

MAY 2017

The connection

The City of Groveport's Media Hub

CITY OF GROVEPORT

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Jim Beidler appointed to Council

At their March 27 meeting, City Council voted unanimously to appoint Jim Beidler to the un-expired term of Ed Rarey. Jim has lived in the City of Groveport for more than twenty years. He has been with Columbus State Community College since 1989 and is currently their Chief Technology Officer. While there, Jim was recognized as Staff Employee of the Year in 1995. He also served in the US Army Reserve for eleven years. Flying and aviation history are two of Jim's interests, and he is a former military aviator with a commercial instrumental license in helicopters and airplanes. He also has enjoyed coach youth soccer, serving on both the Groveport Recreational Soccer Board and the Groveport Select Soccer Board. Jim offers his service with no specific agenda or mission beyond being the "best public servant possible."



Jim Beidler being sworn in as Councilman



Senior Transportation gets some New Wheels

The City of Groveport was able to obtain a new MV1 vehicle through a Federal grant that is managed by Mid-Ohio Regional Planning Commission (MORPC). The new accessible vehicle will take the place of a 15 year old sedan in the Transportation fleet. The Groveport Senior Transportation program serves 200 older adults and disabled individuals in our community and provided over 4,000 trips to medical and personal appointments in 2016. THANK YOU MORPC and the City of Groveport for your support!

Groveport Aquatic Center Opening

Groveport's award winning outdoor water park will open for the season on Saturday, May 27 pending no unforeseen circumstances, cool temperatures or inclement weather. Season passes have been on sale since April 1 and you can save 10% on your pass if you purchase by May 10 (certain restrictions apply). For more information, visit the Recreation Department's website at www.groveportrec.com



Season Passes
on sale now at
the Groveport
Rec. Center



GROVEPORT
Recreation Department

GROVEPORT
Senior Center



GROVEPORT RECREATION DEPT.

- General News -

614-836-1000 / www.groveportrec.com

May is National Water Safety Month

Water Safety Tips courtesy of the
International Swimming Hall of Fame (ISHOF)

- Teach children water safety and swimming skills as early as possible.
- Always brief babysitters on water safety, emphasizing the need for constant supervision.
- Appoint a designated watcher to monitor children during social gatherings at or near pools.
- Equip doors and windows that exit to a pool area with alarms.
- Install a poolside phone, preferably a cordless model, with emergency numbers programmed into speed-dial.
- Post CPR instructions and learn the procedures.
- Keep rescue equipment poolside. Don't wait for the paramedics to arrive because you will lose valuable lifesaving seconds. Four to six minutes without oxygen can cause permanent brain damage or death.
- Keep a first aid kit poolside.
- Install four-sided isolation fencing, at least five feet high, equipped with a self-closing and self-latching gates, that completely surrounds the pool and prevents direct access from the house and yard.
- Maintain constant visual contact with the children in a pool or pool area. If a child is missing, check the pool first. Seconds count in preventing death or disability.
- Don't use flotation devices as a substitute for supervision. Never allow a young child in a pool without an adult.
- Don't leave objects such as toys that might attract a child in the pool and pool area.
- Never prop the gate to a pool area open.
- Don't rely on swimming lessons, life preservers or other equipment to make a child "water safe".
- Never assume someone else is watching a child in a pool area.
- Don't leave chairs or other items of furniture where a child could use them to climb into a fenced pool area.
- Don't think that you'll hear a child who's in trouble in the water; child drowning is a silent death, with no splashing to alert anyone that the child is in trouble.



GRC Summer Hours

Summer hours at the Groveport Recreation & Senior Center begin May 29 and end Sept. 3.

Mon. - Thurs., 5:30 a.m. - 8:30 p.m.

Fri., 5:30 a.m. - 8:00 p.m.

Sat., 8:00 a.m. - 7:00 p.m.

Memorial Day

The Groveport Recreation Center will be **closed** on Monday, May 29 in observance of Memorial Day. However, the Groveport Aquatic Center (Outdoor Water Park) will be **open** (weather pending).

Thank You Steve

The City of Groveport would like to thank Steve Hawkins (former Aquatics Manager) for 3.75 years of service. Steve resigned his position with the City of Groveport on April 7, 2017. According to Director Lund, "he did an excellent job overseeing the day-to-day operation of the outdoor water park & indoor pool, managing the large part-time staff and supervising aquatic-related programming". Staff wishes Steve the best of luck with his new career as a salesperson with O.P. Aquatics (a commercial pool supply company). The City is plans to fill the Aquatics Manager position in the near future.



Steve Hawkins

Birthday Parties

If you are a parent with an active child, you need to read further. \$250 covers 20 Day Passes to the GRC or GAC • 90 minute room reservation • 3 Large Single Item Pizzas • 1 Dairy Queen Ice Cream Cake • 4 Two Liters of Pop • Disposable plates, cups, napkins & utensils • T-shirt for the birthday boy or girl • 4 Day Passes to be used at a later date. Your child will also have his birthday splashed on our massive digital marquee sign. All you need are a few decorations, some invitations and maybe some ear plugs (optional). Additional party guests are only \$5/person. To check room availability, please call our office at 614-836-1000 .

May Climbing Wall Hours

Mon., Tues., Thurs.

Sat. & Sun.

6:00 PM - 8:00 PM

12:00 PM - 3:00 PM

GROVEPORT RECREATION DEPT.

- Sports Medicine Minute -

614-836-1000 / www.groveportrec.com

Throwing Guidelines: Time to "Play Ball"

Coaches and parents of young baseball players, or any athlete in a throwing sport, often have questions about throwing injuries and how to prevent them. These are legitimate concerns due to the increasing rate of shoulder injuries seen in this population. Dr. Richard Rodenberg MD, Sports Medicine Physician at Nationwide Children's Hospital states "There is currently an alarming trend in youth baseball injuries. Shoulder and elbow growth plate injuries have become common as young athletes are playing in leagues with high game volumes in a given season. These players often don't have enough recovery time prior to the next outing and subsequently may play through pain". Pain is often perceived as part of the game. "Adolescent growth plates are vulnerable to stress up through the later teen years" Dr. Rodenberg continues. "Injuries to these areas are often season ending due to the amount of healing that needs to take place." We will outline some of the major topics associated with throwing injuries in 9 individual sections or "innings." Each inning provides insight into unique challenges faced by young throwers, so let's play ball!

1st Inning: Preparation for the season.

To reduce the risk of injury – conditioning drills should be initiated **prior** to the start of the first practice session. Kids that are in shape at the beginning of the season have a better chance of performing at a higher level and staying injury free. Concentrate on flexibility, upper body and core strengthening and always include running drills. This combination will help ensure that the body is ready to accept the demands of the season.

2nd Inning: Time to stretch!

Just like any other sport it is very important to warm up and stretch before a player throws. Dynamic warm-ups help prepare the body for this. Light conditioning at the beginning of practice warms muscles making it easier to stretch them. Stretching should include the upper and lower body as well as the hips and back. Inflexibility can actually decrease force production and speed and can limit the power of the throw.

3rd Inning: Mechanics, mechanics, mechanics.

Kids should learn proper throwing mechanics and master them completely before ever starting to pitch. Always avoid using a radar gun. Young pitchers are often more concerned with how hard or fast they can throw, instead of how efficiently they throw. Throwing hard combined with poor or inefficient form almost always predisposes injury. Proper mechanics → decreases stress on arm → less arm fatigue → increased overall control and speed.

4th Inning: Put me in coach, I'm ready to play!

Young players often think (incorrectly) that arm soreness is part of the game as if it is a badge of honor. Soreness can alter mechanics as players try to avoid painful arm positions. Shoulder and elbow pain should always be concerning to coaches and parents. Early intervention and activity modification can expedite return to play and reduce the risk of a more serious injury that may be season ending.

5th Inning: So what is a Pitch Count?

It is the actual number of pitches thrown during a game. Limits are used in order to reduce the amount of stress placed on a pitcher's arm. Various pitch count guidelines have been developed by different baseball organizations and we feel the version available here at Nationwide Children's Sports Medicine is most appropriate for young pitchers. It takes into account the age of the thrower and includes limits on the number of pitches that should be made during

each game as well as the maximum number of pitches that should be thrown in a week, during the entire season and even throughout the year. Adhering to pitch count guidelines is critical for the longevity of a pitcher's arm.

6th Inning: What pitches are appropriate for young throwers?

A fastball should be the first pitch to be learned and after this has been mastered a change-up can be added. Physicians at Nationwide Children's Sports Medicine prefer to see young pitchers begin to throw curveballs and other breaking pitches once they are close to skeletal maturity and have adequate arm strength and control. Breaking pitches should be taught by someone with knowledge of proper pitching mechanics, otherwise there may be undue stress placed upon a young pitcher's arm predisposing him to elbow and shoulder injury.

7th Inning: Player substitutions, making the right change.

It is common for a coach to "take out" a pitcher once he has reached his allotted pitch count or if the game situation calls for a change. If the pitcher continues to play in that game, he should **not** be placed at shortstop or 3rd base where long hard throws are required on an already fatigued arm. Pitchers should never be catchers on the same team. This combination results in too many throws and increases their risk of injury. The safest place is moving to 2nd or 1st base where the throws are shorter and less stress is placed on the arm..

8th Inning: nowing when to rest.

It is also important to know how long to rest young pitchers after they throw in order to allow time for their arms to recover between outings. This rest period is again based on age and is included in our pitch count guidelines. Pitchers should also ice their shoulders and elbows for 20 minutes after they throw to reduce the inflammation associated with activity and speed recovery.

9th Inning: My child plays in multiple leagues.

Sometimes players may join more than one team at a time to get as much experience as possible. Situations like this warrant close attention to proper rest to avoid "breakdown" from overuse and decreased recovery time. Overall body/arm fatigue CAN alter mechanics and lead to injury!! If you must play on more than 1 team at once, consider pitching on one team and playing a fielding position on the other (not catcher!) Also, there should be no competitive pitching for at least 3 consecutive months every year to ensure optimal recovery and allow for normal growth processes.

To learn about maximum pitch limits and days of rest required, please visit <http://www.nationwidechildrens.org/throwing-guidelines-time-to-play-ball>



GROVEPORT RECREATION DEPT.

- May Group Fitness Class Schedule -

614-836-1000 / www.groveportrec.com

<u>DAY</u>	<u>TIME</u>	<u>CLASS</u>	<u>INSTRUCTOR</u>
Mon.	9:15 a.m.	Trim Tummies	Denune
	10:00 a.m.	Water Aerobics	Frank
	10:00 a.m.	SilverSneakers Classic	Denune
	11:15 a.m.	Arthritis Aquatics Program	Frank
	5:00 p.m.	Arthritis Land Based Program	Frank
	6:00 p.m.	Water Aerobics	Denune
Tues.	6:15 p.m.	Zumba	Frank
	6:30 a.m.	Beginners Yoga Flow	Faith
	7:00 a.m.	*PuroFitness	James
	8:30 a.m.	Water Aerobics	Denune
	10:00 a.m.	Indoor Cycling	Newland
	11:15 a.m.	SilverSneakers Circuit	Denune
Wed.	5:30 p.m.	Pilates	Neu
	6:45 p.m.	Strength and Conditioning	Neu
	9:15 a.m.	Cycling with Sara	Denune
	10:00 a.m.	Water Aerobics	Frank
	10:15 a.m.	SilverSneakers Yoga	Denune
	11:15 a.m.	Arthritis Aquatics Program	Frank
Thurs.	6:00 p.m.	Piloxing® Barre	Neu
	6:15 p.m.	Aqua Zumba	Frank
	6:30 a.m.	Beginners Yoga Flow	Faith
	7:00 a.m.	*PuroFitness	James
	9:00 a.m.	Stretch to Fitness	Frank
	9:15 a.m.	H2O Kickboxing/Step	Denune
Fri.	10:30 a.m.	SilverSneakers Classic	Frank
	12:00 p.m.	Tai Chi for Beginners	Henry
	5:00 p.m.	Arthritis Land Based Program	Frank
	6:15 p.m.	Zumba / Strength & Tone	Frank
	8:30 a.m.	Water Aerobics	Denune
	8:45 a.m.	Tai Chi for Arthritis + Fall Prevent	Henry
Sat.	10:00 a.m.	Cycling with Sara	Denune
	5:30 p.m.	Pilates	Neu
	8:10 a.m.	Hot Yoga	Stollard
	10:00 a.m.	Boot Camp	Newland
Sun.	11:15 a.m.	Indoor Cycling	Newland
	12:00 p.m.	*Tae Kwon Ki Do/Karate Ki Do	Evans
	11:00 a.m.	Restorative Yoga	Finneran

Free Blood Pressure Screenings

Compliments of the Madison Township Fire Dept., free blood pressure screenings will be offered in the lobby of the Groveport Recreation Center on the following dates. Due to emergency runs, there may be times when the Fire Dept. staff may not be available. A blood pressure cuff is also available at the Fitness Desk if these times do not work for your schedule.

Date: Thursday, May 4 **Time:** 9:00 AM - 12:00 PM
Thursday, May 18 9:00 AM - 12:00 PM

Month Long IRONMAN

Track your progress and earn an Ironman Challenge T-shirt by completing the distances. Do the challenge on your own or with 2 to 3 other people. If completing as a team, each team member must turn in their own challenge form with their & their team name listed.

Complete 2.4 Miles swimming (76 down & back laps in our pool), 112 miles biking and 26.2 miles running in one month. Simply complete the Ironman Challenge progress chart and turn it in to the fitness desk. Earn an additional award by completing an Ironman for every month from March thru December 2017. For more info., pick up a flyer in the lobby of the GRC or call Stephanie Bernard-Ferrell at 614-836-1000 ext. 1513.

Who: Ages 13 and over **Fee:** Free
Months: April - December
Location: Groveport Rec. Center

CONGRATULATIONS March Month Long Iron Man Champions

Kyrstin Addison	Ryan Ferrell
Edna Mae Berkey	Todd Lutz
Terry Cordle	Ken Multerer
Julie Crosby	Lori Rehman
Mike Damron	Chris Richter
Chad Evans	Phil Schneid
	Wendy Stout

* Pre-registration REQUIRED.

GROVEPORT RECREATION DEPT.

- Fitness -

614-836-1000 / www.groveportrec.com

Trail Riders Group Bike Ride

Join this weekly drop-in bike ride to explore local trails and try some new lunch spots! Each ride will be approximately 10 – 15 miles per round trip, with a lunch stop scheduled along the way. **BEGINNERS ARE WELCOME.** No riders are left behind. The first Wednesday of the month will have a free pre-ride bike clinic led by Cyclist Connection at 10:30 a.m. (*). Rides begin at 11:00 am.

Participants are responsible for buying their own lunch at the food stops, as well as providing their own locks/chains if securing bikes while eating. Helmets are required. The ride should last approximately 2 - 3 hours, including the lunch stop. Some on-road riding may be required to reach the lunch destination. Questions? Call Amy Van Huffel, Recreation Coordinator, at 614-836-1000 ext. 1505 or email avanhuffel@groveport.org.

Date	Start	Lunch
5/3*	Cruiser Park	Littly Italy
5/10	Walnut Wood Metro Park (Richardson Rd.)	Paddock Pub
5/17	Pickerington Ponds Metro Park (Glacier Knoll)	Arby's
5/24	Three Creeks Metro Park (Heron Pond)	Birch Tavern
5/31	Groveport Rec Center (West Lot)	Dairy Queen

Wellness Has NO Age Limit

Wellness is the state of being in good health, especially as an actively pursued goal. We want to celebrate the testimonies of individuals, **of all ages**, who have wellness success stories. Everything from a weigh loss story, a battle you overcame, or a lifetime of mindful health and wellness. We want to hear about what motivates you! Don't be shy. Your story could inspire someone to get on the path to wellness. Please submit your entries to Stephania Bernard-Ferrell, Sports and Fitness Manager. Thank you for sharing your success!



**Peter
Grasselli**
87 years young

Peter has been training since age 50. Peter races in the Senior National Champions and has earned multiple medals. Peters lists some pointers for anyone ready to get serious about any kind of training. 1. Please have a complete physical by your family doctor. 2. Take your time about purchasing quality clothes and training shoes. Do not use cotton materials for working out. Use shirts and materials that are designed for having excess sweating. There are many very good athletic stores that can show you excellent comfort. 3. If you are a beginner, take your time and try to find a friend to go with you, or even a small group. 4. Do not overdo your workouts. I have been running for many wonderful years. If you want to stay healthy, use common thinking.



**Elisabeth
Hostetter**
28 years old

I would say I'm pretty health conscious. I work out every day, except Sunday. I sit at a desk for about 9 or so hours Monday through Friday so it is really easy to get unmotivated after work. What helps me the most, is having a work out partner and also brining everything I need for the gym with me to work. It would be too easy to talk myself out of going otherwise. I also meal prep on Sundays. This way, everything I take to work is ready and healthy. I eat about 5 small meals a day and drink at least 1 gallon of water. Being fit and healthy for me is sort of like a hobby. I love a good hard work out and I love how I feel when I eat healthy. I try to make a lot of different types of workouts so it stays fun and entertaining. I also make goals in a few different exercises so I have something to work towards (squatting – I'm up to 205lbs 6 times). Something else that helps me is writing out my workouts so I don't waste time wondering around the gym trying to decide what to do next. I am inspired by the ability to change your body. Watching your body slim down, tone up, grow muscles is fascinating.

GROVEPORT RECREATION DEPT.

- Adult Sports / Youth Sports -

614-836-1000 / www.groveportrec.com

Men's Summer Basketball League

The City of Groveport offers an adult summer basketball league on Sunday afternoons. Teams play 7 regular season games. The top 4 teams are invited into a single elimination tournament.

Who: Men 18 and over
Dates: Tent. begins Sun., June 4
Game Times: 2:00 - 4:00 PM (Tent.)
Location: Groveport Rec. Center
Team Fee: \$300
Registration: April 1 - May 29



Adult Pickleball Play

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a wiffle ball) and wood or composite paddles. The game can be played as singles (one person per side) or doubles (two people per side). It is easy for beginners to learn, and can develop into a quick, fast-paced, competitive game for experienced players.

Who: Men and Women 18 and over
Date/Times: Tuesday - All Skills (9 AM - 11:30 AM)
Thursdays - Advanced (6 PM - 8:30 PM)
Location: Groveport Rec. Center
Player Fee: \$5

Fall Soccer Leagues

The season will consist of 8 games, which will be played on Saturday mornings and several Sunday afternoons. Practices are 1-2 nights a week and are scheduled by the individual volunteer coach. Volunteer coaches are needed. Interested persons should contact Amy Van Huffel (Recreation Coordinator) at 614-836-1000 ext. 1505 or avanhuffel@groveport.org.

Program #: 422705
Leagues: 4.5-6 years, U8, U10, U12, U15
Age determined as of Dec. 31, 2017
U6 division is coed. All others are divisions are divided by gender.
Practices: Tentatively begin in late August
Games: Played Sept. 9 - Oct. 22
Fee: \$45 R/ \$55 NR
U15 Fee: \$70 R/ \$85 NR
Registration: April 1 - Aug. 1



Men's Softball Tournament

All teams are put into team pools (3 games). Tournament seeds are based on pool play results. All games are located at Groveport Park. Rules are governed by USSSA.

Who: Men 18 and over
Date: Sat., June 17
Location: Groveport Park
Team Fee: \$175
Registration: April 1 - June 12



Fall Softball Leagues

The Groveport Recreation Dept. is offering 3 Adult Fall Softball Leagues. All teams play 10 games (5 double headers). All leagues are 1 pitch.

Who: Men & Women 18 and over
Monday (Men's Open)
Tuesday (Men's Open)
Thursday (Co-Ed)
Date: Tent. begins the week of Aug. 14
Location: Groveport Park
Team Fee: \$275 **Registration:** April 1 - Aug. 7

Calling Adult Sports Junkies!

Don't have a team? Want to play?

Call Stephania Bernard-Ferrell (Sports/Fitness Manager) at 614-836-1000 ext. 1513. She will then put you on a Free Agent List and try and get you on a team. If there are enough Free Agents, a "Free Agent Team" may be formed.

Get an extra month for FREE when you renew at the GRC

This bonus applies to persons who renew their annual Groveport Recreation Center Annual Pass within 30 days of their pass expiration. Not sure when your pass expires? Just give us a call at 614-836-1000.

GROVEPORT RECREATION DEPT.

- Youth Sports -

614-836-1000 / www.groveportrec.com

Groveport Special Olympics

Groveport Special Olympics has added another sport to its program with hopes of going to the Summer Games at Ohio State University in June. Track & Field practices are being held on Mon. & Thurs. (6 PM - 7:30 PM) at GMHS Cruiser Stadium. To participate as an athlete or volunteer, please call Penny Hilty at 614-395-8992 or Cassandra Hilty at 614-395-6640 or email GroveportSpecialOlympics@gmail.com. Monetary donations may be sent to G.S.O., PO Box 296, Groveport, OH 43125.



Summer Camp (Jump Start Sports)

Jump Start Sports Camps are fun-oriented & highly instructional. The relaxed and nurturing atmosphere enables children to learn, grow, make friends, and have a meaningful summer experience. The camps focus on the fundamentals of the sport for beginners, but more experienced players will learn more advanced concepts and be coached at their ability. Jump Start Sports Camps also focus on teaching sportsmanship, the importance of recreational game play, & the benefits of physical activity! Innovative drills, competitions, & games make the programs more fun for children. For questions, contact Aaron Bally at ABally@jumpstartsports.com / 614-505-6532.

Who:	Boys and Girls entering grades 1-6
June 12 - 16	All Star Baseball
June 19 - 23	All Pro Football & Cheerleading
June 26 - 30	World Cup Soccer
July 10 - 14	Lacrosse and Volleyball
July 17 - 21	Ultimate Warrior
July 24 - 28	Basketball
July 31 - Aug. 4	Olympics
Time:	9:00 AM - 3:00 PM *Before and After Care available for add'l fee*
Location:	Groveport Rec. Center
Fee:	6+ Weeks - \$110/week 4 - 5 Weeks - \$120/week 2 - 3 Weeks - \$130/week Any 1 Week - \$140
Registration:	http://www.jumpstartsports.com

T-Birds T-Ball (Jump Start Sports)

This is a fun and highly instructional introduction to baseball for 3 - 4 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, then apply what they have learned in fun, non-competitive games. Jump Start Sports staff members conduct the instruction and oversee the game play while volunteer coaches assist. For questions, contact Aaron Bally at (614) 505-6532 or ABally@JumpStartSports.com.

Program #:	4225- 07 / 08
Who:	Boys & Girls, 3 - 4 Years Old
Dates:	Fridays, May 5 - June 9
Time:	5:30 - 6:30 PM or 6:30 - 7:30 PM
Location:	Groveport Park
Registration:	Jan. 1 - April 30
Fee:	\$65

Groveport Tennis Academy

The Groveport Recreation Department is offering high quality tennis instruction for juniors (3 ½ years and up) and adults at an affordable price. Clinics are available for beginners through tournament level and league players. Let Chris Brown-Borden, USPTA Certified Teaching Professional and former Assistant Head Pro of New Albany Country Club, introduce you to the game or further your knowledge and skills. Quick Start Instruction will be used with Juniors. All lessons will take place at Groveport's Degenhart Park located at 355 Lesleh Ave., Groveport. If you have any questions please contact Chris at (740)756-7977 or groveporttennis@hotmail.com. A minimum of 3 registered participants for class to run, additional sections will be added when possible with 3 on the waiting list. Racquets will be available to borrow for junior clinics up to age 12. Adult size racquets are available to purchase after opportunity to try various demo racquets. Space is limited, please register early.

Program #:	506316
Who:	Ages 3.5 - Adult
Times / Fee:	Varies per class
Location:	Degenhart Park
Summer Dates:	June 5 - July 28
Summer Registration:	April 1 - May 28



GROVEPORT RECREATION DEPT.

- Youth Sports / Classes & Special Events -

614-836-1000 / www.groveportrec.com

Challenger Soccer Camp

Challenger Sports, providers of the USA's most popular soccer camp, will host the week long British Soccer camp in June. The camp will run Monday through Friday and each child will be coached by a member of Challenger's British coaching staff flown to the USA exclusively to work on these programs. Challenger will hold over 4,000 British Soccer Camps this summer and will coach over 150,000 players between the ages of 3 and 18, as well as completing FREE coach education clinics for over 40,000 parents and coaches.

Challenger's British Soccer Camp is more than a week of drills and skills. In addition to taking part in a daily regime of foot skill development (through the 1,000 touches curriculum), technical and tactical practices and daily 'World Cup' tournament style plays, each child will be treated to a rich cultural experience and lessons on respect, responsibility, integrity, leadership and sportsmanship. Challenger's custom built camps focus on individual player development and are delivered by a team of passionate coaching staff handpicked to coach your player!

Each camper will receive a FREE camp T-shirt, soccer ball, soccer poster, individual skills performance evaluation and free access to an educational soccer website. In addition, any child who signs up online before May 5th will receive a genuine British Soccer replica Jersey valued at \$39. For further information please visit www.challengersports.com or call Carl Davey 513-245-4019.

Who: Boys and Girls 3 - 18 Years
Dates: June 19 - June 23
Location: Groveport Park
Fee: Varies per age - Visit www.challengersports.com for prices.
Registration: March 1 – June 9
www.challengersports.com
 \$10 fee for late registrations

Kids Night Out

Ditch the parents and head to the GRC for some good old-fashion fun. Play games, swim, eat pizza, climb the wall (on occasion) and more under the watchful eyes of our staff. Pack your swimsuit and towel, and don't forget your tennis shoes! **The registration deadline is the Thursday before the program. Registrations will not be accepted at the door.**

Who: 6 - 12 years
Dates/Time: Friday, May 5 Friday, June 9
 Friday, May 19 Friday, June 23
 5:30 PM - 8:30 PM 5:30 PM - 8:00 PM
Fee: \$8 R/ \$10 NR

Parent Tot Open Swim/Gym

Open Gym - We provide the space, equipment, & opportunities for gross motor play, as well as some structured staff led activities. Come have fun & make some new friends. Participants must wear soft-soled shoes. All children must be accompanied by an adult. **Open Swim** - All children must be accompanied by an adult. Children that are not toilet trained must wear swim diapers.

Who: Parents & their children (5 yrs. & under)
Dates/Time: Wed. (Gym) & Fri. (Swim) / 10 AM - 11 AM
 *Program won't meet any time facility is closed.
 *Between Memorial Day & Labor Day, the program will only take place on Wednesdays.
Fee: \$2.50 one child; \$4 two children;
 \$5 three children; \$8 four+ children
 \$20 for a 10 visit punch pass.
 Kids must be in same family to receive multi-child discounted rate.
Registration: Drop-In

Home School Swim Time

You must be enrolled in either Home School Gym or Water Fun in order to participate in Swim Time. Swim time is an open swim to give your children an opportunity to have fun in the water without direct instruction. Children under 10 years of age must be accompanied by a responsible adult (18 and over) who must directly supervise them while in the pool.

Program #: 580010
Ages: 4 - 18 Yrs.
Dates/Times: Spring - Fri., 3/24 - 5/19, 11:30 AM - 12:30 PM
Location: Groveport Rec. Center Indoor Pool
Fee: \$25

Home School Gym ~ Fun with Fitness

Home School Gym Class will help your child develop motor skills, learn teamwork, improve social skills all while getting exercise. Your child will be engaged in active group games as well as learn the basics of traditional and non-traditional sports. Please wear appropriate gym attire along with soft soled, closed toed shoes.

Program #: 580007
Ages: 4 - 6 Yr., 7 - 10 Yr., 11 - 18 Yr.
Dates/Times: Spr: Fri., 3/24 - 5/19 / 10:15 AM - 11:15 AM
Location: Groveport Rec. Center
Fee: \$25

GROVEPORT RECREATION DEPT.

- Classes & Special Events -

614-836-1000 / www.groveportrec.com

Tae Kwon Ki Do/Karate Ki Do Beginner (White Belts)

Disclaimer - Our classes are all inclusive. Even though we take students as young as 6 years old, this is not "just a kids class." Teens and adults are strongly encouraged to participate. For new students. This class will familiarize you with the most basic techniques that we teach and give you enough time to make an informed decision as to whether or not you wish to learn more.

Program #: 570029
Who: Ages 6 and over
Dates/Times: Sat., June 24 - July 29, 12 PM - 12:45 PM
Location: Groveport Rec. Center
Registration: Ongoing **Fee:** \$28 Res / \$48 NR

Tae Kwon Ki Do/Karate Ki Do Advanced (Yellow - 2nd Blue Belts)

For intermediate students. You have decided that you enjoy what we teach and wish to learn more. Students registering for this class must have reached at least the rank of 1st Yellow Belt, through our formal Promotion Tests, scheduled on the 6th week of each session. Students who reach the rank of 2nd Blue Belt are considered to be graduates of this program.

Program #: 570029
Who: Ages 6 and over
Dates/Times: Sat., June 24 - July 29, 12 PM - 1:30 PM
Location: Groveport Rec. Center
Registration: Ongoing **Fee:** \$38 Res / \$58 NR

Tae Kwon Ki Do/Karate Ki Do Main Class

Only for Committed Students, who desire to become Black Belts! This class sets the bar high. Students participating in this class must first be formally invited to join by Master Evans. Students lower in rank than 2nd Blue Belt can also join this class, through Master Evans' invitation. All invited candidates will be required to be exceptional, in their commitment to being good students and mentors!

Program #: 570029 **Who:** Ages 6 & Over
Dates/Times: Sat., June 24 - July 29, 12 PM - 2:30 PM
Location: Groveport Rec. Center
Registration: Ongoing
Fee: \$60 - 1 Person/\$110 - Family of 2/
 \$145 - Family of 3/ \$35 each person over 3

Spring Community Garage Sale

Get a jump on your spring cleaning! The fee includes a garage sale permit, balloons, and your sale included on the Garage Sale Map & Listing. This sale does not count towards your 2x a year garage sale limit. Maps will go on sale for \$1 the morning of May 17 at the Groveport Recreation Center front desk. If you live outside the Groveport city limits, your sale will be listed, but it might not be included on the map.

Who: Homes within or around the City of Groveport
Dates / Times: May 19 & 20 / 9 AM - 6 PM
Fee: \$5 per household
Reg. Deadline: May 14



Summer Photo Contest

Calling all amateur photographers! Submit your 8 x 10 photograph taken in the Groveport area for a chance to win the GRD's summer photo contest. The theme is Water. Examples are swimming, water sports, kayaking / paddling, rain, nature shots, gardens, fishing, kids playing in a sprinkler, hydrating during athletics, etc. There will be 3 age categories: 17 & Under, 18-54, and 55+ . Rules are available at www.groveportrec.com.

Age Categories: 17 & Under, 18 - 54 Yrs., 55 Yrs.+
Fee: \$5.00 per entry
Submission Deadline: July 31
Submission Location: Groveport Rec. Center
Voting: Aug. 7 - Aug. 21
Winners Announced: August 25

KidsFest 2017

Celebrate the last days of summer with us at KidsFest! Kids of all ages will love this annual free event which features Touch-A-Truck, Cops N' Kids, and a back to school festival.

Who: Kids of All Ages **Fee:** Free
Dates: Sat., Aug. 12 **Location:** Groveport Park
Time: 9:00 AM - 12 PM



GROVEPORT RECREATION DEPT.

- Aquatics -

614-836-1000 / www.groveportrec.com

Lifeguard Certification Classes

Are you at least 15 years of age? Good swimmer? Enjoy working around people and outside? If so, you should consider becoming a LIFEGUARD with the Groveport Rec. Department.

WHY BECOME A LIFEGUARD? 1.) Provide amazing public service, 2.) Start a career in the parks & rec industry, 3.) Stay fit and get more fit, 4.) Work with like-minded people, 5.) Gain a life skill that will come in handy the rest of your life, 6.) Work outside, 7) It's challenging mentally and physically, 8.) Work out at the Groveport Rec Center FREE, 9.) Flexible hours & 10). It's fun.

PREREQUISITES: There are a number of pre-course skills that you have to pass. To learn more about the pre-requisites and free skill assessment, pick up a brochure in the Groveport Recreation Center lobby or visit the Winter Aquatics area on our website (www.groveportrec.com).

Who: Persons 15 years of age and up

Dates: Session 4: May 8 - 13
Session 5: June 5 - 9

Times: Session 4: M - F, 4 PM - 9 PM
Sat, 9 AM - 2 PM
Session 5: M - F, 9 AM - 6 PM

Fee: \$220 (Credit Cards Only).

Registration: Registration deadline is the first day of class.

Questions: Steve Hawkins (Aquatics Manager)
614-836-1000 ext. 1510 / shawkins@groveport.org



SCUBA Lessons

Are you in the mood to try something new? Why not SCUBA? The Groveport Rec. Dept. is currently accepting registration for SCUBA classes. This class is being taught by PADI certified instructors from Columbus SCUBA at the Groveport Rec Center's Indoor Pool. This is an Open Water PADI entry level course. Columbus Scuba offers Open Water certification (lifetime certification). Course includes all three segments, rental gear (both Confined and Open Water), required textbooks, log book, dive tables & certification fees.

Who: Persons 10 years of age and up

Dates/Time: Sun., 6/11 - 7/2 (register by 6/8)
Sun., 7/23 - 8/13 (register by 7/20)
Sun., 8/27 - 9/24 (register by 8/24)
5 pm - 6 pm (Class); 6 pm - 8 pm (Pool)

Fee: \$389.00/session. Checks only. Please make checks payable to Columbus Scuba

Registration: Registrations are being taken on a first come first served basis. Registration deadline is the first day of class.

Questions: Columbus Scuba at 614-500-7234

Lifeguard Instructor Cert. Class

This class will train instructor candidates to teach the American Red Cross Lifeguard Certification Course. For more detailed information, stop in to the GRC and pick up a brochure.

Who: Persons 17 years of age and up

Dates/Times: May 15 - 20
Mon. - Thurs, 4 PM - 8:30 PM
Sat., 9 AM - 5 PM

Fee: \$220 (Credit Cards Only).

Registration: Accepted thru May 12

Questions: Kelly Carter, Aquatics Coordinator
614-836-1000 ext. 1512 / kcarter@groveport.org

Water Safety Instructor Certification. Class

This class will train instructor candidates to teach the American Red Cross Learn-To-Swim Program. For more detailed information, stop in to the GRC and pick up a brochure.

Who: Persons 16 years of age and up

Dates/Times: May 30 - June 3
Tues. - Fri., 4:30 PM - 8:30 PM
Sat., 9 AM - 5 PM

Fee: \$220 (Credit Cards Only).

Registration: Accepted thru May 26

Questions: Kelly Carter, Aquatics Coordinator
614-836-1000 ext. 1512 / kcarter@groveport.org

Group Swim Lessons

Let our staff teach your child the skills they will use the rest of their life. Classes normally fill quickly. Registrations are taken on a first come - first served basis. In the event of bad water chemistry or storms in the area, some classes may be held out of the water. We are a local provider of the American Red Cross Learn-to-Swim Program. To learn more about all of the levels offered and location of the lessons (indoor or outdoor pool), visit www.groveportrec.com.

Who: 6 months - 15 years, plus Adults 16+

Fee: \$45 Resident / \$55 Non-Res. \$5 late fee applied if registering after deadline, provided space is available.

Class Dates	Registration
T/Th. (4/18 - 5/11) p.m.	4/3 - 4/17
M - Th. (6/5 - 6/15) a.m.	5/22 - 6/4
T/Th. (6/6 - 6/29) p.m.	5/22 - 6/5



Visit our website for more summer Swim Lessons.

GROVEPORT RECREATION DEPT.

- Aquatics -

614-836-1000 / www.groveportrec.com

Groveport Aquatic Center opening Memorial Day Weekend

PRE-SEASON

Sat., May 27	12 PM - 8 PM
Sun., May 28	1 PM - 8 PM
Mon., May 29	12 PM - 8 PM
Tue., May 30 - Thurs., June 1	Closed

REGULAR SEASON (June 2 - August 13)

*Pool will open at 1 PM on Tues., July 4 due to
Groveport Independence Day Parade.*

Monday - Saturday	12 PM - 8 PM
Sunday	1 PM - 8 PM

END OF SEASON

Mon., Aug. 14 - Fri., Aug. 18	Closed
Sat., Aug. 19	12 PM - 8 PM
Sun., Aug. 20	1 PM - 8 PM
Mon., Aug. 21 - Fri., Aug. 25	Closed
Sat., Aug. 26	12 PM - 8 PM
Sun., Aug. 27	1 PM - 8 PM
Mon., Aug. 28 - Fri., Sept. 1	Closed
Sat., Sept. 2	12 PM - 8 PM
Sun., Sept. 3	1 PM - 8 PM
Mon., Sept. 4	12 PM - 8 PM

SPECIAL NOTE: The lap pool & diving boards will close at 7 PM on Mon., Tues., Thurs. & Fri. between 6/2 and 7/18 for Groveport Fighting Fish Youth Swim Team Practices.

*Schedule is subject to change due to school schedules.
Please call in advance of your visit during the pre & post seasons.*

Appreciation Weeks

Bring proper ID... get in FREE. Normal admission applies to all others in your party. Just our way of saying, "Thank you for all that you do".

July 3 - 9	Military & Veterans
July 10 - 16	Teachers
July 17 - 23	Police Officers
July 24 - 30	Fire Fighters, EMTs
July 31 - Aug. 6	Government Workers
	* excluding military, police officers, fire fighters, EMTs



Special Events

SUPER FAMILY SUNDAYS

Contests • Games • Races • Prizes • Fun for whole family
Dates: Sunday, June 11 Time: 1 PM - 5 PM
Sunday, July 9
Sunday, Aug. 6

BELATED MOTHER'S DAY SPECIAL

Moms & grandmas are only \$3, when accompanied by their child or grandchild at either the Groveport Aquatic Center or the Groveport Recreation Center.
Date: Sunday, June 11

FATHER'S DAY SPECIAL

Dads and grandpas are only \$3, when accompanied by their child or grandchild at either the Groveport Aquatic Center or the Groveport Recreation Center.
Date: Sunday, June 18

A MAGICAL MOM & SON AFTER-HOURS

Moms & sons (up to 12 yrs. of age), join us for an evening of pizza, fun activities, swimming, prizes & magic. Gordon Russ the Magician, who has performed around the globe, will perform his spectacular 45-minute show at the Groveport Aquatic Center. *Grandmothers, aunts, older sisters, dads, etc. may attend if mom is not available.

Date: Fri., July 14 Time: 8:15 PM - 11 PM
Fee: Season Passholders: \$4/person
All Others: \$8/person

Reg.: Please register at the Groveport Rec Ctr. by July 10.
Pre-registration is required.

DOG PADDLE PALOOZA

Grab Man's Best Friend, your camera and his/her favorite fetch toy, towel & leash and head to the outdoor water park for an evening of fun. Humans are not permitted in the pool. Registrants must provide up to date dog vaccinations to be admitted. If you don't want to wait in line, register in advance at the Groveport Rec. Center. \$2/dog. Humans are free.
Date/Time: Thurs., Sept. 7 (6 PM - 8 PM)



Visit www.groveportrec.com
for Seasonal Pass Rates and
Daily Pass Rates for Non-Pass Holders

GROVEPORT RECREATION DEPT.

- Important Dates -

614-836-1000 / www.groveportrec.com

EVENT / PROGRAM	DATE
Trail Riders (11 AM)	May 3
Free Blood Pressure Screen (9 AM - 12 PM)	May 4
Kids Night Out at GRC	May 5
Lifeguard Class (Session 4) begins	May 8
Trail Riders (11 AM)	May 10
Lifeguard Instructor Cert. Class begins	May 15
Trail Riders (11 AM)	May 17
Free Blood Pressure Screen (9 AM - 12 PM)	May 18
Spring Community Garage Sale	May 19 - 20
Kids Night Out at GRC	May 19
Trail Riders (11 AM)	May 24
Groveport Aquatic Center Opens for Season (weather pending)	May 27
Groveport Aquatic Center Open	May 28
Groveport Tennis Academy Summer Session registration deadline	May 28
Groveport Aquatic Center Open Groveport Recreation Center Closed	May 29
Men's Summer Basketball League registration deadline	May 29
Groveport Aquatic Center Closed	May 30
Water Safety Instructor Class begins	May 30
Groveport Aquatic Center Closed	May 31
Trail Riders (11 AM)	May 31

Please see page 10 for important dates regarding our Group Swim Lessons



GroveportRecreationDepartment



There's only one sports medicine leader for serious athletes.

We're the best at getting them ready for battle. The best at getting them back in the game. And the best at bringing their goals into reach. We're the sports medicine experts at Nationwide Children's Hospital and we're the best equipped to treat concussions, rehab sports injuries or prevent them from happening in the first place. So, if your athlete is 18 or under, don't risk their career to anyone else.

For more information
about our five central Ohio locations, visit
NationwideChildrens.org/Sports-Medicine



NATIONWIDE
CHILDREN'S

When your child needs a hospital, everything matters.™

GROVEPORT SENIOR CENTER

- General News -

614-836-4599 / www.groveportrec.com

Are you 55 years or older? Do you enjoy shooting pool, playing cards, going on day and overnight trips, playing board games, participating in educational seminars, dancing, playing shuffleboard, making crafts, eating meals, playing ping pong, participating in holiday special events and more? If so, you might want to consider joining the Groveport Senior Center. Under most cases, persons must be a member of the Groveport Senior Center to participate in programs. Annual membership dues are only \$8. Questions, call Deb at 614-836-4599.

DAILY ACTIVITIES

Monday	Progressive Euchre	12:00 p.m.
Tuesdays	Line Dancing	9:30 a.m.
	Pinochle	10:00 a.m.
Wednesdays	Game Day	11:00 a.m.
	Quilting	12:30 p.m.
Thursday	Crafts	9:30 a.m.
	Lunch	11:45 a.m.
	Hand & Foot	Times Vary
Saturday	Progressive Euchre	4:00 p.m.

UPCOMING ACTIVITIES

Monthly Craft: Join us as we make a different craft each time we meet. Pre-registration is required for this FREE event taking place on **May 12**, at 10:30 a.m. This program is sponsored by the Inn at Winchester Trail.

Chair Massage: Lisa Boling, Licensed Massage Therapist (LMT) and owner of Roseoak Massage & Wellness, located in Groveport, will be offering **free chair** massages at the senior center from 9:30-11:30am one Thursday a month. Stop in the center on **May 11** and take advantage of this free service.

Wellness Clinic: A nurse from Winchester Place is at the Senior Center on the 3rd Thursday of each month (10:30 a.m. - 11:30 a.m.) and will offer free blood pressure checks. Stop in and get your blood pressure checked. The next Wellness Clinic is scheduled for **May 18**.

Foot Care Clinic: We will have a registered nurse from **Everyday Divinity** here on the first Thursday of every month to do foot care. The cost is \$27 for a 30 minute appointment and will include a complete foot assessment, expertly trimmed, thinned and filed nails and corns and callouses filed and buffed if necessary. Call or stop in to schedule your appointment for **June 1**.

UPCOMING TRIPS

May 14-20: Branson, Missouri. Join us as we travel to the "entertainment capital of the world!" This trip includes deluxe motorcoach transportation, 6 nights hotel accommodations including overnight stays to and from Branson, breakfast and dinner daily along with 7 great shows including Shoji Tabuchi performing in his beautiful theatre and a dinner cruise and show on the Showboat Branson Belle. Also included will be local touring in Branson, baggage handling and all taxes and gratuities on included items. The cost is **\$799.00** per person double occupancy due on sign up.

June 2: La Comedia Dinner Theatre presents "Sister Act." *Sister Act* is the feel-good musical comedy smash hit based on the hit 1992 film that has audiences jumping to their feet! (Or at least bouncing in their seat!) This uplifting musical was nominated for five Tony Awards, including Best Musical. When disco diva, Deloris Van Cartier, witnesses a murder, she is put in protective custody in the one place the cops are sure she won't be found: **A CONVENT!** Disguised as a nun, she uses her unique disco moves and singing talent to inspire the choir and breathe new life into the church and community. The cost is **\$60.00** per person, due on sign up and includes transportation, buffet luncheon and the show.

June 8: Cincinnati Reds Game. Join us as we travel to The Great American Ball Park to watch the Reds take on the St. Louis Cardinals. The cost is \$46.00 due by May 5 and includes transportation and your game ticket.

July 11-12- Creation Museum & Noah's Ark. Join us for a "Tour of Biblical Proportions." The first day we will be touring the Creation Museum. Be prepared to experience history in an unprecedented way as the museum brings the pages of the Bible to life as you stroll through the Garden of Eden, the Cave of sorrows and so much more. The next day you will go on a tour of the Ark Encounter, the largest timber frame structure in the world. There are scores of exhibits about the flood, Noah and the animals that are designed to answer your questions about the biblical account of Noah's Ark. There is so much more about these two places that can't be put in this article. This trip also includes motorcoach transportation, hotel accommodations, a wonderful **dinner cruise on the river**, a full breakfast and more. The cost is **\$249.00** per person, double occupancy with a \$100 deposit due on sign up. Final payment is due by June 1st.

You do not have to be a member of the senior center to join us on any trip.

Deb Scholl-Saulnier, *Senior Citizens Coordinator*
7370 Groveport Road • Groveport, OH 43125
614-836-4599
www.groveportrec.com

GROVEPORT CULTURAL ARTS CENTER

- Adult Programs -

614-836-3333

Community Affairs Department

Line Dancing

All skill levels & ages are invited to participate in this daytime line dancing program. Wear shoes with leather soles or socks.

Dates/Times: Mon. & Wed. / 10:00 AM - 11:30 AM
Location: Groveport Town Hall, 648 Main Street
Fee: Free
Registration: Drop in

Art of Movement

The Art of Movement Foundations combines the East and West intuitive dance practices to help you add energy & relieve stress.

Who: 16 and up
Dates/Times: Thursdays / 6:30 PM - 8:00 PM
Location: Groveport Town Hall, 648 Main Street
Fee: \$4 resident / \$5 nonresident
Registration: Drop in

TOPS Weight Loss Support Group

Who: Everyone
Dates/Times: Wednesdays / 9:30 AM - 11:00 AM
Location: Groveport Town Hall, 648 Main Street

Tuesdays@One

Adult (child friendly) art and education program every Tuesday. Speakers, demonstrations, creative projects and activities. Registration is required, due to supplies being provided.

Who: Adults (child friendly)
Dates/Time: Tuesdays / 1:00 PM - 2:00 PM
Location: Groveport Town Hall, 648 Main St.
Cost: Free (supplies provided for May projects)
Registration: Accepted thru Tuesday of each class



May 2 Memorial Day Craft
May 9 Scrap Wood Twine Mason Jar Art
May 16 Bees - part 1
How to identify, what bees do for us, it's life and behavior, tools & task of a beekeeper.
May 23 Bees - part 2
Value and uses of hive resources, qualities & health values and product made.
May 30 Kokedama (Japanese String Garden)

Walking Stick

Join us and create a one of a kind walking stick. We will try out our sticks when we take a nature walk. All supplies included. Space is limited. Don't delay, call today!

Who: All ages-children to adult
Fee: Free
Date/Time: Monday, May 1 / 6:30 PM - 7:30 PM
Location: Groveport Blacklick Park, 799 Blacklick Street
Registration: By April 28

Cook's Corner

Adult (kid friendly) program series on the first Friday of each month. Join the fun and be a part of the demonstrations that include hands-on cooking, discussions, experiencing new foods & learning new skills. May Topic: Pastry Puff Pizza. Space is limited.

Who: Adult
Fee: Free
Date/Time: Friday, May 5 / 10:00 AM - 11:00 AM
Location: Groveport Town Hall, 648 Main Street
Registration: By May 3

Sewing Group

Do you have sewing projects that you think you don't have time to finish, or maybe need help figuring out the next step on a sewing project? Come and be a part of the Sewing Group for support & advice on how to start or complete your projects.

Who: Everyone
Fee: Free
Dates/Time: Friday, May 12 & 26 / 10:00 AM - 2:00 PM
Location: Groveport Town Hall, 648 Main Street
Registration: Drop In
Supplies to Bring: Sewing machine & sewing project / supplies

Painting in Nature - New Program!

Class will be instructed by artist, Steven Riggs. We will work on a painting that is a nature scene step by step. You will need to bring an 8"x10" canvas and assorted brushes.

Who: All ages-children to adult
Date/Time: Saturday, May 13 / 1:00 PM - 3:00 PM
Location: KidSpace, 630 Wirt Road
Fee: \$20 per person or \$15 per person for two people signing up at the same time.
Registration: By May 11

Painting by:
Steven Riggs



GROVEPORT CULTURAL ARTS CENTER

- Adult Programs / Youth Programs -

614-836-3333

Community Affairs Department

Programs on the Go!

Programs on the Go will focus on community art, experiencing and learning new skills, discussions and exploring new forms of art and education with the benefit of transportations. Participants will be picked up from KidSpace, 630 Wirt Road and will return to KidSpace after the adventure. Prices will be determined monthly based on each trip location. Space is limited.

Who: Adults **Fee:** \$7.50 per person

Date/Time: Friday, May 19 / Pick up time: 12:30 PM
Estimated return time: 3:00 PM

Trip Location: Whistle Factory

Registration: By May 17



Preschool Playgroup Grow with Me

Activities designed to accommodate different age groups within the same setting. Lesson, snack & free play help children grow academically and socially. Adult participation is required.

Who: Preschool children

Dates/Time: Every Tues. & Wed. / 10 AM - 11:30 AM

Location: KidSpace, 630 Wirt Road

Registration: No registration - Drop in

Fee: Free

Preschool Rock n' Rollers

Music and movement centered program for your junior rocker. Adult participation is required.

Who: Preschool children

Dates/Time: Every Thursday / 10:00 AM - 11:00 AM

Location: KidSpace, 630 Wirt Road

Registration: No registration - Drop in

Fee: Free

Preschool Picassos

Creative crafts that little hands can easily construct. Adult participation is required.

Who: Preschool children

Dates/Time: Every Friday / 10:00 AM - 11:00 AM

Location: KidSpace, 630 Wirt Road

Registration: No registration - Drop in

Fee: Free



Preschool Science

Are you ready for a messy, fun time? Learn about science with hands on activities. Dress for mess! Space is limited. Program will start after Preschool Grow with Me.

Who: Ages 3 - 5 (Adult participation required)

Dates/Time: 1st Wed. each mo. (5/3) / 11:30 AM - 12:00 PM

Location: Groveport KidSpace, 630 Wirt Rd

Registration: No registration - Drop in

Fee: Free



Preschool Sing with Me

Music, singing and instruments that your little ones will enjoy. Adult participation is required. Program will start after Preschool Grow with Me. Adult participation is required.

Who: Ages 3 - 5 **Fee:** Free

Dates/Time: 2nd Wed. each mo. (5/10) / 11:30 AM - 12:00 PM

Location: Groveport KidSpace, 630 Wirt Road

Registration: No registration - Drop in

Preschool Let's Read

Your little one will be read to in a group setting. We will focus on a different author each month. Activity/game. Program will start after Preschool Grow with Me.

Who: Ages 3 - 5 (Adult participation is required)

Dates/Time: 3rd Wed. each month. (5/17) / 11:30 AM - 12 PM

Location: Groveport KidSpace, 630 Wirt Road

Registration: No registration - Drop in

Fee: Free



Home School Art

In the month of May we will be celebrating our mother's by making a card and a Flower Pot of Felt (May 4), then we will celebrate all the beautiful flowers blooming all around us by making flowers of our very own (May 18). Let's be creative and have fun!

Who: Ages 4 and up

Dates/Time: Thursday, May 4 & 18 / 10:00 AM - 11:00 AM

Location: Groveport Town Hall, 648 Main Street

Registration: Deadline two days before each program date

Fee: Free

GROVEPORT CULTURAL ARTS CENTER

- Youth Programs -

614-836-3333

Community Affairs Department

Science Experiment Night

Join the fun and be part of the things that make us go OHH and AHH! Let's experiment and discover how fun it is to make slime.
May experiment: Slime

Who: Ages 5 - 12
Date/Time: Monday, May 8 / 6:30 PM - 7:30 PM
Location: Groveport KidSpace, 630 Wirt Road
Registration: By May 5
Fee: Free

Nature Program - Make a Kite

Kites are the classic childhood toy that we have fond memories of. However, they can be pricey if you buy them from a store. Why not make a homemade kite? Flying a kite made by your own hands will make you smile!

Who: Families **Fee:** Free
Date/Time: Saturday, May 13 / 11:00 AM - 12:00 PM
Location: Heritage Park, 551 Wirt Road
Registration: By May 11



Youth Sewing

Youth will learn how fun sewing can be. This is a hands-on class. They will learn basic important skills: sewing on buttons to a more complex skill like threading a sewing machine to following a pattern. Learn how to sew a different project each month.
May project: Spring Bouquet

Who: Ages 10 - 16 **Fee:** Free
Date/Time: Monday, May 15 / 6:30 PM - 8:00 PM
Location: Groveport Town Hall, 648 Main St.
Registration: By May 12

Youth Connection

Come join us once a month to hang out and do things with kids your own age. The activities will be based on the desires of the class. Ideas of programs already put on the table are: arts & crafts, working with fabric, drawing/painting, fashion and nutrition. Come and make a connection.
May project: Subway Art

Who: Ages 10 - 16
Date/Time: Monday, May 22 / 6:00 PM - 7:30 PM
Location: Groveport Town Hall, 648 Main Street
Registration: By May 19
Fee: Free

Kid's Night - Silhouette Wall Art

Come and learn how to recycle magazines into Silhouette Wall Art. Choose between a bear, sunglasses, or letters for the word "LOVE". All supplies provided.

Who: Ages 5-12 **Fee:** Free
Date/Time: Tuesday, May 23 / 6:30 PM - 7:30 PM
Location: Groveport KidSpace, 630 Wirt Rd.
Registration: By May 19
Fee: Free

May Art Gallery

Groveport Police History by Ernie Bell

Vintage uniforms, badges, patches, photos, old newspaper articles, radio equipment and more. Open during Town Hall business hours. May 1-May 26. Free.



Flag Camp starting June 3 for boys & girls in grades 1-6. Five week program series from 9am-11am. Children will show off their skills while marching in the Groveport's 4th of July parade. Call 614.836.3333 to register by June 1.

Sunshine Camp starting June 5-July 14. Grades 1-6. Call 614.836.3333 to register & pay by May 26.

GROVEPORT CULTURAL ARTS CENTER

- This & That -

614-836-3333

community affairs department

HOLIDAY'S IN MAY

Cinco de Mayo
National Teacher Day
Mother's Day
Victoria Day
Memorial Day
National Physical Fitness and Sports Month
Asian American Heritage Month
Jewish American Heritage Month
Skin Cancer Awareness Month
National Bike Month

Fun Facts About May

- May is the third and last month of the season of spring.
- The birthstone of May, the emerald, symbolizes success and love.
- May in the Northern Hemisphere is similar to November in the Southern Hemisphere.
- May was once considered a bad luck month to get married. There is a poem that says "Marry in May and you'll rue the day".
- In Old English May is called the "month of three milkings" referring to a time when the cows could be milked three times a day.
- The Indianapolis 500 car race is held each year during this month.
- The Kentucky Derby, the world's most famous horse race, is also held on the second Saturday of this month.
- The month of May is devoted to the Virgin Mary in the Catholic Church.
- The United Kingdom celebrates May as the National Smile Month. The last week of May is Library and Information Week.



Words That Have The Word May In It

Unscramble

AAPMEYLPS _____

FSILEAMY _____

WSEYLAORMF _____

AAOINMENSY _____

IYSMAD _____

ABEMY _____

OYPMLSAE _____

AOLAMYR _____

LYYAMF _____

AMBYE _____

GROVEPORT CULTURAL ARTS CENTER

- Important Dates -

614-836-3333

MAY

Community Affairs Department

EVENT / PROGRAM	DATE	EVENT / PROGRAM	DATE
Line Dance Walking Stick Program	Mon., May 1	Preschool Rock n' Rollers Home School Art Art of Movement	Thurs., May 18
Tuesdays@One Quilting 2 of 5 Preschool Grow with Me	Tues., May 2	Preschool Picassos Programs on the Go	Fri., May 19
Preschool Grow with Me Preschool Science Line Dance TOPS Dare to Dance 4 of 6	Wed., May 3	Line Dance Youth Connection	Mon., May 22
Preschool Rock n' Rollers Home School Art Art of Movement	Thurs., May 4	Preschool Grow with Me Tuesdays@One Quilting 5 of 5 Kid's Night	Tues., May 23
Preschool Picassos Cook's Corner	Fri., May 5	Preschool Grow with Me Line Dance TOPS	Wed., May 24
Line Dance Science Experiment Night	Mon., May 8	Preschool Rock n' Rollers Art of Movement	Thurs., May 25
Preschool Grow with Me Tuesdays@One Quilting 3 of 5	Tues., May 9	Preschool Picassos Sewing Group Town Hall closes at 5:00pm	Fri., May 26
Preschool Grow with Me Preschool Sing with Me Line Dance TOPS Dare to Dance 5 of 6	Wed., May 10	TOWN HALL CLOSED	Sat., May 27
Preschool Rock n' Rollers Art of Movement	Thurs., May 11	TOWN HALL CLOSED	Sun., May 28
Preschool Picassos Sewing Group	Fri., May 12	TOWN HALL CLOSED	Mon., May 29
Nature Program - Make a Kite Painting in Nature - Painting Techniques	Sat., May 13	Preschool Grow with Me Tuesdays@One	Tues., May 30
Line Dance Youth Sewing	Mon., May 15	Preschool Grow with Me Line Dance TOPS	Wed., May 31
Preschool Grow with Me Tuesdays@One Quilting 4 of 5	Tues., May 16		
Preschool Grow with Me Preschool Let's Read Line Dance TOPS Dare to Dance 6 of 6	Wed., May 17		

Answer Key

May apples
Mayflies
Mayflowers
Mayonnaise
Dismay
Maybe
Maypoles
Mayoral
Mayfly
Maybe

NOTE: Many of the programs noted have registration deadlines and space could be limited. For more information, please call Town Hall at 614.836.3333. - Thank you.



City of Groveport
655 Blacklick Street
Groveport, Ohio 43125
www.groveport.org

Municipal Offices, 655 Blacklick Street	614-836-5301
Crooked Alley KidSpace, 630 Wirt Rd.	614-836-3333
Recreation Center, 7370 Groveport Rd.	614-836-1000
Police Dept., 5690 Clyde Moore Drive	614-830-2060
Public Works, 7400 Groveport Rd.	614-836-3910
Town Hall, 648 Main Street	614-836-3333
The Links at Groveport, 1005 Richardson Rd.	614-836-5874

Lance Westcamp.....	Mayor
Shawn Cleary, Ed Dildine, Jean Ann Hilbert,	
Becky Hutson, Scott Lockett, Vacant	Council
Marsha Hall	City Administrator
Ralph Portier	Police Chief
Kevin C. Shannon	Law Director
Jeff Green	Asst. Administrator/Finance Dir.
Sue Wadley	Personnel Director
Tom Walker.....	Golf Director
Kyle Lund	Recreation Director
Patty Storts.....	Community Affairs Director
Tom Byrne.....	Facilities Management Director
Dennis Moore.....	Public Works Superintendent
Stephen Moore.....	Chief Building Official
Steve Farst.....	Engineer
Bob Dowler.....	Transportation Director

Department Phone Numbers

Administration.....	614-830-2042
Building & Zoning.....	614-830-2045
Clerk of Council.....	614-830-2053
Clerk of Court.....	614-830-2052
Community Affairs.....	614-836-3333
Engineering.....	614-836-5301
Finance.....	614-830-2048
Human Resources.....	614-830-2051
Law Director.....	614-830-2059
Recreation.....	614-836-1000
Police.....	614-830-2060
Public Works.....	614-836-3910
Transportation.....	614-836-7433
Utilities.....	614-830-2048

Community Meetings

Wed., May 3	2:00 PM	Cemetery Committee @ Log House
Mon., May 8	6:30 PM	Council
Mon., May 15	5:30 PM	Council Committee of Whole
Mon., May 22	6:30 PM	Council

* all meetings at 655 Blacklick Street, Groveport, OH 43125, unless otherwise noted.

Farmer's Market

Yes, the Farmer's Market is returning to Groveport's downtown. The market will take place on Tuesdays (5:00 PM - 8:00 PM), between May 30 and Sept. 26. The market will not run on July 4.

The market will be located in the grassy area between ACE Hardware and Groveport Town Hall. Parking is available in the municipal parking lot next to and behind ACE Hardware. The market is sponsored by the Southeastern Franklin County Chamber of Commerce and the City of Groveport. Bruce Jarvis will be managing the market. For more info., contact Bruce at 614-557-1009, jarvis79@sbcglobal.net or visit www.groveportmarket.com.

