

Groveport Senior Center

MARCH 2014

7370 Groveport Rd.
Groveport, OH 43125
614-836-4599
www.groveportrec.com

PRESIDENT'S POINT

Congratulations! We made it to March. Many of us have not experienced a winter like this for a long time. We are lucky though, that we don't look out the window on a below zero day and see ice on the INSIDE of the pane. March is the time we start thinking about the garden, both vegetable and flower. Start looking through your catalogs to pick your favorite items.

March also brings us St. Patrick's Day. We all know the legions, the snakes, the shamrock and the man named St. Patrick who was born in the late 300's. From the Irish we have the marvelous corned beef and cabbage, Irish stew, Shepherd's pie and potato pancakes. The biggest gift the Irish have given is all the hard work they did to form this country. So I say, "be proud in the wearing of the green."

We had wonderful pot lucks for our January and February meetings. Thanks for all you brought to the center. Keep checking the sign up sheets just outside the quilt room/library. They show us what is planned, join the fun.

Your President, Joan Williams

SENIOR CITIZENS INC. MONTHLY MEETING

The monthly meeting meal schedule for 2014 is as follows: Catered meals are in March, April, May, June, July, August, September, November and December, with the remaining pot luck being in October.

For the pot luck meals please bring a covered dish to share to serve 8 people and a plate to eat on. Drink cups, napkins, and flatware are provided. For catered meals be sure to purchase tickets by the monthly deadline. **The March catered meal menu is on page 2.**

Try to join us for the monthly meetings. Gift cards, including a \$25.00 grocery card are given out as door prizes.

Hope to see you here!!

COORDINATOR'S CORNER

Hello Members,

I know you are all glad that the deep freeze is gone, hopefully forever! I heard that was the coldest it has been in 30 years. Think Spring! It is here in about a month.

Did you know that Weight Watchers holds two meetings a week in the multi-purpose room? If you are trying to shed some pounds from the winter and need a little help, they meet Mondays at 6:00 pm and Saturdays at 9:00 am.

The annual Pork & Kraut dinner at David Lutheran Church in Canal Winchester is March 4th from 4:30-8pm and is \$8.00 per person. The annual Pancake & Sausage supper at Hopewell United Methodist Church, Groveport is March 19th from 4-7pm and is \$7.00 for adults and \$3.00 for kids.

We have some new things coming up at the senior center. Be sure to read the articles on pages 4 and 5 regarding some of the activities, including the 8th Annual Memorial Euchre Tournament on March 22nd.

Happy St. Patrick's Day!

Regards, Deb

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HOURS OF OPERATION

Hours of operation for the senior center are **generally** 8:00 a.m.–5:00 p.m.

The senior center is a drop in center. You should **always** have your key card to enter, especially if you are entering during non-business hours.

Current drop in are:

M-Fri. 5:30 a.-9:00 p.

Sat. 8:00 a.-8:00 p.

Sun. 8:00 a.-6:00 p.

MONTHLY INFORMATION

HAPPY BIRTHDAY

MARCH

- 2-Linda Drake, Janet Jennings, Joyce Martin
- 3-Opal Collier
- 4-Barbara Petras
- 5-Elizabeth Oyler, Sharon De Bord
- 6-Ginger Beck, Judy Carder, Mildred Harden,
Kathleen Holley, Suzee Tuller, Martha Webb
- 7-Rosemary Bozman
- 8-Carolyn Fenice
- 9-Charlene Wagner, John Harris
- 12-Tina Gibson, Annrose Reichert
- 13-Violet Duffey, Colleen Gunderson, John Kunz
- 15-David Beck, Jackie Keck, Jean Meredith
- 17-Shirley Boston, Charles Dye
- 20-Cinda Long
- 22-Joy Matheney
- 25-Pat Jenkins, Shari Lorbach, Charles Lorbach
- 26-Eleanor Burke
- 27-Margaret Morrison



HAPPY ANNIVERSARY

- 15-Dick & Loretta Hughes
- 18-John & Sally Harris



MARCH 13TH CATERED MEAL MENU

\$7.00 for members / \$8 for guests

- Green Salad
- Shepherd's Pie
- Green Beans
- Rolls & Butter
- Green Dessert

Purchase tickets by March 6th

OUTREACH REPORT

Cards for August & September were sent to the following people:

Get Well: Evelyn Mullins, Quinn Varney, Betty Stinemetz, Chuck Dye, John Jones

Thinking of You: Barbara Hom, Peg Johnson, Linda Webber, Pat Rush, Mary Stevenson, Donna Dye

We hope everyone is feeling better and back at the center with us soon.

Our Sympathies to: Member Rose Dilley for the loss of her son and to member Charles Flesher for the loss of his wife, member Linda Flesher.

Please call Birdy at the senior center (**836-4599**) to report any illnesses, deaths or if someone needs a thinking of you card sent. It is very important to let people know we are thinking of them so please be sure to let us know when you think someone needs cheering up.

MONTHLY DOOR PRIZE WINNERS

January Pot Luck

\$5.00 Gift Cards: Linda Cairney, Priscilla Harris & Nancy Dials

\$25.00 Gift Card: Larry Keck

February Pot Luck

\$5.00 Gift Cards: Priscilla Harris, Larry Keck, Theresa McAninch

\$25.00 Gift Card: Donna Dye

LUNCH SPONSORS

Thanks to the many businesses who sponsor our Thursday lunches. It is because of their generosity that we can continue to charge only \$2.00 per week. **Sponsors for March are:** Scioto Community, Wesley Ridge and New York Life Agent, Eric Brown

**DAYLIGHT SAVINGS TIME BEGINS MARCH 9TH.
DON'T FORGET TO SPRING FORWARD ONE HOUR
AND TO CHANGE YOUR SMOKE DETECTOR
BATTERIES!**

WEEKLY ACTIVITIES

PROGRESSIVE EUCHRE

Progressive Euchre is held every Monday at **12:30 p.m.** and each Saturday evening at **4:00 p.m.** The cost is just \$2.00 with prizes and snacks provided. If you enjoy this popular card game, join your friends in the fun.

DOUBLE DECK PINOCHLE

This popular game is played several times a week. You may choose to play at **11:00** each Tuesday morning, **3:30** each Wednesday afternoon or the men's game at **9:00** Tuesday morning. Call or stop in to get signed up to play.

QUILTING

The quilting group meets each Wednesday at **noon**. They are hard at work on the quilt for Apple Butter Day 2014. New quilters are always welcome. If you are interested in being a part of this group please call Nancy Stoltz at 836-3647.

BOWLING

Did you know that Holiday Bowling Lanes offers "seniors only open bowling" each **Friday at 10:00 a.m.?** Simply stop in and you can participate. You can bowl with current friends and/or make new ones as there are no teams. The cost is only \$5.00 for three games. Bowling is not only enjoyable but great exercise as well. Unfortunately the senior center does not have any other additional information regarding the bowling. Should you have questions please call the bowling alley at 861-1600.

ZUMBA GOLD

Our Zumba Gold classes are on Wednesdays at 9:00 a.m. The cost is \$16.00 for 4 weeks or \$20.00 for a 5 week class, which depends on the number of Wednesdays in the month. Pre-registration and payment are required with a minimum number of 6 participants for the class to happen. Stop in or call to get registered. Your first class is always **FREE!**

LUNCHES

Lunch is served each Thursday at **11:45 a.m.** The cost is only \$2.00 per person for the meal and an additional 50 cents for the ice cream bar. You must sign up by the preceding Monday in order to participate as we prepare for the number of registered participants. Stop in or call to get signed up. If you sign up and cannot make it, you must cancel **before noon on Tuesday** or you will be charged the \$2.00. The regulations for cancellations have been changed due to the rising food cost and multiple cancellations every week.

CRAFTS

The craft group meets each Thursday at **9:30 a.m.** to make items for sale at the center. These ladies also decorate the tables for our monthly meeting. If you would like to join the craft group, stop in the senior center on Thursday. The group will certainly welcome your skills and ideas. Have questions? Call committee chair, Ginny Haner at 236-4637.

LINE DANCING

Line dance classes are offered on Tuesday mornings at **9:30 a.m.** Join the many members that participate in this popular class. This activity is free to our members. You should wear comfortable clothing and either leather soled shoes or tennis shoes with a smooth bottom.

HAND AND FOOT

This popular card game plays at the following times: Each Thursday morning from **10:00-11:30**, the 1st and 2nd Thursday at **12:30**, the 3rd Thursday following Bingo and the 4th Thursday at **12:30**. If there is a 5th Thursday, it will also be played before and after lunch.

GAME DAY

Drop in on Wednesdays at **10:30 a.m.** for a variety of card games. Bring your lunch and stay all afternoon. Some of the games played are Manipulation and Hand & Foot but you can play whatever game you enjoy playing if there are enough people.

MONTHLY ACTIVITIES

SENIOR COUNCIL MEETING

The next Senior Citizens Council meeting is **Friday, March 7 at 9:30 a.m.** If you have a concern or a question for council, please put it in writing and bring it to the office or any current board member. It will be presented at the next board meeting and an answer brought back to you.

GAME DAY

The 1st Thursday of each month prior to lunch is "Game Day". Activities begin at 10:00 a.m. and include euchre, chicken foot dominoes, hand & foot, five crown, etc., or you may just visit if you wish. Remember, you must be signed up for lunch if you intend to stay to eat.

NEXT GAME DAY IS MARCH 6TH

MONTHLY MEETING & LUNCHEON

The 2nd Thursday of the month is the Senior Citizens, Inc. monthly meeting. There is either a catered meal, in which members pay \$7.00 for a ticket and the meal is prepared by a local caterer or a potluck meal where you bring a covered dish to share and your own plate. Following the meal there is a short business meeting and tickets are drawn for door prizes.

NEXT MEETING IS MARCH 13TH

BINGO

On the 3rd Thursday following lunch is cash bingo. The cost is only \$.50 for your card and prizes are given according to the number of participants. The more players, the better the prizes.

NEXT BINGO DATE IS MARCH 20TH

This month's Bingo is sponsored by Wesley Ridge Retirement Community and will feature traditional Bingo coupled with interesting trivia and the chance to win fun prizes. Light refreshments will be offered. Sign up for and join us for lunch or come just for Bingo which will begin at 12:30 p.m. There is no cost to attend!

LUNCH MUNCHERS

Join your fellow members and myself on the 1st Friday of each month for "Lunch Munchers". We go out for lunch and usually include an additional activity as well. You can meet at the center to car pool (**please check the sign up sheet for the departure time**), or if you wish, you may choose to meet at the pre-determined restaurant at 11:30 a.m. You must sign up at least one day in advance and please remember to call if you need to cancel.

NEXT LUNCH MUNCHERS IS MARCH 7TH

WELLNESS CLINIC

Winchester Place Nursing & Rehab is providing our monthly Wellness Clinic. They are here the **3rd Thursday** of each month. No appointment is necessary, just stop in between 10:30 a.m. and 11:30 a.m. to get a free blood pressure screening.

NEXT WELLNESS CLINIC IS MARCH 20TH

MONTHLY CRAFT ACTIVITY w/ WINCHESTER PLACE

Join us at the senior center each month, usually on the 3rd Friday, at 10:30 a.m. for a monthly craft/project. This event is sponsored by Winchester Place Nursing & Rehab and they will provide all the materials to make the monthly item.

Pre-registration is required so sign up today. The following are some of the upcoming dates and items to be made:

March 14th– St. Patrick's Day Item



CHAIR VOLLEYBALL

We are going to have a chair volleyball demo in the senior center on **Tuesday, March 25th at 11:00 a.m.** We need at least 12 people to play so please put your name on the sign up sheet if you know you will attend but feel free to drop in if you would like. Feel free to bring a friend even if they aren't a member. Chair volleyball is played just like regular volleyball except you are sitting down and you use a beach ball. It is great exercise, and tons of fun and laughter. Why not give it a try.

THIS-N-THAT

WELCOME NEW MEMBERS

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| Sue Clark 9665 Slough Rd. Canal Winchester, 43110 Birthday: November 4 | Robert Terpak 4766 Golden Grove Dr. Groveport, 43125 Birthday: July 28 |
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| Saundra Raines 13319 Brandon Mill Dr NW Pataskala, 43062 Birthday: December 14 | Sharon Gibson 1499 Mill Park Dr. Marysville, 43040 Birthday: June 19 |
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| Dee Elasky 4094 Wiston Dr. Groveport, 43125 Birthday: July 30 | Frank E. Smith 635 Blacklick St. Groveport, 43125 Birthday: August 21 |
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| Gary & Judi Moore 827 Elm St. Groveport, 43125 Birthday: Gary-Feb. 18 Judi-May 21 | John & Sally Harris 4420 Kauffman Rd. Carroll, 43112 Birthday: John March 9 Sally-June 23 |
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| John Walters 4694 Lyndenhall Dr. Columbus, 43207 Birthday: May 11 | Sharon DeBord 4811 Golden Grove Dr. Groveport, 43125 Birthday: March 5 |
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| Olive Furney 4811 Golden Grove Dr. Groveport, 43125 Birthday: May 7 | Theresa Kaza 3931 Frazier Rd. W. Columbus, 43207 Birthday: August 24 |
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| NaVena Foor 10710 Lithopolis Rd NW Canal Winchester, 43110 Birthday: February 16 | Ruby Gannon 5420 Centner St. Columbus, 43232 Birthday: June 5 |
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GARDENING 101 WITH JOE STEWART

Joe will present a general information talk on flower and vegetable gardening on **Friday, March 28th at 12:30 p.m.** to be followed by a question and answer session. Joe has been growing vegetables and flowers since 1970. He is currently the president of the Groveport Garden Club and is a member of the Groveport Community Garden and Groveport House and Garden tour committees. His garden in Groveport has over 150 labeled trees and shrubs that includes 90 different cultivars of dwarf conifers. A sign up sheet is available at the center. Call or stop in to get signed up. **Light refreshments will be served.**

8th ANNUAL MEMORIAL EUCHRE TOURNAMENT SATURDAY, MARCH 22ND

This years tournament, to honor our deceased euchre players, is being held at the Groveport Senior Center. The teams will be pre drawn by Judy and me. Prizes will be awarded for the 1st, 2nd and 3rd place teams as well as most loners and the boobie prize for the low score. Once again, **Wesley Ridge** has agreed to be our sponsor and along with the prizes will also provide the main food for the event. If you have something you would like to bring to add to our spread, please feel free to do so, just let us know what you are bringing and keep it simple. Pre-registration is required and the cost is **\$5.00** per person. **Play begins promptly at 4:00, doors open at 3:30. Sign up at either Obetz or Groveport between February 24 and March 15th.**

RECIPE OF THE MONTH

CHOCOLATE DELIGHT

- | | |
|---------------------------------------|-------------------------|
| 1-Chocolate Cake Mix | 1 cup cold milk |
| 1/4 cup powdered sugar | 8 oz. cool whip, thawed |
| 1-small box instant chocolate pudding | |

Bake cake in 8" or 9" round cake pans. Cool completely then cut both cakes in half, length wise. Add powdered sugar and milk to instant pudding, stirring until completely mixed, then fold in Cool Whip. Ice all 4 layers, stack and then ice the sides.

ENJOY!!

Thanks to **Jean Hornyak** for the above recipe.

Have a great recipe you would like to share? If so, mail it or drop it off at the senior center. We would love to try it out. Be sure to put your name on it so we all know who it came from.

QUOTE OF THE MONTH

"You must do the thing that you think you cannot do"

Spoken by: Eleanor Roosevelt, Former First Lady

TOURS & TRAVEL

LACOMEDIA DINNER THEATRE “MENOPAUSE THE MUSICAL”

April 9-Four women at a lingerie sale have nothing in common except a black lace bra.....AND memory loss, hot flashes, night sweats and more! No longer the silent passage, this hilarious musical parody set to classic tunes from the 60's, 70's and 80's, will have you dancing in the aisles! Come join the sisterhood and laugh out loud in this salute to the women who are experiencing “the change.” (Some adult content) The cost is still just \$60.00 per person, due by February 5th and includes transportation, the lunch buffet and of course the show!

WAITING LIST

THE AZALEA FESTIVAL

April 23-28-This trip to the Azalea Festival in Virginia includes: 5 nights hotel accommodations, 5 breakfasts and 5 full course dinners, including the Spirit of Norfolk Dinner Cruise. Also included are reserved seats for the Azalea Fest Grand Parade, NATO Fest activities, Norfolk Naval Base tour, Norfolk Botanical Gardens Tram Tour, MacArthur Memorial, evening entertainment, motor coach transportation, all taxes and gratuities on included items and more. The cost is only \$699.00 per person double occupancy and is due on sign up. There are still some spaces available for this trip.

SPACE AVAILABLE

MYRTLE BEACH

June 1-7- Join us as we get a jump on summer in sunny Myrtle Beach. Included in this trip are 6 nights accommodations, 6 breakfasts, 6 full course dinners, shows at the Carolina Opry and the Alabama Theatre, visits to Barefoot Landing and Broadway on the beach and much more. Stop by to pick up a flyer with all the detailed information. The cost is \$679.00 per person, double occupancy with registration and payment due by April 7th.

NEW TRIP

LACOMEDIA DINNER THEATRE “ALL SHOOK UP”

June 11-Don't miss this uproarious new musical comedy featuring the unforgettable hits of Elvis Presley! *All Shook Up* is loosely based on William Shakespeare's “Twelfth Night,” and tells the story of a guitar playing roustabout who rides into a struggling Midwest town and changes it forever with the power of love and rock-and-roll. This wacky 50's styled musical features 25 classic Elvis hits including “Heartbreak Hotel,” “Burning Love,” “Jailhouse Rock,” “Blue Suede Shoes” and more. The cost is \$60.00 per person and includes transportation, a delicious lunch buffet and the show! Payment is due by May 5th.

NEW TRIP

CANADIAN ROCKIES & GLACIER NATIONAL PARK

September 2-8-The Canadian Rockies & Glacier National Park highlights include: Calgary, Waterton Lakes National Park, Glacier National Park, “Going to the Sun Road”, Banff, Columbia Icefield and more. Stop in the center for a full color brochure on this awesome trip, which is sure to fill quickly so don't delay in getting signed up.

CALL US FOR SPACE AVAILABILITY



Watch for these upcoming trips in future newsletters.

August 19-22– Lancaster, Pennsylvania Amish Lands, featuring “Moses” at the Sight & Sound Theatre.

August 25-The famous Shoji Tabuchi Show

August 28-Cincinnati Reds vs Chicago Cubs

October 14-19-Riverboat Rendezvous featuring the 100th birthday celebration of the Belle of Louisville.

GROVEPORT SENIOR CENTER
7370 GROVEPORT ROAD
GROVEPORT, OHIO 43125

STANDARD MAIL
U.S. Postage Paid
Groveport, OH
Permit No. 1

Return Service Requested

DATED MATERIAL PLEASE DELIVER PROMPTLY

MARCH 2014



Happy St. Patrick's Day

SENIOR CITIZENS COUNCIL

OFFICERS

President-Joan Williams
Vice-President-Linda Cairney
Secretary-Judy Medaniel
Treasurer-Theresa McAninch

BOARD MEMBERS

Linda Coffman-2nd Year
Pauline Etyen-2nd Year
Nancy Stoltz-1st Year
Phyllis Doersam-1st Year

Village Council Representative-Donna Drury
Senior Citizens Coordinator-Deb Scholl-Saulnier