2.50 one child; \$4 two children; \$5 three children; \$8 four+ children \$20 for a 10 visit punch pass. Kids must be in same family to receive multi- child discounted rate.

Registration: Drop-In

Home School Gym - Fun With Fitness

This class will help your child develop motor skills, learn teamwork and improve social skills all while getting much needed exercise. Children will be engaged in active group games as well as learn the basics of traditional and non-traditional sports. Wear appropriate gym attire along with soft-soled closed toed shoes.

Who:	4 - 6 Yrs. and 7 - 14 Yrs.
Dates/Times:	Tue. Session: Sept. 4 - Oct. 23 10:15 - 11:15 AM
	Fri. Session: Sept. 7 - Oct. 26 10:15 - 11:15 AM
Location:	Groveport Recreation Center
Fee:	\$25/Session
Registration:	July 3 - Aug. 31

Home School Swim Time

You must be enrolled in either Home School Gym or Water Fun in order to participate in Swim Time. This is an open swim time to give your child an opportunity to have fun in the water without direct instruction. Children under 10 years of age must be accompanied by a responsible adult (18 & over) who must directly supervise the child while in the pool.

Who:	4 - 18 Yrs.
Dates/Times:	Tue. Session: Sept. 4 - Oct. 23 11:30 AM - 12:30 PM Fri. Session: Sept. 7 - Oct. 26 11:30 AM - 12:30 PM
Location:	Groveport Recreation Center Indoor Pool
Fee:	\$25/Session
Registration:	July 3 - Aug. 31

Home School Water Fun

This is an instructional swimming course, but not the American Red Cross Swim Program. You do not need to be enrolled in an additional class in order to participate.

Who:	6 - 9 Yrs. meet on Tuesdays 10 - 14 Yrs. meet on Fridays
Dates/Times:	Tue., Sept. 4 - Oct. 23 / 9 - 10 AM Fri., Sept. 7 - Oct. 26 / 9 - 10 AM
Location:	Groveport Recreation Center Indoor Pool
Fee:	\$25
Registration:	July 3 - Aug. 31

GROVEPORT RECREATION DEPT. - Sports Med. Minute / Aquatics -

614-836-1000 / www.groveportrec.com

The Sprains & Strains of Sporting Injuries

Sprains and strains are some of the most common types of injuries in any sport. They involve the stretching or tearing of tissue. Sprains occur to ligaments, while strains involve muscles or tendons. Immediate first aid for all sprains and strains is Rest, Ice, Compression, and Elevation. After initial first aid is administered, prompt referral to an appropriate medical professional should be sought to ensure proper injury treatment because sometimes sprains and strains are more than they seem.

"Growth plates are located near the ends of long, <u>growing</u> <u>bones in children</u> and gradually close as a child reaches skeletal maturity," explains John Kean, M.D., Chief of Orthopedics at Children's Hospital. "The growth plate in growing children is weaker than the nearby ligaments and tendons. Therefore, the growth plate will become injured under lower forces than those that would injure a tendon or ligament."

For more information on why sprains and strains can be a big deal for your growing athletes, please visit the Nationwide Children's Hospital Sports Medicine website at:

https://www.nationwidechildrens.org/specialties/sports-medicine





Join us on Thursday, Sept. 6 at the Groveport Aquatic Center for our annual Dog Paddle Palooza. See page 1 for more detailed information.

"Last one in is a hairless cat".

Pumpkin Plunge

Yes, pumpkins do float. Anybody can go to a pumpkin patch or store and pick out a pumpkin. Head to the GRC and pick your "clean" pumpkin from our heated indoor pool. Dress in you Halloween costume and compete in our costume contest. Don't forget your bathing suit though. After you get out of the pool, stick around and paint your pumpkin on-site and enjoy a snack.

Who:	Parents & their kids	
Date/Time:	Sunday, Oct. 28 (3 PM - 5 PM)	

Fee: \$6/person (includes pumpkin) \$2/person (no pumpkin)

SCUBA Lessons

Columbus Scuba will offer an Open Water PADI entry level course (lifetime certification) at the Groveport Recreation Center. Course includes classroom learning, textbooks, log book, dive tables, confined water dive, open water dive and certification. Participants must provide their own mask, fins & snorkel. Equipment is available at Columbus Scuba. Discounts are available for class participants.

Who:	Persons 10 years & above	
Dates & Times:	Session: Sundays 9/9, 9/16, 9/23 & 5 PM - 8 PM	10/7
Registration:	thru 9/5	
Fee:	\$389 (Checks Only) * payable to Columbus Scuba	
Questions:	614-500-7234 (Columbus Scuba)	

Infant Swimming Resource

This program will tentatively return in the spring of 2019. For more info., contact Tracy Wheeler at 740-398-1715 or <u>t.wheeler@infantswim.com</u> or www.infantswim.com.

Group Swim Lessons

Let our staff teach your child the skills they will use the rest of their life. Classes normally fill quickly. Registrations are taken on a first come - first served basis. In the event of bad water chemistry or storms in the area, some classes may be held out of the water. We are a local provider of the American Red Cross Learnto-Swim Program. To learn more about all of the levels offered and location of the lessons (indoor or outdoor pool), visit www.groveportrec.com.

- Who: 6 months 15 years, plus Adults 16+
- Fee: \$45 Resident / \$55 Non-Res. \$5 late fee applied if registering after deadline, provided space available.
 - ? Call Kelly Carter, Aquatics Coordinator at 614-836-1000 ext. 1512 or email her at kcarter@groveport.org

Class Dates / Times / Location	Registration
Tue./Thur., 9/4 - 9/27 / PM / Indoor	8/21 - 9/4
Tue./Thur., 10/2 - 10/25 / PM / Indoor	9/18 - 10/2

Due to a shortage of Swim Instructors at this time, Saturday lessons are not currently available.

Sept. Hours of Operation at Groveport Aquatic Center

Sat., Sept. 1	12 PM - 8 PM
Sun., Sept. 2	1 PM - 8 PM
lon., Sept. 3 (Labor Day)	12 PM - 8 PM

Creating community through parks, recreation, education, culture, art & people

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GROVEPORT RECREATION DEPT. - Important Dates -

614-836-1000 / www.groveportrec.com

EVENT / PROGRAM	DATE
Groveport Aquatic Center open 12 PM - 8 PM	9/1
Groveport Aquatic Center open 1 PM - 8 PM	9/2
Groveport Tennis Academy registration deadline	9/2
Labor Day - Groveport Recreation Center closed; Groveport Aquatic Center open (weather permit)	9/3
Workout Longer fall/winter hours go into effect at the Groveport Rec Center	9/4
Beginner Archery Lessons registration deadline	9/5
Trail Riders Group Bike Ride	9/5
SCUBA registration deadline	9/5
Free Blood Pressure Screen at GRC	9/6
Fall Community Garage Sale (9 AM - 6 PM)	9/7 & 8
Tae Kwon Do/Karate Ki Do classes begin	9/8
Movie in the Park (The Sandlot)	9/8
Run, Ruck, Remember event at Groveport Park	9/9
Bally Sports Group Fall Youth Athletic Programs begin	9/10
Trail Riders Group Bike Ride	9/12
New "Nutritionally Fit" program begins (page 5)	9/12
Kids Night Out at GRC	9/14
Beginner Pickleball Class registration deadline	9/19
Trail Riders Group Bike Ride	9/19
Free Blood Pressure Screen at GRC	9/20
Trail Riders Group Bike Ride	9/26
Kids Night Out at GRC	9/28

Please see page 10 for important dates regarding our Group Swim Lessons

PARKS AND RECREATION... THE BENEFITS ARE ENDLESS



There's only one sports medicine leader for serious athletes.

We're the best at getting them ready for battle. The best at getting them back in the game. And the best at bringing their goals into reach. We're the sports medicine experts at Nationwide Children's Hospital and we're the best equipped to treat concussions, rehab sports injuries or prevent them from happening in the first place. So, if your athlete is 18 or under, don't risk their career to anyone else.

For more information about our five central Ohio locations, visit NationwideChildrens.org/Sports-Medicine



GROVEPORT SENIOR CENTER - General News -

614-836-4599 / www.groveportrec.com

Are you 55 years or older? If so, you might want to consider joining the Groveport Senior Center. Persons must be a member of the Groveport Senior Center to participate in on sight programs. Annual membership dues are only \$8.

DAILY ACTIVITIES

Monday	Pool Shooting	10:00 a.m 11:30 a.m.
	Progressive Euchre	12:00 p.m.
Tuesdays	Line Dancing	9:30 a.m.
	Walking Club	1:00 p.m 2:00 p.m.
Wednesdays	Shuffleboard & Pool	10:00 a.m 12:00pm
	Quilting	12:30 p.m.
Thursday	Crafts	9:30 a.m.
	Lunch	11:45 a.m.
	Hand & Foot	Times Vary
Friday	Walking Club	10:00 a.m 11:00 a.m.
	Shuffleboard & Pool	1:00 p.m 3:00 p.m.
Saturday	Progressive Euchre	4:00 p.m.

UPCOMING ACTIVITIES

CPR for Seniors: The Madison Township Fire Department will be conducting a CPR class for seniors on **Tuesday**, **September 4th at 1:30pm.** The cost is **\$35**, payable on sign up. Registrations is open until **August 30**.

Foot Care Clinic: We will have a registered nurse from Everyday Divinity here on the first Thursday of every month to do foot care. The cost is \$30 for a 30 minute appointment and will include a complete foot assessment, expertly trimmed, thinned and filed nails and corns and callouses filed and buffed if necessary. Call or stop in to schedule your appointment for September 6.

Lunch Munchers: Join your fellow members and myself on the 1st Friday of each month for "Lunch Munchers". You can meet at the center at 11:00am to car pool or you may choose to meet at the pre-determined restaurant at 11:30 a.m. Sign up at least one day in advance. See you on **September 7**.

Monthly Craft: Join us as we make a different craft each time we meet. Pre-registration is required for this **FREE** event taking place on **September 14**, at 10:30 a.m. This program is sponsored by the Inn at Winchester Trail.

Wellness Clinic: A nurse from Canal Winchester Rehab, Skilled Nursing & Assisted Living is at the Senior Center on the 3rd Thursday of each month from 10:30 a.m. - 11:30 a.m. and will offer free blood pressure checks. No need to sign up just drop in. Next Wellness Clinic is scheduled for **September 20**.

Hearing Screenings: Avada Audiology & Hearing Care will be at the Senior Center to offer FREE hearing screenings and to check for wax blockage. Call the Senior Center to schedule a 15 minute appointment or just drop-in. The next screening day is **September 27**.

11th Annual Southeast Senior Health Fair

September 12: Mark your calendars now and join us for door prizes, free lunch and some nice give aways from our vendors. Lunch will be served at 12:00 and door prizes will be given away during lunch so make sure you get here in time to get all the vendor initials on your card so you are eligible to win. Special thanks to our sponsor for this event, **Wesley Ridge.** Hope to see you here!

UPCOMING TRIPS

September 14: La Comedia Dinner Theatre's "*Driving Miss Daisy*" highlights the unlikely relationship between an aging, crotchety Southern lady, and a proud, soft-spoken man. Having recently demolished another car, Daisy Werthan, a rich, sharp-tongued widow, must rely on the services of a chauffer. In a series of absorbing scenes spanning from 1948-1973, the two become close, finding steady comfort and support in each other in a humorous and beautiful journey of friendship. The cost is **\$60.00 per person, due on sign up** and includes the show, transportation and a delicious lunch buffet.

September 17: City Slickers Meets the Wild West. The first stop of the day will be at Dogwood Pass, a historic replica of an Old West Mining Town built on a farm in southern Ohio. It has over 20 furnished old west buildings, including a saloon, jail, bank, general store, gun shop, Doc's office and more, including the Dogwood Pass Roy Rogers Museum, all "dressed" in a museum quality style, portraying the actual look of a working boom town in the Old West. You will enjoy a full hot lunch and dessert at the Dogwood Saloon, take in a shootout in the streets and have plenty of time to explore the town. After leaving Dogwood Pass we will visit Grandpa Joes Candy Shop, get about a pound and a half of candy, check out all the specialty candies available and have time to visit some other local shops before heading to Hirsh Fruit Farm for some included cider and time to check out all there is to offer at the market. The cost is \$85.00 per person due on sign up.

October 2: The Wilds. The Wilds has evolved into a completely immersive experience that you won't want to miss. Join us as we take an open tram tour of this awesome place that was once devoted to strip mining. You'll be glad you did. In addition to the tram tour your cost of **\$65.00**, includes transportation, a Deli Buffet that also includes two side dishes, dessert & beverages and all gratuities on included items. There will also be time to explore the gift shop. Payment due by August 30th.

Deb Scholl-Saulnier, *Senior Citizens Coordinator* 7370 Groveport Road • Groveport, OH 43125 614-836-4599 www.groveportrec.com

GROVEPORT CULTURAL ARTS CENTER - Adult Programs -

614-836-3333 / www.groveport.org

Line Dancing

All skill level & ages are invited to participate in this daytime line dancing program. Wear shoes with leather soles or socks. No dance on September 3.

Who:	Adults
Date/Times:	Mon. & Wed. / 10:00 AM - 11:30 AM
Location:	Groveport Town Hall, 648 Main Street
Fee:	Free
Registration:	Drop-In

Art of Movement

The Art of Movement Foundations combines the east and west intuitive dance practices to help you add energy and relieve stress.

Who:	Adults
Date/Times:	Thursdays / 6:30 PM - 8:00 PM
Location:	Groveport Town Hall, 648 Main Street
Fee:	\$4 Res. / \$5 Non-Res.
Registration:	Drop-In

TOPS Weight Loss Support Group

Who:	Adults
Date/Times:	Wednesdays / 9:30 AM - 11:00 AM
Location:	Groveport Town Hall, 648 Main Street
Registration:	Drop-In

Cook's Corner

Cooking program series on the first Friday of each month. Join the fun and be a part of the demonstrations that include hands-on cooking, discussions, experiencing new foods and learning new skills.

September topic: Stuffed Crescent Rolls

Who:	Adult (child friendly)
Date/Times:	Friday, September 7 / 10:00 AM - 11:00 AM
Location:	Groveport Town Hall, 648 Main Street
Fee:	Free
Registration:	By September 5

Community Affairs Department

Tuesdays@One

Art and education program every Tuesday. Speakers, demonstrations, creative projects and activities.

Who:	Adult (child friendly)
Times:	1:00 PM - 2:00 PM
Location:	Groveport Town Hall, 648 Main Street, unless stated otherwise.
Fee:	Free
Registration:	By two days before each program date
Sept. 4	Polka Dot Circle Tree
Sept. 11	Making Flavored Vinegar-OSU Extension Office Program
Sept. 18	Yarn Painting
Sept. 25	Town Hall Cares



Quilting-Large Quilted Tote/Beach Bag

Four week program series with step by step instruction. Please call for supply list.

Who:	Adults
Date/Times:	Tuesdays, September 4, 11, 18 & 25 / 6:00 PM - 8:00 PM
Location:	Groveport Town Hall, 648 Main Street
Fee:	\$15 Res. / \$17 Non-Res.
Registration:	August 31





GROVEPORT CULTURAL ARTS CENTER - Adult & Youth Programs -

614-836-3333 / www.groveport.org

Community Affairs Department

Drive & Dine

Enjoying lunch with friends brings benefits: It accomplishes the goal of face-to-face interaction and can also lead to healthier eating choices. Most importantly it's fun! Let's sit down, talk, and enjoy our time together at local diners. Participants will provide their own transportation, menu selection and price of meal. Location will change each month. Program held monthly on the 2nd Friday.

Who:	Adults
Date/Times:	Thursday, September 13 / 11:30 AM
Location:	Meet at: Paddock Pub, 1005 Richardson Road, Groveport
Registration:	By September 11

Programs on the Go

Programs on the Go focuses on community art, experiencing and learning new skills, discussions and exploring new forms of art and education with the benefit of transportation. Participants will be picked up from KidSpace, 630 Wirt Road and will return to KidSpace after the adventure. Prices will be determined monthly based on each trip location. Space is limited.

Who:	Adults
Date/Times:	Friday, September 21 / 12:30 PM. Estimated return time 3:00 PM
Location:	Topiary Park of Columbus-Docent led tour
Fee:	\$6.00
Registration:	By September 19

Lego League Jr- Mission Moon

What do you need to know about the Moon to live there? What will you eat and drink? How will you get energy? What other problems will you have to solve? Design and build a Moon Base. Youth will use Lego Education WeDo2 to build and program at least one motorized part of their Moon Base.

Who:	Ages 6-10
Date/Times:	Tuesday, September 13-October 18 6:30 PM – 8:00 PM
Location:	Groveport KidSpace, 630 Wirt Road
Fee:	\$10 resident / \$12 nonresident for 6 week series
Registration:	By September 11

Home School Science

Homeschoolers-- come and put your science lesson in action! Home school science offers a chance to do experiments and hands on activities to support curriculum for 7-12 year olds . Lesson: Chemistry

Who:	Youth ages 6-12 Fee: \$1 Res./ \$2Non-Res.
Dates/Time:	Second & Third Mondays each month September 10 & 17 Group #1: 11:00 AM - 12:00PM Group #2: 12:30 PM -1:30 PM
Location:	KidSpace, 630 Wirt Road
Registration:	Deadline two days before each program date.

Home School History

Program will support home school history curriculum using a variety of mediums.

Lesson: Romans

Who:	Ages 6-12	Fee: \$1 Res. / \$2 Non-Res.
Date/Time:		mber 24 0 AM - 12:00 PM 0 PM - 1:30 PM
Location:	Groveport KidS	pace, 630 Wirt Road
Registration:	Deadline two da	ays before each program date.

Dare to Dance Ballet & Tap

Through age appropriate material, children will learn the beginning fundamentals of classical ballet and the percussive dance form of tap. This class combines just the right balance of imaginative ballet movements with the fun, upbeat style of tap. Students may wear any dance attire or comfortable clothing. Ballet and tap shoes required. 8 weeks program series.

Who:	Ages 3-5 Fee: \$60 Res. / \$62 Non-Res.
Date/Times:	Tuesdays, Sept. 25 - Nov. 27 (no class on 10.23 & 10.30) 6:00 PM-7:00 PM
Location:	Groveport Town Hall, 648 Main Street
Registration:	By September 21

GROVEPORT CULTURAL ARTS CENTER - Youth & Preschool Programs -

614-836-3333 / www.groveport.org

Community Affairs Department

Dare to Dance Ballet Classics

Using classical ballet stories, students will learn the beginning fundamentals of ballet. Class will introduce basic concepts, terminology and proper technique through barre, center, and across the floor exercises. We will bring our stories to life with dancing props and costuming. Students may wear any dance attire or comfortable clothing. Ballet shoes required. 8 weeks program series.

Who:	Ages 6-8 Fee: \$60 Res. / \$62 Non-Res.
Date/Times:	Tuesdays, Sept. 25 - Nov. 27 (no class on 10.23 & 10.30) 7:00 PM-8:00 PM
Location:	Groveport Town Hall, 648 Main Street

Registration: By September 21

Preschool Grow with Me

Activities designed to accommodate different age groups within the same setting. Lesson, snack and free play help children grow academically and socially. Adult participation required.

Who:	Preschoolers
Date/Times:	Every Tuesday & Wednesday 10:00AM - 11:30 AM / Drop-In
Location:	Groveport KidSpace, 630 Wirt Road

Registration: Drop-In

Preschool Rock n' Rollers

Music and movement centered program for your junior rockers. Adult participation is required.

Who:	Preschoolers
Date/Times:	Every Thursday / 10:00 AM - 11:00 AM
Location:	Groveport KidSpace, 630 Wirt Road
Fee:	Free / Drop-In

Preschool Picassos

Creative crafts that little hands can easily construct. Adult participation is required.

Who:	Preschoolers	
Date/Times:	Every Friday/ 10:00 AM - 11:00 AM	
Location:	Groveport KidSpace, 630 Wirt Road	
Fee:	Free / Drop-In	

Preschool Science

Are you ready for a messy, fun time? Program will start right after Preschool Grow with Me. Program is offered on the first Wednesday of each month. Adult participation required.

Who:	Preschoolers Fee: Free	
Date/Times:	Wednesday, Sept. 5 / 11:30 AM - Noon	
Location:	Groveport KidSpace, 630 Wirt Road	
Registration:	Drop-In	
Theme:	Apples	

Preschool Sing with Me

Music, singing and instruments that your little ones will enjoy. Program is offered on the second Wednesday of each month and will start right after Preschool Grow with Me. Adult participation required.

Who:	Preschoolers Fee: Free	
Date/Times:	Wednesday, Sept. 12 / 11:30 AM - Noon	
Location:	Groveport KidSpace, 630 Wirt Road	
Registration:	Drop-In	

Preschool Let's Read

Your little ones will be read to in a group setting. We will focus on a different author each month. Program is offered on the third Wednesday of each month and will start right after Preschool Grow with Me. Adult participation required.

Who:	Preschoolers Fee: Free	
Date/Times:	Wednesday, Sept. 19 / 11:30 AM - Noon	
Location:	Groveport KidSpace, 630 Wirt Road	
Registration:	Drop-In	
Topic:	Fall is here!	

Preschool Enrichment

New preschool program ! This program will give kids a chance to practice letter and number tracing using different mediums, plus activities that further encourage letter / number identification will be incorporated.

Who:	Preschool children Fee: Fr	
Dates/Time:	Every Tuesdays & Thursday / 11:30 AM - 12:00 PM	
Location:	KidSpace, 630 Wirt Road	
Registration:	By August 31	

GROVEPORT CULTURAL ARTS CENTER - Important Dates -

614-836-3333 / www.groveport.org

Community Affairs Department

EVENT / PROGRAM	DATE	EVENT / PROGRAM	DATE
Preschool Grow with Me Preschool Enrichment Tuesdays@One	Tues., Sept. 4	Preschool Picassos Programs on the Go	Fri., Sept. 21
Quilting 1 of 4		Line Dance Home School History	Mon., Sept. 24
Preschool Grow with Me Preschool Science TOPS Line Dance	Wed., Sept. 5	Preschool Grow with Me Preschool Enrichment Tuesdays@One Dare to Dance 1of 8	Tues., Sept. 25
Preschool Rock n' Rollers Preschool Enrichment Art of Movement	Thurs., Sept. 6	Quilting 4 of 4 Preschool Grow with Me TOPS	Wed., Sept. 26
Preschool Picassos Cook's Corner	Fri., Sept 7	Line Dance	
Line Dance Home School Science	Mon., Sept 10	Preschool Rock n' Rollers Preschool Enrichment Lego League 3 of 6	Thurs., Sept 27
Preschool Grow with Me Preschool Enrichment Tuesdays@One Quilting 2 of 4	Tues., Sept. 11	Art of Movement Preschool Picassos	Fri., Sept 28
Preschool Grow with Me Preschool Sing with Me TOPS Line Dance	Wed., Sept. 12	Red Cross Blood Drive Monday, October 1 at Groveport KidSpace, 630 Wirt Road from 1 PM-7 PM. Sign up to donate! 1.800.Red Cross or visit RedCrossBlood.org ~Sponsor code: City of Grovepor	
Preschool Rock n' Rollers Preschool Enrichment Drive & Dine	Thurs., Sept. 13	Need a room to I	
Lego League 1 of 6 Art of Movement		meeting or e	
Preschool Picassos	Fri., Sept. 14	Room rentals at Town Hall and Croo available. \$25.00 non-refundable fee f	or residents to reserve a
Line Dance Home School Science	Mon., Sept. 17	room. Please contact Town Hal non-resident rates or for more informat	
Preschool Grow with Me Preschool Enrichment Tuesdays@One Quilting 3 of 4	Tues., Sept 18		
Preschool Grow with Me Preschool Let's Read TOPS Line Dance	Wed., Sept. 19	GROVEPO	DRT
Preschool Rock n' Rollers Preschool Enrichment Lego League 2 of 6 Art of Movement	Thurs., Sept 20	NOTE: Many of the programs r deadlines and space could be limite	ed. For more information,

please call Town Hall at 614.836.3333. - Thank you.



City of Groveport 655 Blacklick Street Groveport, Ohio 43125 www.groveport.org

Municipal Offices, 655 Blacklick Street614-836-5Crooked Alley KidSpace, 630 Wirt Rd.614-836-5Recreation Center, 7370 Groveport Rd.614-836-5Police Dept., 5690 Clyde Moore Drive614-836-5Public Works, 7400 Groveport Rd.614-836-5Town Hall, 648 Main Street614-836-5The Links at Groveport, 1005 Richardson Rd.614-836-5	3333 1000 2060 3910 3333
Lance WestcampN Shawn Cleary, Ed Dildine, Jean Ann Hilbert,	layor
Becky Hutson, Scott Lockett, Chad Grashel	uncil
Marsha Hall City Adminis	
Ralph Portier	
Kevin C. Shannon Law Di	
Jeff Green Asst. Administrator/Finan	
Sue Wadley Personnel D	irector
Tom WalkerGolf Di	irector
Kyle Lund Recreation D	irector
Patty StortsCommunity Affairs D	irector
Tom ByrneFacilities Management Di	rector
Dennis MoorePublic Works Superinte	
Stephen MooreChief Building C	
Steve FarstEng	
Bob DowlerTransportation Di	
	100101

Department Phone Numbers

Administration	614-830-2042
Building & Zoning	614-830-2045
Clerk of Council	614-830-2053
Clerk of Court	614-830-2043
Community Affairs	614-836-3333
Engineering	614-836-5301
Finance	
Human Resources	614-830-2051
Law	614-830-2059
Recreation	614-836-1000
Police	614-830-2060
Public Works	614-836-3910
Transportation	
Utilities	614-830-2048

Community Meetings

Mon., Sept. 10	5:30 PM	Trees & Decorations Comm.
	6:30 PM	Council
Mon., Sept. 17	5:30 PM	Council Committee of Whole
Mon., Sept. 24	6:30 PM	Council

*all meetings at 655 Blacklick Street, Groveport, OH 43125, unless otherwise noted

Groveport Farmer's Market

The market is sponsored by the Southeastern Franklin County Chamber of Commerce and the City of Groveport. Bruce Jarvis manages the market. For more information and to learn about vendors and special events, call Bruce at 614-557-1009 or visit www.groveportmarket.com.

The Farmer's Market is on Tuesdays (5 - 8 PM) thru Sept. 25 and is located between ACE Hardware and Groveport Town Hall on Main Street.



Recycling Bins at Groveport Park

SWACO has placed two large recycling bins in the lower most paved lot of Groveport Park (7370 Groveport Road) for public use.

Flattened cardboard & paper, plastic bottles & jugs, glass bottles & jugs, metal cans & cartons are all accepted. Do not bag the recyclables (keep them loose).

Questions? Contact SWACO at 614-871-5100.

We need your help to make SWACO's Drop-Off Recycling Program a Success. If you encounter a recycling bin that is full, do not leave items on the ground. SWACO.org can help you find another nearby drop-off location and to recycle right.

Illegal dumping and lettering are crimes. Report them anonymously at: itsacrime.org

