

November 2018

The connection

The City of Groveport's Media Hub

ATTENTION TEENS & YOUNG ADULTS

Become a Certified Lifeguard over Christmas Break

See page 9 for more information.

CITY OF GROVEPORT

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RECREATION

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Salute to Veterans

Date: Sunday, Nov. 11
Time: 3:00 PM
Location: Veteran's Park
421 Main Street
Groveport, OH 43125
More info.: Please visit the city's website at www.groveport.org or call 614-836-3333



Honoring and Remembering All Who Served

REGISTER NOW... Holiday Camp for Kids

Looking for something for your kids to do during holiday break? Get your kids signed up for this camp now. Campers will have a ball participating in a variety of sports and gym-type activities at the Groveport Holiday Camp. Kids will be introduced to sports and engage in activities designed to teach them in such a way that makes learning fun. Sports include soccer, basketball, flag football, ultimate Frisbee, volleyball, floor hockey and more. Swimming and rock climbing will also be available. All activities will be indoors. Our staff is trained to provide constant encouragement, constructive feedback and to implement modifications for each skill that is taught. We will stress sportsmanship, respect, teamwork & positive social interactions. Campers will need a water bottle, non-perishable lunch, snack, swimsuit & towel. Parents should label all personal belongings.

Extended care (8 am - 9 am, 3 pm - 5 pm) available for \$10/day.

Who: Boys & Girls, 6 - 12 years of age
Dates/Time: Dec. 26, 27, 28, 31 and Jan. 2
9 AM - 3 PM
Location: Groveport Recreation Center
Fee: All 5 days: \$130 /
Any 3 days: \$105 / Any single day: \$40
Register: www.ballysportsgroup.com by 12/19
Questions: Aaron Bally at abally@ballysportsgroup.com



GROVEPORT
Recreation Department

GROVEPORT
Senior Center



Creating community through parks, recreation, education, culture, art & people

City of Groveport & Recreation Dept. - General News

614-836-5301 / www.groveport.org

Veteran's Day Closure

The Groveport Municipal Building will be closed on Monday, Nov. 12 in observance of Veteran's Day.

Groveport Town Hall will be closed on Sunday, Nov. 11 and Monday, Nov. 12 in observance of Veteran's Day.

The Recreation Center, Senior Center and Links At Groveport will all be open for business.

Thanksgiving Holiday Hours

Thurs., Nov. 22 - Thanksgiving

*All City Offices, with the exception of The Links at Groveport (Golf Course) will be closed. The golf course will be open (10 AM - 3 PM), weather pending.

Friday, Nov. 23 - Black Friday

Municipal Building	CLOSED
Recreation Center	5:30 AM - 9:00 PM
Town Hall	CLOSED
Crooked Alley Kid Space	CLOSED
Links At Groveport	8:30 AM - 4:30 PM (weather pending)



Note: Town Hall & Crooked Alley Kid Space are also closed on Saturday, Nov. 24 and Sunday, Nov. 25.

SAVE THE DATES... "A Heritage Holiday"

Get your calendar out and note that the City's "A Heritage Holiday" will take place at Heritage Park on Fri., Nov. 30 (6:30 PM - 8 PM) and Sat., Dec. 1 (12 PM - 3 PM).

Further information, see page 7 or call 614-836-3333.

Take a Book Share a Book

These stations were j installed outside of the Recreation Ctr., Town Hall and Municipal Building.



LAST CHANCE TO REGISTER

"NEW" Pre-Season Basketball Clinic

Players will work on fundamentals of the game. Instruction will be provided by Groveport-Madison High School Coaches & Players in a clinic type setting. This clinic will help prepare players for the upcoming season. Get a jump on shooting, passing, dribbling, defense and more. This clinic will take place in the new Groveport-Madison High School Gym.

Who: 3rd - 6th Grade Boys & Girls

Dates: Oct. 24, Nov. 1, Nov. 7 & Nov. 14

Time: 3rd - 4th Gr. (6 - 7 PM)
5th - 6th Gr. (7 - 8 PM)

Player Fee: \$23 Resident / \$28 Non-Res.

Registration: 10/1 - 10/19



Encourage your friend or loved ones to take us for a free 5-day Test Drive.

Share this coupon with a family member or friend and encourage them to give us a try on their way to living a happier and healthier life.

It's much easier to maintain a fitness routine when you workout with a friend or family member.

MERRY FITNESS 2018

Bring this coupon to the Groveport Recreation Center to redeem your free 5-day trial membership.

Expires 12-31-18. Users of coupon must be at least 18 years of age. Photo I.D. required for redemption. May only be used once by same person. Other restrictions apply.

7370 Groveport Road
Groveport, OH 43125
614.836.1000



GROVEPORT
Recreation Center

www.groveportrec.com

Groveport Recreation Dept. - General News -

614-836-1000 / www.groveportrec.com

Groveport Gobble Gallop 5k

This family friendly 5k walk/run will be held at Groveport Park on Thursday, Nov. 22 (Thanksgiving Day). Packet pick-up will take place between 7:30 am and 8:15 am. The event will start at 8:30 am.
Cost: before Nov. 1 - Adults \$25, Children 8 - 14 Yrs. \$10, Children under 8 Yrs FREE (no bib)
after Nov. 1 - Adults \$30 Children 8 - 14 Yrs. \$15, Children under 8 Yrs FREE (no bib)



All proceeds from this event will support missions to Montenegro through the non-profit organization LIFE IMPACT FOR ETERNITY. For more info. & registration, please visit <https://runsignup.com/groveportgobblegallop>.
NOTE: This is not a City of Groveport event.

Birthday Parties

If you are a parent with an active child, you need to read further. \$250 covers 20 Day Passes to the GRC • 90 minute room reservation • 3 Large Single Item Pizzas • 1 Dairy Queen Ice Cream Cake • 4 Two Liters of Pop • Disposable plates, cups, napkins & utensils • T-shirt for the birthday boy or girl • 4 GRC Day Passes to be used at a later date. Your child will also have his birthday splashed on our massive digital marquee sign. All you need are a few decorations, some invitations and maybe some ear plugs (optional). Additional party guests are only \$5/person. To check room availability, call our office at 614-836-1000.



November Climbing Wall Hours

Monday	6:00 PM - 8:00 PM
Tuesday	6:00 PM - 8:00 PM
Thursday	6:00 PM - 8:00 PM
Saturday	1:00 PM - 4:00 PM
Sunday	1:00 PM - 4:00 PM



Free Blood Pressure Screenings

Compliments of the Madison Township Fire Dept., free blood pressure screenings will be offered in the lobby of the Groveport Rec. Center on the following dates. *Due to emergency runs, there may be times when the Madison Twp. Fire dept. staff may not be available.* A blood pressure cuff is also available if these times are not accessible. Ask a fitness attendant for help.

Date:	Time:
Thurs., Nov. 1	9:00 AM - 12:00 PM
Thurs., Nov. 15	9:00 AM - 12:00 PM

On-Line Registration Available

Did you know that you can register on-line for most of our programs, including swim lessons? Please see our front desk staff to set up a User Name & Password.

www.groveportrec.com

A Week to Give (Dec. 3 - 9)

The Week to Give is an annual opportunity for the fitness community to give back. 100% of participating class fees, raffles and competitions are donated to Groveport Human Needs Adopt-A-Family.

Not a fitness class participant... not a problem. There will be opportunities for you to make a donation. We hope that with your assistance, we can raise \$3,000. Thank you in advance for your generous support.

More information will be available in the December issue of THE CONNECTION.

Make a Difference!
DONATE

Save the date...

Fall Crafter's Bazaar

Date/Time: Sat., Nov. 10 (9 AM - 2 PM)
Location: Groveport Recreation Center Gym
Entry Fee: \$1.00 (for shoppers)
Vendors: Call Juli Pintz at 614-836-1000 ext. 1513.

GROVEPORT RECREATION DEPT.

- Fitness -

614-836-1000 / www.groveportrec.com

* Pre-registration
REQUIRED

November Group Fitness Classes

To see a full description of each
class visit www.groveportrec.com

DAY/TIME	CLASS	INSTRUCTOR
MON.		
9:15 a.m.	Trim Tummies	Denune
10:00 a.m.	Water Aerobics	Frank
10:00 a.m.	SilverSneakers Classic	Denune
10:00 a.m.	TRX & Abs	Coakley
11:00 a.m.	SilverSneakers Circuit	Coakley
11:15 a.m.	Arthritis Aquatics Program	Frank
12:00 p.m.	SilverSneakers BOOM Muscle	Coakley
12:30 p.m.	SilverSneakers BOOM Stretch	Coakley
5:00 p.m.	Arthritis Land Based Program	Frank
6:00 p.m.	Water Aerobics	Denune
6:15 p.m.	Zumba	Frank
TUE.		
9:30 a.m.	Water Aerobics	Denune
8:45 a.m.	SilverSneakers Classic	Coakley
9:45 a.m.	TRX & Abs	Coakley
11:15 a.m.	SilverSneakers Circuit	Denune
WED.		
9:15 a.m.	Cycling with Sara	Denune
10:00 a.m.	Water Aerobics	Frank
10:15 a.m.	TRX Fitness	Coakley
10:15 a.m.	SilverSneakers Yoga	Denune
11:15 a.m.	Arthritis Aquatics Program	Frank
11:15 a.m.	SilverSneakers Classic	Coakley
12:15 p.m.	SilverSneakers BOOM Muscle	Coakley
6:15 p.m.	Aqua Zumba	Frank



DAY/TIME	CLASS	INSTRUCTOR
THURS.		
9:00 a.m.	Stretch to Fitness	Frank
9:15 a.m.	H2O Kickboxing/Step	Denune
10:00 a.m.	Deep Water Exercise Combo	Denune
10:30 a.m.	SilverSneakers Classic	Frank
12:00 p.m.	Yang 24 Tai Chi	Henry
1:00 p.m.	Tai Chi for Beginners	Henry
5:00 p.m.	Arthritis Land Based Program	Frank
6:15 p.m.	Zumba / Strength & Tone	Frank
FRI.		
8:45 a.m.	Tai Chi for Arthritis + Fall Prevent	Henry
10:00 a.m.	S.W.A.T.	Denune
11:15 a.m.	SilverSneakers Circuit	Coakley
12:00 p.m.	SilverSneakers Classic	Coakley
SAT.		
8:45 a.m.	TRX Power, Strength & Endurance	Coakley
12:00 p.m.	*Tae Kwon Ki Do/Karate Ki Do	Evans
SUN.		
11:00 a.m.	Restorative Yoga	Pepper

Fitness Tip

The Better Health Secret: Prioritize Sleep

The connection between sleep and weight gain is hard to ignore. Research published in the American Journal of Epidemiology found that women who are sleep deprived are a third more likely to gain 33 pounds over the next 16 years than those who receive just seven hours of sleep per night. And with all of the connections to obesity, diabetes, high blood pressure, heart failure, and cognitive failure, the need to sleep goes far beyond just looking better and seeing results from your diet and exercise efforts.

While there's no hard number that applies to all people, a good rule of thumb is to receive between seven and nine hours of sleep per night, and to make sure that one poor night of sleep isn't followed up with a few more. It might not seem like much, but it could make all the difference and mean more than any other health decision you make.

Source: www.shape.com

"Why Sleep is the No.1 Most Important Thing for a Better Body"

GROVEPORT RECREATION DEPT.

- Adult Athletics / Sports Med. Minute -

614-836-1000 / www.groveportrec.com

Adult Pickleball Play

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a wiffle ball) and wood or composite paddles. The game can be played as singles (one person per side) or doubles (two people per side). It is easy for beginners to learn, and can develop into a quick, fast-paced, competitive game for experienced players.

Who: Men and Women 18 and over
Date/Times: Please check our Gym Schedule
Location: Groveport Rec. Center
Player Fee: GRC Member: Free
Normal GRC Day Pass fee apply to all others

Pickleball League

This ladder league is designed so that players play mostly others with similar skill levels. Your ranking on a ladder is based on your winning percentage (the ratio of points won to total points possible). Each week, players will be placed in groups of 4 in the order of their ranking on the ladder for match play. **There are only a few spaces remaining.**

Who: Men and Women 18 and over
Date/Times: Sun., 11/4 - 12/16 (no play 11/25)
5:30 PM - 8:30 PM
Location: Groveport Recreation Center
Registration: 9/14 - 10/31. Limited to first 24 participants
Player Fee: \$30

Intermediate Pickleball Class

This class is intended for players who have a solid understanding of the rules and are looking to improve their game. We will focus on landing the ball in the kitchen, slice/spinning the ball, reaction drills, straight cross court dinks, warm up drills & aiming. If you have a regular Pickleball partner, encourage him or her to take the class with you.

Who: Men and Women 18 and over
Date/Times: Wed., 11/7 - 12/19 / 6:30 - 8:30 PM
No class 11/21
Location: Groveport Rec Ctr.
Registration: 7/1 - 11/7
Player Fee: \$30



Adult Co-Ed Winter Volleyball League

Teams will play for 10 weeks on Wednesday evenings in some of the nicest gyms in central-Ohio. All teams will then play in a season-ending single elimination tournament. League is limited to the first 6 teams registered. Players do NOT have to be members of the Groveport Rec. Center to participate. Don't have a team, but want to play, contact Amy Van Huffel (Sports/Fitness Manager) at 614-836-1000 ext. 1505 to be put on a Free Agent List. If there are enough Free Agents, a team may be formed.

Who: Men and Women 18 and over
Dates: Tentatively begins Wed., Jan. 16
Registration: 10/1 - 1/9 (first come-first served)
Location: Groveport Rec Center **Team Fee:** \$250

ACL Injuries in Children & Adolescents

It has frequently been emphasized that children are not simply "small adults". They are different anatomically and physiologically in many ways. Knee injuries in children and adolescents frequently demonstrate these differences.

The primary difference between the adult knee and the child's knee is the growth center or epiphysis. These are regions in the end of the femur and tibia on both sides of the knee that provide most of the growth of the leg. They are usually the weakest part of the knee. The same injury pattern that would tear a ligament or cartilage in the mature knee is much more likely to fracture the bones through the growth center in the child.

"Adult" type of the knee injuries can, however, occur in the child. Anterior cruciate ligament tears, once thought to be extremely rare in children, are receiving more attention in recent years. It is unknown whether or not the rise in the number of reported tears recently are related to increased awareness by physicians, better diagnostic techniques, such as MRI and arthroscopy, or that possibly more kids are involved in competitive sports. ACL tears have been reported in children as young as two years of age. The true incidence of ACL tears in the pediatric population is unknown, but some studies report a tear in as many as 50% of children with blood in their knees after an injury.

The treatment of ACL tears in the young, athletic, skeletally mature (adult) knee is usually reconstruction. A tendon is usually taken from another part of the body and used to rebuild the torn ligament. Simple repair of the torn ends usually fails. Non-operative treatment with braces and exercise usually fails. These patients frequently have "giving way" episodes with tearing of other structures, usually meniscal cartilages.

See page 9 for remainder of article

GROVEPORT RECREATION DEPT.

- Youth Athletics -

614-836-1000 / www.groveportrec.com

Learn to Volley

Have a great time learning the sport of volleyball in the Bally Sports Group Volleyball Program. Participants will learn a wide variety of skills including passing, setting, blocking & serving. Older players will also work on spiking. Each week will include modified games that help players learn spacing on the court, communication with teammates and moving to the ball. The positive atmosphere makes for a fun learning experience catered to all skill abilities.

Who: Boys & Girls, 8 - 12 Years of Age
Date/Times: SESSION 1: Mon., Nov. 5 - Dec. 10
5:30 PM - 6:45 PM or 6:45 PM - 8 PM
SESSION 2: Mon., Jan. 14 - Feb. 18
5:30 PM - 6:45 PM or 6:45 PM - 8 PM



Location: Groveport Rec. Ctr. **Fee:** \$70

Registration: SESSION 1: 10/1 - 10/29
SESSION 2: 11/1 - 1/7
www.ballysportsgroup.com

Questions: Aaron Bally at 614-505-6532

Little Ballers Basketball

Bally Sports will provide children with a fun & educational basketball experience. Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense & the concept of game play. A positive and encouraging atmosphere is created in which kids learn proper sportsmanship. Each week players will participate in developmentally appropriate instruction & modified, recreational game play.

Who: Boys & Girls, 4 - 6 Years of Age
Date/Times: SESSION 1: Tues., Nov. 6 - Dec. 11
5:30 - 6:30 PM or 6:30 - 7:30 PM
SESSION 2: Tues., Jan. 15 - Feb. 19
5:45 PM - 6:45 PM or 6:45 PM - 7:45 PM

Location: Groveport Rec. Center **Fee:** \$65

Registration: SESSION 1: 10/1 - 10/29
SESSION 2: 11/1 - 1/7
www.ballysportsgroup.com

Questions: Aaron Bally at 614-505-6532



1st - 2nd Grade Basketball Clinic

Boys and girls will learn the fundamentals of the game from Groveport-Madison High School Coaches and players in a fun-filled clinic type setting. Shooting, passing, dribbling, defense and more will be introduced. Players will shoot at 8 foot rims and play with a Junior sized basketball. Fee includes t-shirt.

Who: 1st - 2nd Graders
Date/Times: Sat., 12/1, 12/8, 12/15, 1/5, 1/12, 1/19, 1/26 & 2/1 / 9 AM - 10 AM
Location: Groveport Rec. Center
Player Fee: \$45 Resident / \$55 Non-Res.
Registration: 10/1 - 11/18



3rd - 4th Gr. Basketball League

Players shoot on 10 foot hoops and play 5 vs. 5 games on full-courts. Practices tentatively begin in November. Games will tentatively be played between Jan. and Feb., on weekday evenings and weekends. Players will be evaluated and placed on teams in an effort to have comparable talent on each of our teams. If possible, separate boys and girls divisions will be offered. Teams will practice at local schools and games will be played at the Groveport Rec Center. **Volunteer coaches are needed.**

Who: 3rd - 4th Graders
Dates: Tentatively Nov. - Feb.
Player Fee: \$45 Resident / \$55 Non-Res.
Registration: 10/1 - 11/4



5th - 6th Gr. Basketball League

Players shoot on 10 foot hoops and play 5 vs. 5 games on full-courts. Practices tentatively begin in November. Games will tentatively be played between Jan. and Feb., on weekday evenings and weekends. Players will be evaluated and placed on teams in an effort to have comparable talent on each of our teams. If possible, separate boys and girls divisions will be offered. Teams will practice at local schools and games will be played at the Groveport Rec Center. **Volunteer coaches are needed.**

Who: 5th - 6th Graders
Dates: Tentatively Nov. - Feb.
Player Fee: \$45 Resident / \$55 Non-Res.
Registration: 10/1 - 11/4



GROVEPORT RECREATION DEPT.

- Youth Athletics / Classes & Special Events -

614-836-1000 / www.groveportrec.com

Mini Dribblers Indoor Soccer

Bally Sports will lead this program that utilizes fun games & activities to teach fundamental soccer skills to beginners. Coaches will teach dribbling, passing, scoring and concept of game play. Each week will also include some non-competitive game play. Sportsmanship & encouragement will be stressed.

Who: Boys & Girls, 3 - 6 Yrs. **Fee:** \$65
Dates/Times: Thur., 1/17 - 2/21 / 5:45 PM or 6:45 PM
Registration: 11/1 - 1/7 thru www.ballysportsgroup.com

Fall Crafters Bazaar

Stop by the Rec Ctr and pick up some early X-Mas gifts. Area crafters will have their goods for sale & may include such things as candles, jewelry, woodworking, holiday décor, blankets and more. Interested vendors should contact Juli Pintz at 614-836-1000 ext. 1513 or apintz@groveport.org. Registration deadline for vendors is Nov. 4. \$10 per spot (6' x 8', chair & local advertising). Tables can be rented for \$5/each. All ages welcome.

Dates/Times: Saturday, Nov. 10 / 9 AM - 2 PM
Location: Groveport Rec Ctr. **Shopper Fee:** \$1

A Heritage Holiday

Join us in kicking off the holiday season during this FREE event at Heritage Park (551 Wirt Road). In the spirit of the season, if you are able, please bring non-perishable food item(s) to the event. Items will be distributed to need families in the area via the Groveport Food Panty. Questions: 614-836-3333.

Friday, Nov. 30: Santa to arrive via firetruck at 6:30 PM, followed by tree lighting, holiday music (Groveport-Madison HS Band), ice carving, carriage rides, kid's craft, visits with Santa and free refreshments. Event ends at 8:00 PM.

Saturday, Dec. 1 (12 PM - 3 PM): Visits with Santa, live reindeer, farm animals, kid's craft, carriage rides, free refreshments.

Lunch with Santa

Join us for this super popular annual event. Get dressed up in your favorite holiday wear. Not only will we serve a delicious lunch, kids will have an opportunity to meet Santa, have their photo taken, listen to a holiday story, sing, color and more. Parents, be sure to bring your camera. All ages are welcome so grab the grandparents as well.

Who: Everyone
Dates/Times: Sun., Dec. 9 / 1 PM - 3 PM
Location: Groveport Recreation Center
Fee: \$6/person
Registration: thru 12/3

Questions: Juli Pintz, Recreation Coordinator
 614-836-1000 ext. 1513 / jpintz@groveport.org



Tae Kwon Ki Do/Karate Ki Do Beginner (White Belts)

Our classes are all inclusive. Even though we take students as young as 6 years old, this is not "just a kids class." Teens and adults are strongly encouraged to participate. For new students, this class will familiarize you with the most basic techniques that we teach and give you enough time to make an informed decision as to whether or not you wish to learn more.

Who: Ages 6 and over
Dates/Times: Sat., 11/3 - 12/15 / 12 PM - 12:45 PM
Location: Groveport Rec. Center **Registration:** On going
Fee: \$28 Res. / \$48 Non-Res.



Advanced (Yellow - 2nd Blue Belts)

For intermediate students. You have decided that you enjoy what we teach and wish to learn more. Students registering for this class must have reached at least the rank of 1st Yellow Belt, through our tests, scheduled on the 6th week of each session. Students who reach the rank of 2nd Blue Belt are considered to be graduates of this program.

Who: Ages 6 and over
Dates/Times: Sat., 11/3 - 12/15 / 12 PM - 1:30 PM
Location: Groveport Rec. Center **Registration:** On going
Fee: \$38 Res. / \$58 Non-Res.

Main Class

Only for committed students, who desire to become Black Belts! This class sets the bar high. Students participating in this class must first be formally invited to join by Master Evans. Students lower in rank than 2nd Blue Belt can also join this class, through Master Evans' invitation. All invited candidates will be required to be exceptional, in their commitment to being good students and mentors!

Who: Ages 6 and over
Dates/Times: Sat., 11/3 - 12/15 / 12 PM - 2:30 PM
Location: Groveport Rec. Center **Registration:** On going
Fee: 1 Person (\$60) / Family of 2 (\$110)
 Family of 3 (\$145) / each person over 3 (\$35)

Class instruction is 5 weeks long. An additional 6th week is available for those who are interested in testing.

There are additional fees for apparel, training aids and promotion testing if you choose to participate.

GROVEPORT RECREATION DEPT.

- Classes & Special Events -

614-836-1000 / www.groveportrec.com

Kids Night Out

Ditch the parents and head to the GRC for some good old-fashioned fun. Play games, swim, eat pizza, climb the wall (on occasion) and more under the watchful eyes of our staff. Pack your swimsuit and towel, and don't forget your tennis shoes! **Registrations will not be accepted at the door.**

Who: 6 - 12 years **Fee:** \$8 Res. / \$10 Non-Res.

Dates: Fridays: 11/2 & 11/16 (new dates)
Register for one or multiple dates

Time: 5:30 PM - 8:30 PM

Reg. Deadline: Thursday before the program



Holiday Camp for Kids

From Bally Sports
See page 1 for more info.

Parent Tot Open Swim/Gym

Open Gym - We provide the space, equipment, & opportunities for gross motor play, as well as some structured staff-led activities. Come have fun & make some new friends. Participants must wear soft-soled shoes. All children must be accompanied by an adult. **Open Swim** - All children must be accompanied by an adult. Children that are not toilet trained must wear swim diapers.

Who: Parents & their children (5 yrs. & under)
Dates: Mon. (Gym), Wed. (Gym) & Fri. (Swim)
*Program won't meet any time facility is closed

Times: 10 AM - 11 AM

Fee: \$2.50 one child; \$4 two children;
\$5 three children; \$8 four+ children
\$20 for a 10 visit punch pass.
Kids must be in same family to receive multi-child discounted rate.

Registration: Drop-In

Home School Gym - Fun With Fitness

This class will help your child develop motor skills, learn teamwork and improve social skills all while getting much needed exercise. Children will be engaged in active group games as well as learn the basics of traditional and non-traditional sports. Wear appropriate gym attire along with soft-soled closed toed shoes.

Who: 4 - 6 Yrs. and 7 - 14 Yrs. **Fee:** \$25/session

Dates/Times: Tues., 1/8 - 2/26 / 10:15 - 11:15 AM
Fri., 1/11 - 3/11 / 10:15 - 11:15 AM

Location: Groveport Recreation Center

Registration: 10/1 - 1/2

Home School Swim Time

You must be enrolled in either Home School Gym or Water Fun in order to participate in Swim Time. This is an open swim time to give your child an opportunity to have fun in the water without direct instruction. Children under 10 years of age must be accompanied by a responsible adult (18 & over) who must directly supervise the child while in the pool.

Who: 4 - 17 Yrs.

Dates/Times: Tues., 1/8 - 2/26 / 11:30 AM - 12:30 PM
Fri., 1/11 - 3/1 / 11:30 AM - 12:30 PM

Location: Groveport Recreation Center Indoor Pool

Fee: \$25/Session

Registration: 10/1 - 1/2

Home School Water Fun

This is an instructional swimming course, but not the American Red Cross Swim Program. You do not need to be enrolled in an additional class in order to participate.

Who: 6 - 14 Yrs.

Dates/Times: Fri., 1/11 - 3/1 / 9 AM - 10 AM

Location: Groveport Recreation Center Indoor Pool

Fee: \$25

Registration: 10/1 - 1/2

NEW Home School Volunteer

Has your 15 - 17 year old aged out of the gym classes, but would still like to participate? Consider registering him/her as a Homeschool Gym Volunteer. Persons will assist the program leader with games & activities during class. This opportunity gives volunteers experience with leadership, responsibility and decision-making while keeping them active.

Who: 15 - 17 year olds

Dates/Times: Tues., 1/8 - 2/26 / 9 - 10 AM
Fri., 1/11 - 3/1 / 9 - 10 AM

Location: Groveport Recreation Center

Fee: FREE

Registration: 10/1 - 1/2



GROVEPORT RECREATION DEPT. - Aquatics / Sports Med. Minute -

614-836-1000 / www.groveportrec.com

ACL Injuries continued...

This may lead to premature arthritis later in life. This reconstructive procedure usually involves placing the tendon graft through drill holes in the femur and tibia.

Unfortunately, the growth centers in the knee are directly in the path of these drill holes, screws, and staples. It has been shown that standard reconstruction in the growing child or adolescent may cause a growth abnormality leading to leg length inequality, or to angulatory deformity at the knee. The younger the child, the greater the chance of deformity, and the more severe the deformity is likely to be.

As a result, non-operative treatment is usually suggested initially. This usually involves bracing and strengthening exercises. The results are generally poor. A temporary change in activity level or sport may also be indicated. Sports that involve sharp cutting and sudden change of direction, such as basketball and soccer, may have to be put on hold until the injured knee can be properly repaired. There is a high incidence of instability, meniscal tears, and a significant change in activity level.

If conservative management fails, surgical options can be considered. The patient and family must be aware of the complications noted above. If the adolescent is within a year or two of skeletal maturity, most physicians feel the risks are small, and a standard ACL reconstruction is usually performed. In the younger child, alternative techniques have been developed recently to try to lessen the possibilities of growth arrest. These techniques involve placing the graft in a non-anatomic position, or one that does not quite duplicate normal ligament function. This is done by either drilling holes that go around rather than through the growth centers, or by avoiding holes altogether, and wrapping the graft around the bone. Growth abnormalities can still occur, but the incidence is much less than with standard techniques. These procedures are designed to be a temporary measure to control symptoms until maturity, when a traditional reconstruction can be done. The results of these procedures have been surprisingly good, with many children returning to sports and not needing a later procedure.

In summary, the anterior cruciate ligament can be torn in growing children. The incidence is higher than previously believed. Choosing the best treatment is much more difficult than in the adult. While growth abnormalities can be serious after surgical repair, their incidence is fairly low. With newer surgical techniques, good results are possible.



Group Swim Lessons

Let our staff teach your child the skills they will use the rest of their life. Classes normally fill quickly. Registrations are taken on a first come - first served basis. In the event of bad water chemistry or storms in the area, some classes may be held out of the water. We are a local provider of the American Red Cross Learn-to-Swim Program. To learn more about all of the levels offered visit www.groveportrec.com.

Who: 6 months - 15 years, plus Adults 16+

Fee: \$45 Resident / \$55 Non-Res. \$5 late fee applied if registering after deadline, provided space available.

More Info: Call Kelly Carter, Aquatics Coordinator at 614-836-1000 ext. 1512 or email her at kcarter@groveport.org

Class Dates / Times

Registration

Tue./Thurs., 11/6 - 12/4 / evening

10/23 - 11/6

Classes fill quickly!

Due to a shortage of Swim Instructors at this time, Saturday lessons, as well as Private/Semi-Private Lessons are currently NOT available.

Lifeguard Certification Class

Are you at least 15 years of age? Good swimmer? Enjoy working around people and outside? If so, you should consider becoming a LIFEGUARD with the Groveport Rec. Department.

WHY BECOME A LIFEGUARD? 1.) Provide amazing public service, 2.) Start a career in the parks & rec industry, 3.) Stay fit and get more fit, 4.) Work with like-minded people, 5.) Gain a life skill that will come in handy the rest of your life, 6.) Work outside, 7) It's challenging mentally and physically, 8.) Work out at the Groveport Rec Center FREE, 9.) Flexible hours & 10). It's fun.

PREREQUISITES: There are a number of pre-course skills that you have to pass. To learn more about the pre-requisites and free skill assessment, pick up a brochure in the lobby of the Groveport Recreation Center or contact Steve Riegler (Aquatics Manager).

Who: Persons 15 years of age and up

Dates/Times: Thurs., Dec. 27 - Sun., Dec. 30
9 AM - 5 PM

Fee: \$220 (credit cards only)
*reimbursable if certain conditions are met

Reg. Deadline: 12/24

Questions: Steve Riegler, Aquatics Manager
614-836-1000 ext. 1510

GROVEPORT RECREATION DEPT.

- Important Dates -

614-836-1000 / www.groveportrec.com

EVENT / PROGRAM	DATE
Merry Fitness begins	11/1
Free Blood Pressure Screening at GRC	11/1
Kids Night Out at Groveport Rec Center	11/2
Adult Pickleball League begins	11/4
3rd - 4th Grade Basketball League & 5th - 6th Grade League registration deadline	11/4
Fall Crafter's Bazaar (9 AM - 2 PM) at GRC	11/10
Free Blood Pressure Screening at GRC	11/15
Kids Night Out at Groveport Rec Center	11/16
1st - 2nd Grade Basketball Clinic registration deadline	11/18
Groveport Gobble Gallop 5k	11/22
Thanksgiving - Groveport Rec Ctr closed	11/22
A Heritage Holiday (6:30 PM - 8 PM) at Heritage Park	11/30
A Heritage Holiday (12 PM - 3 PM) at Heritage Park	12/1

Please see page 9 for important dates regarding our Group Swim Lessons

Employee of the Month



Katie Maffet

Please give a positive shout out to Katie Maffet She was nominated by another part-time employee. Katie was recently found assisting a woman with Parkinson's disease in the women's locker room. Katie showed love, respect and great customer service. She stayed by the woman's side until she was sure that she would be okay on her own. The woman's husband was very grateful.

If you would like to nominate a part-time staff member for Employee of the Month, please email Kyle Lund (Recreation Director) at klund@groveport.org & let him know why you think that part-time employee deserves recognition.



There's only one sports medicine leader for serious athletes.

We're the best at getting them ready for battle. The best at getting them back in the game. And the best at bringing their goals into reach. We're the sports medicine experts at Nationwide Children's Hospital and we're the best equipped to treat concussions, rehab sports injuries or prevent them from happening in the first place. So, if your athlete is 18 or under, don't risk their career to anyone else.

For more information about our five central Ohio locations, visit NationwideChildrens.org/Sports-Medicine



NATIONWIDE CHILDREN'S

When your child needs a hospital, everything matters.™

GROVEPORT SENIOR CENTER

- General News -

614-836-4599 / www.groveportrec.com

Are you 55 years or older? If so, you might want to consider joining the Groveport Senior Center. Persons must be a member of the Groveport Senior Center to participate in on sight programs. Annual membership dues are only \$8.

DAILY ACTIVITIES

Monday	Pool Shooting	10:00 a.m. - 11:30 a.m.
	Progressive Euchre	12:00 p.m.
Tuesdays	Line Dancing	9:30 a.m.
Wednesdays	Shuffleboard & Pool Games	10:00 a.m. - 12:00pm
	Quilting	10:30 a.m.
Thursday	Crafts	12:30 p.m.
	Lunch	9:30 a.m.
	Hand & Foot	11:45 a.m.
Friday	Shuffleboard & Pool	Times Vary
Saturday	Progressive Euchre	1:00 p.m. - 3:00 p.m.
		4:00 p.m.

UPCOMING ACTIVITIES

ATTENTION VETERAN'S! Please plan to join us on Thursday, November 1st for our **"Celebrate our Veteran's" luncheon** here at the senior center. Warren Motts will be our guest speaker for this event and will speak at 11:45am. **We are asking that our Veteran's please call us to sign up for this event and to bring your uniform, medals, etc. to be displayed for others to see.** Lunch will be served and all Veteran's and their spouse or guest will receive your lunch, beverage and dessert free of charge. We would also like to have a photo of you in your uniform so we can have others in attendance guess who you are now! Please call now to register!

Foot Care Clinic: We will have a registered nurse from **Everyday Divinity** here on the first Thursday of every month to do foot care. The cost is \$30 for a 30 minute appointment and will include a complete foot assessment, expertly trimmed, thinned and filed nails and corns and callouses filed and buffed if necessary. Call or stop in to schedule your appointment for **November 1**.

Lunch Munchers: Join your fellow members and myself on the 1st Friday of each month for "Lunch Munchers". You can meet at the center at 11:00am to car pool or you may choose to meet at the pre-determined restaurant at 11:30 a.m. Sign up at least one day in advance. See you on **November 5**.

Monthly Craft: Join us as we make a different craft each time we meet. Pre-registration is required for this **FREE** event taking place on **November 9**, at 10:30 a.m. This program is sponsored by the Inn at Winchester Trail.

Wellness Clinic: A nurse from Canal Winchester Rehab, Skilled Nursing & Assisted Living is at the Senior Center on the 3rd Thursday of each month from 10:30 a.m. - 11:30 a.m. and will offer free blood pressure checks. No need to sign up just drop in. Next Wellness Clinic is scheduled for **November 15**.

UPCOMING TRIPS

November 13-16: This trip to Lancaster, Pa. is sure to put you in the spirit of the holidays. The highlight is the performance of *"Jesus"* at the Sight & Sound Millenium Theatre. Also included are 3 nights accommodations, 6 meals, a performance of the spectacular musical revue *"The First Noel,"* a visit to the Kitchen Kettle Village and much more. The cost is **\$519** per person double occupancy, due on sign up.

December 4: Join us as the Taylor Family Trio, lifts their voices in praise in this Celebration of the *Reason of the Season*. The Taylor's ministry in music has touched the hearts of audiences everywhere. Singing heartfelt Christian music and old-time Christmas favorites, the sibling trio will entertain you and lift your spirits in song...an outstanding tribute to the *Reason of the Season!* In addition to this Heart Warming Holiday Celebration, the cost of **\$70** per person, due on sign up, includes transportation, and family-style lunch at Der Dutchman in Plain City.

December 5: The all-time favorite classic musical *"White Christmas"* returns to the La Comedia Dinner Theatre stage. This holiday film starring Bing Crosby, Danny Kaye and Rosemary Clooney is the inspiration for this blockbuster musical. Join us as two Veterans who have a successful song-and-dance act after World War II seek romance and follow two beautiful singing "Sisters" en route to their Christmas show at a Vermont Lodge. Cue the show! The cost is **\$60** per person, due on sign up and in addition to the show includes a delicious lunch and transportation.

December 12: Holiday Lights, Sight & Delights. This trip to the Middletown area begins with a tour of Bern's Garden Center where you will also receive a poinsettia to take home. Then we are off to Beau Verre Stained Glass, the oldest operating stained glass studio in the country, for a tour and high tea with lunch. Finally we head to **"Light Up Middletown,"** with many thousands of lights and festive music as you circle through in the comfort of our motorcoach. The cost is **\$85** due on sign up.

You do not have to be a member of the senior center to join us on any trip.

Deb Scholl-Saulnier, *Senior Citizens Coordinator*
7370 Groveport Road • Groveport, OH 43125
614-836-4599 / www.groveportrec.com

GROVEPORT CULTURAL ARTS CENTER

- Good to Know This & That -

614-836-3333 / www.groveport.org

Community Affairs Department

5 Fascinating Things You Never Knew About Thanksgiving

1. The first Thanksgiving was actually a three-day celebration. Today, Thanksgiving is one day — *maybe* two if you count Black Friday. But apparently the Pilgrims wanted to party even harder. Governor William Bradford organized the feast, inviting the Plymouth colonists' Native American allies. But it was only until the Wampanoag Indian guests came and joined the Pilgrims that they decided to extend the affair.
2. In 1939, Thanksgiving was celebrated on the third Thursday in November — not the fourth. You might think President Roosevelt could predict the future, as he channeled a "Black Friday" mindset in making this decision. Even though the holiday had been celebrated on the fourth Thursday since its official recognition decades before, Roosevelt bumped it up a week — offering seven more shopping days to the holiday season. Americans, to say the least, didn't love the change, so it was officially (and legally) switched back in 1942.
3. Today, a special part of Plymouth, Massachusetts, looks just as it did in the 17th century. Modeled after an English village and a Wampanoag home site, the historic attraction Plimoth Plantation stays true to its roots. You can order tickets as early as June to attend a Thanksgiving dinner complete with numerous authentic courses, tales of colonial life, and centuries-old songs.
4. The first Macy's Thanksgiving Day Parade didn't feature any balloons. But when the parade made its big debut in 1924, it did have something that might be even cooler than balloons: animals from the Central Park Zoo.
5. About 46 million turkeys are cooked for Thanksgiving each year. It's tradition, after all! And on Christmas, 22 million families host an encore with another turkey.



Thanksgiving Word Scramble



- | | |
|---------------|-------|
| 1. rcon | _____ |
| 2. ukppmin | _____ |
| 3. krueyt | _____ |
| 4. omfaylwer | _____ |
| 5. niwsebh | _____ |
| 6. ciarrresne | _____ |
| 7. spmiligr | _____ |
| 8. riedukmts | _____ |
| 9. dnenir | _____ |
| 10. syam | _____ |
| 11. solri | _____ |
| 12. eremnbov | _____ |
| 13. gobabl | _____ |
| 14. dessret | _____ |
| 15. ngstufif | _____ |
| 16. uyhtarsd | _____ |
| 17. efats | _____ |
| 18. rgavy | _____ |
| 19. nnasidi | _____ |
| 20. rbeda | _____ |

Thanksgiving Word Scramble Answer Key

- | | |
|----------------|--------------|
| 1. Corn | 11. Rolls |
| 2. Pumpkin | 12. November |
| 3. Turkey | 13. Gobble |
| 4. Mayflower | 14. Dessert |
| 5. Wishbone | 15. Stuffing |
| 6. Cranberries | 16. Thursday |
| 7. Pilgrims | 17. Feast |
| 8. Drumstick | 18. Gravy |
| 9. Dinner | 19. Indians |
| 10. Yams | 20. Bread |



Don't Forget to Prepare Your Car

Winter Car Care Tip

AS FALL BEGINS TO WIND down there are several things you can do right now to ensure your car operates successfully throughout the winter months as well as maximize your car's ability to keep you and your family safe should a winter weather problem occur. Here are some key strategies to follow.

Keep gas tank full to avoid ice in the tank and fuel lines. Check your tire pressure and tread depth.

Check your engine coolant and antifreeze levels. Antifreeze is the magical substance that keeps your engine from freezing during those times of the year when you feel like you are freezing. Without it, your engine *can* freeze, leaving you in a real pickle at a time when it's dangerous to be stranded.

Put a "winter supply" box in your car. This is the single most important thing you can do for your car and for your personal safety. Having a box full of winter supplies in your trunk can make all the difference when something goes wrong while traveling on a cold winter day.

Here's a quick list of items you should include in that box: a flashlight, road flares, a first-aid kit, a few blankets, a change of warm clothes for the driver, a few extra pairs of gloves, a radio, a charged cellphone for 911 calls, a bag of sand (for traction), an extra ice scraper and some high-energy snacks (like nuts or jerky).

GROVEPORT CULTURAL ARTS CENTER

- Adult Programs -

614-836-3333 / www.groveport.org

Community Affairs Department

Line Dancing

All skill level & ages are invited to participate in this daytime line dancing program. Wear shoes with leather soles or socks.

Who: Adults
Date/Times: Mon. & Wed. / 10:00 AM - 11:30 AM
Location: Groveport Town Hall, 648 Main Street
Fee: Free
Registration: Drop-In

Art of Movement

The Art of Movement Foundations combines the east and west intuitive dance practices to help you add energy and relieve stress.

Who: Adults
Date/Times: Thursdays / 6:30 PM - 8:00 PM
No class on November 22
Location: Groveport Town Hall, 648 Main Street
Fee: \$4 Res. / \$5 Non-Res.
Registration: Drop-In

TOPS Weight Loss Support Group

Who: Adults
Date/Times: Wednesdays / 9:30 AM - 11:00 AM
Location: Groveport Town Hall, 648 Main Street
Registration: Drop-In

Quilting-Jelly Roll Quilt

Five week program series with step by step instruction. Please call for supply list.

Who: Adults
Date/Times: Tuesdays, November 6, 13, 27, December 4 & 11 / 6:00 PM - 8:00 PM
Location: Groveport Town Hall, 648 Main Street
Fee: \$15 Res. / \$17 Non-Res.
Registration: November 2



Tuesdays@One

Art and education program every Tuesday. Speakers, demonstrations, creative projects and activities.

Who: Adult (child friendly)
Times: 1:00 PM - 2:00 PM
Location: Groveport Town Hall, 648 Main Street, unless stated otherwise.
Fee: Free
Registration: By two days before each program date
Nov. 6 Patty's Painting
Need (1) 14"x16" canvas
Nov. 13 Town Hall Cares
Nov. 20 Town Hall Cares
Nov. 27 Town Hall Cares



Drive & Dine

Enjoying lunch with friends brings benefits: It accomplishes the goal of face-to-face interaction and can also lead to healthier eating choices. Most importantly it's fun! Let's sit down, talk, and enjoy our time together at local diners. Participants will provide their own transportation, menu selection and price of meal. Location will change each month. Program held monthly on the 2nd Friday.

Who: Adults
Date/Times: Friday, November 9 / 11:30 AM
Location: Meet at: Paddock Pub, 1005 Richardson Road
Groveport
Registration: November 7



GROVEPORT CULTURAL ARTS CENTER

- Adult & Youth Programs -

614-836-3333 / www.groveport.org

Community Affairs Department

November Art Gallery

Organizations, individuals, and families are invited to decorate table top Christmas trees, 2 feet or less, to help raise money for the annual Groveport Madison Adopt-A-Family program. Decorated trees can be dropped off to Groveport Town Hall between November 1-3. There is a \$5.00 fee to enter a tree. Trees will be on display at Groveport Town Hall Art Gallery through November 21. Guest who visit are able to purchase tickets to have a chance to win a tree. Chances to win are 6 tickets for \$5.00. The drawing date is November 26. Winners will be contacted to pick their trees up from Groveport Town Hall between November 26-28. For more information, call 614.586.4017 or email to: info@center4gmhn.org

Heritage Holiday

Friday, November 30: Santa to arrive by firetruck at 6:30pm. Groveport Madison High School Band will play holiday music, ice carving, carriage rides, children's craft, and refreshments.

Saturday, December 1 from 12:00 PM - 3:00 PM: Santa, refreshments, carriage rides, farm animal encounter, kid's crafts and live reindeer.

Who & Fee: All ages / Free

Location: Groveport Heritage Park, 551 Wirt Road



Sweet Adeline Concert

The women's barbershop chorus will sing a variety of seasonal favorites. Come and enjoy the sounds of the season, "barbershop style"!

Who & Fee: All ages / Free

Date/Times: Saturday, December 1 / 6:15 PM - 7:00 PM

Location: Groveport Town Hall, 648 Main Street



SWEET ADELINES
INTERNATIONAL



Letters of Gratitude

Come to Groveport Town Hall during the month of November and write a letter of gratitude to local Veteran's and First Responders. Letter writing materials provided. Ages 5 to adult. If you know a local Veteran, please bring an address and we can mail the letter for you.



Home School History

Program will support home school history curriculum using a variety of mediums.

Lesson: Romans

Who: Ages 7-12 **Fee:** \$1 Res. / \$2 Non-Res.

Date/Time: Monday, November 5 & 26
Group #1: 11:00 AM - 12:00 PM
Group #2: 12:30 PM - 1:30 PM

Location: Groveport KidSpace, 630 Wirt Road

Registration: Deadline two days before each program date.

Science Night Worm Jar

Youth come have fun making a worm observation jar and enjoy seeing what worms do for the earth. Come dressed for mess!

Who: Youth ages 5-10

Dates/Time: Wednesday, November 7
6:30 PM - 7:30 PM

Location: KidSpace, 630 Wirt Road

Fee: Free

Registration: By November 5



GROVEPORT CULTURAL ARTS CENTER

- Youth Programs -

614-836-3333 / www.groveport.org

Community Affairs Department

Home School Art

Home school art offers a change for youth to learn about different artist and complete a project in the style of the featured artist while supporting curriculum.

November featured artist: Georges Seurat

Who: Ages: 7-12
Date/Times: Friday, November 9 / 1:00 PM - 2:00 PM
Location: Groveport Town Hall, 648 Main Street
Fee: \$1 resident / \$2 nonresident
Registration: By November 7

Home School Science

Homeschoolers-- come and put your science lesson in action! Home school science offers a chance to do experiments and hands on activities to support curriculum for 7-12 year olds . Lesson: Chemistry

Who: Youth ages 7-12 **Fee:** \$1 Res./ \$2Non-Res.
Dates/Time: Second & Third Mondays each month
November 19 (No class on 11.12)
Group #1: 11:00 AM - 12:00 PM
Group #2: 12:30 PM - 1:30 PM
Location: KidSpace, 630 Wirt Road
Registration: Deadline two days before each program date.

Kid's Night Thanksgiving Craft

Create a pinecone turkey for Thanksgiving.

Who: Ages: 5-10
Date/Times: Tuesday, November 13 / 6:30 PM - 7:30 PM
Location: Groveport KidSpace, 630 Wirt Road
Fee: Free
Registration: By November 9



Friendsgiving

Come enjoy a Friendsgiving Feast like Charlie Brown and his friends! Feast on popcorn, jelly beans and toast! Make a fun craft and play a game too!

Who: Ages: 5-10
Date/Times: Sunday, November 18 1:30 PM - 2:30 PM
Location: Groveport Town Hall, 648 Main Street
Fee: Free
Registration: By November 16

Astronomy

Families have fun learning together about Astronomy. Ohio Nature Education Center will provide stations where families can learn, create and have fun together.

Who: All ages
Date/Times: Sunday, November 18 2:00 PM - 4:00 PM
Location: Groveport Town Hall, 648 Main Street
Fee: Free
Registration: By November 16

Safe Kids

Youth and their caregivers will learn about cell phone and internet safety. Program will be instructed by the Groveport Police Department.

Who: Ages: 6-14
Date/Times: Wednesday, November 28 6:00 PM - 7:00 PM
Location: Groveport Town Hall, 648 Main Street
Fee: Free
Registration: By November 26



GROVEPORT CULTURAL ARTS CENTER

- Preschool Programs -

614-836-3333 / www.groveport.org

Community Affairs Department

Preschool Grow with Me

Activities designed to accommodate different age groups within the same setting. Lesson, snack and free play help children grow academically and socially. Adult participation required.

Who: Preschoolers
Date/Times: Every Tuesday & Wednesday
10:00AM - 11:30 AM / Drop-In
Location: Groveport KidSpace, 630 Wirt Road
Registration: Drop-In
Themes: November 6 & 7: Turkeys
November 13 & 14: Being Thankful
November 20 & 21: Thanksgiving
November 27 & 28: Friends

Preschool Rock n' Rollers

Music and movement centered program for your junior rockers. Adult participation is required.

Who: Preschoolers
Date/Times: Every Thursday / 10:00 AM - 11:00 AM
No program on 11.22
Location: Groveport KidSpace, 630 Wirt Road
Fee: Free / Drop-In

Preschool Picassos

Creative crafts that little hands can easily construct. Adult participation is required.

Who: Preschoolers
Date/Times: Every Friday/ 10:00 AM - 11:00 AM
No program on 11.23
Location: Groveport KidSpace, 630 Wirt Road
Fee: Free / Drop-In



Preschool Science

Are you ready for a messy, fun time? Program will start right after Preschool Grow with Me. Program is offered on the first Wednesday of each month. Adult participation required.

Who: Preschoolers **Fee:** Free
Date/Times: Wednesday, November 7 / 11:30 AM - Noon
Location: Groveport KidSpace, 630 Wirt Road
Registration: Drop-In
Theme: It's Slimy!

Preschool Sing with Me

Music, singing and instruments that your little ones will enjoy. Program is offered on the second Wednesday of each month and will start right after Preschool Grow with Me. Adult participation required.

Who: Preschoolers **Fee:** Free
Date/Times: Wednesday, November 14/ 11:30 AM - Noon
Location: Groveport KidSpace, 630 Wirt Road
Registration: Drop-In

Preschool Let's Read

Your little ones will be read to in a group setting. We will focus on a different author each month. Program is offered on the third Wednesday of each month and will start right after Preschool Grow with Me. Adult participation required.

Who: Preschoolers **Fee:** Free
Date/Times: Wednesday, November 21 / 11:30 AM - Noon
Location: Groveport KidSpace, 630 Wirt Road
Registration: Drop-In
Author: David Shannon

GROVEPORT CULTURAL ARTS CENTER

- Important Dates -

614-836-3333 / www.groveport.org

Community Affairs Department

EVENT / PROGRAM	DATE	EVENT / PROGRAM	DATE
Preschool Rock n' Rollers	Thurs., Nov. 1	Preschool Picassos	Fri., Nov. 16
Preschool Enrichment		Friendsgiving	Sun., Nov. 18
Art of Movement		Astronomy	
Preschool Picassos	Fri., Nov. 2	Home School Science	Mon., Nov. 19
Line Dance	Mon., Nov. 5	Line Dance	
Home School History		Preschool Grow with Me	Tues., Nov. 20
Preschool Grow with Me	Tues., Nov. 6	Preschool Enrichment	
Preschool Enrichment		Tuesdays@One	
Tuesdays@One		Dare to Dance 8 of 8	
Dare to Dance 5 of 8		Preschool Grow with Me	Wed., Nov. 21
Quilting 1 of 5		Preschool Let's Read	
Preschool Grow with Me	Wed., Nov. 7	Line Dance	
Preschool Science		TOPS	
Line Dance		Closed	Thurs., Nov. 22
TOPS		Closed	Fri., Nov. 23
Kid's Science Night		Closed	Sat., Nov. 24
Preschool Rock n' Rollers	Thurs., Nov. 8	Closed	Sun., Nov. 25
Preschool Enrichment		Home School History	Mon., Nov. 26
Art of Movement		Line Dance	
Preschool Picassos	Fri., Nov. 9	Preschool Grow with Me	Tues., Nov. 27
Drive and Dine		Preschool Enrichment	
Home School Art		Tuesdays@One	
Closed	Sun. Nov. 11	Dare to Dance 8 of 8	
Closed	Mon., Nov. 12	Quilting 3 of 5	
Preschool Grow with Me	Tues., Nov. 13	Preschool Grow with Me	Wed., Nov. 28
Preschool Enrichment		TOPS	
Tuesdays@One		Line Dance	
Dare to Dance 6 of 8		Safe Kids	
Quilting 2 of 5		Preschool Rock n' Rollers	Thurs., Nov. 29
Kid's Night		Preschool Enrichment	
Preschool Grow with Me	Wed., Nov. 14	Art of Movement	
Preschool Sing with Me		Preschool Picassos	Fri., Nov. 30
Line Dance		Heritage Holiday	
TOPS			
Preschool Rock n' Rollers	Thurs., Nov. 15		
Preschool Enrichment			
Art of Movement			



NOTE: Many of the programs noted have registration deadlines and space could be limited. For more information, please call Town Hall at 614.836.3333. - Thank you.



City of Groveport
655 Blacklick Street
Groveport, Ohio 43125
www.groveport.org

Municipal Offices, 655 Blacklick Street	614-836-5301
Crooked Alley KidSpace, 630 Wirt Rd.	614-836-3333
Recreation Center, 7370 Groveport Rd.	614-836-1000
Police Dept., 5690 Clyde Moore Drive	614-830-2060
Public Works, 7400 Groveport Rd.	614-836-3910
Town Hall, 648 Main Street	614-836-3333
The Links at Groveport, 1005 Richardson Rd.	614-836-5874

Lance Westcamp	Mayor
Shawn Cleary, Ed Dildine, Jean Ann Hilbert,	
Becky Hutson, Scott Lockett, Chad Grashel	Council
Marsha Hall	City Administrator
Ralph Portier	Police Chief
Kevin C. Shannon	Law Director
Jeff Green	Asst. Administrator/Finance Dir.
Sue Wadley	Personnel Director
Tom Walker	Golf Director
Kyle Lund	Recreation Director
Patty Storts	Community Affairs Director
Tom Byrne	Facilities Management Director
Dennis Moore	Public Works Superintendent
Stephen Moore	Chief Building Official
Steve Farst	Engineer
Bob Dowler	Transportation Director

Department Phone Numbers

Administration	614-830-2042
Building & Zoning	614-830-2045
Clerk of Council	614-830-2053
Clerk of Court	614-830-2043
Community Affairs	614-836-3333
Engineering	614-836-5301
Finance	614-830-2048
Golf	614-836-5874
Human Resources	614-830-2051
Law	614-830-2059
Recreation	614-836-1000
Police	614-830-2060
Public Works	614-836-3910
Transportation	614-836-7433
Utilities	614-830-2048

Community Meetings

Wed., Nov. 7	2:00 PM	Cemetery Committee at Town Hall
Tue., Nov. 13	5:30 PM	Tree & Decorations Comm.
	6:30 PM	Council
Mon., Nov. 19	5:30 PM	Council Committee of Whole
Mon., Nov. 26	6:30 PM	Council

*all meetings at 655 Blacklick Street, Groveport, OH 43125,
unless otherwise noted

**Recycling Bins at
Groveport Park**

SWACO has placed two large recycling bins in the lower most paved lot of Groveport Park (7370 Groveport Road) for public use.

Flattened cardboard & paper, plastic bottles & jugs, glass bottles & jugs, metal cans & cartons are all accepted. Do not bag the recyclables (keep them loose).

Questions? Contact SWACO at 614-871-5100.

We need your help to make SWACO's Drop-Off Recycling Program a Success. If you encounter a recycling bin that is full, do not leave items on the ground. SWACO.org can help you find another nearby drop-off location and to recycle right.

Illegal dumping and lettering are crimes. Report them anonymously at: itsacrime.org



Leaf Pick Up

The Groveport Public Works Dept. began picking up curbside leaves on Oct. 10. The program will run thru Dec. 10. Residents are asked to rake their leaves close to the curb, but not in the street. Leaves in the street cause issues with water flow and sanitary sewers. Debris other than leaves, such as twigs, rocks & trash, will not be picked up. Please avoid parking vehicles in front of or behind leaf piles. Any questions, call the Public Works Dept. at 614-836-3910.